



Multi-Agency Training Programme
2019-20

Contents	Page
Early Help Training Strategy (background, context, charging policy)	4
Course Information – Section 1 - The Early Help Assessment Process	
Early Help Assessment Introduction	5
EHA – Role of the Lead Professional	6
Course Information – Section 2 - Tools and Techniques	
Motivational Interviewing: Communicating for Change	7
Neglect Toolkit	8
Outcome Star	9
Solution Focused Approach	10
Course Information – Section 3 - Issue-based Courses	
Adolescent to Parent Violence and Abuse (APVA) Workshop	11
Anxiety Management with Children and Young People	12
Bereavement and Loss	13
Child Development	14
Domestic Abuse Awareness	15
Hidden Sentence	16
Introduction to Attachment	17
Introduction to Attention Deficit Hyperactivity Disorder	18
Introduction to Autism	19
Introduction to Resilience	20
Managing Low Mood and in Children and Young People	21
Self Harm	22
SORTED Substance Misuse Training	23
Working with Sexual Orientation and Gender Identity	24

**Additional training provided by Northumbria Healthcare's Integrated Wellbeing Service
(application via hlthimpr.training@nhct.nhs.uk or 01670 623096)**

	Page
• Connect 5 (mental health promotion)	25
• Mouth Matters (oral health)	25
• Healthy Weight in Children: Brief Intervention	26
• Introduction to Sexual Health	26
• Sexual Health / C-Card Refresher	26
• Supporting Parents and Carers to Facilitate Conversations around Growing Up, Puberty, Sex and Relationships	27

Training Strategy

This training offer is available to anyone working with children and families in Northumberland.

Attendance is free-of-charge for all delegates, but non-attendance without prior cancellation will be charged at a rate of £50 per half day, in accordance with the Northumberland Safeguarding Children Board charging policy.

The purpose of this programme is to provide workforce development opportunities for professionals across the statutory and voluntary sectors in order to support direct work with children, young people and families.

All courses are developed and delivered by local professionals as part of a partnership approach to sharing knowledge and expertise across agencies. Governance of the training programme is provided via the NSCB in order to ensure quality standards and application of local policies and procedures.

The underlying theme of the Early Help Training Strategy is 'enabling and supporting change' at three levels:

- in the lives of children and families
- in professional practice of individual staff
- in agency approaches to working with children and families.

The training programme is divided into four sections:

1. Process – when and how to use the Early Help Assessment process effectively
2. Tools and techniques – approaches and resources which can be used to facilitate change in a range of situations
3. Issue-based courses – to develop understanding and confidence to work with specific issues and recognise the role of specialist services in each area.

The programme has also been developed to support the objectives of Northumberland's Resilience Strategy, a partnership plan to address the health and emotional well-being of children and young people across the county.

For most of the courses in this brochure, application is via Learning Together (ncc.learningpool.com). For those learning events which have a different application process, this is outlined on the course information page.

NB: For health professionals, this Early Help training offer provides continuing professional development but does not meet the criteria for mandatory level 3 multi-agency safeguarding training which must still be accessed via the NSCB Multi-Agency Training Programme.

Early Help Assessment Introduction



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

A half day course for those who need training around the Early Help Assessment and the Outcomes Plan.

Target Group

Anyone who works with children and is likely to complete an Early Help Assessment.

Learning Outcomes:

- Understand the importance of Early Intervention and Early Help Assessment
- Recognise the Early Help Assessment forms and how to use them
- Understand how to link the EHA to the outcomes plan
- Be creative in capturing the voice of the whole family and know how to record this
- Be confident in your application of the above

Please see available date/venues below

Date/times	Venue
29 April 2019 13.30-16.30	Prudhoe Children's Centre Broomhouse Lane, Prudhoe NE42 5FT
17 May 2019 13.30-16.30	Lionheart Depot, Lionheart Enterprise Park, Alnwick NE66 2ES
8 July 2019 13.30-16.30	Blyth Children's Centre 103 Wright St, Blyth NE24 1HG
14 August 2019 13.30-16.30	West Tynedale Children's Centre, Woodhead Lane, Haltwhistle NE49 9DP
17 October 2019 09.30-12.30	Bedlington Children's Centre, Stead Ln, Bedlington NE22 5JS
15 November 2019 13.30-16.30	Lionheart Depot, Lionheart Enterprise Park, Alnwick NE66 2ES

Early Help Assessment Lead Professional Training



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

A half day course to examine Team Around the Family meetings and what the role of a Lead Professional is. Exploring how to make sure the role of Lead Professional is carried out effectively providing the best possible outcome for the family.

Target Group

Anyone taking the role of Lead Professional of an Early Help Assessment

Learning Outcomes:

- Understand what a Lead Professional does
- Understand what a Team Around the Family Meeting involves
- Know and understand what is and isn't included in the role
- Understand how to complete relevant paperwork
- Know what to do when the action plan isn't moving forward
- Know how to get the best from Team Around the Family meetings
- Be confident in applying learning

Please see available date/venues below:

Date/times	Venue
11 June 2019 9.30-12.30	Bedlington Children's Centre, Stead Ln, Bedlington NE22 5JS
24 September 2019 13.30-16.30	Blyth Children's Centre 103 Wright St, Blyth NE24 1HG
4 December 2019 13.30-16.30	Hexham Children's Centre, Beaufront Ave, Hexham NE46 1JD
13 March 2020 13.30-16.30	Lionheart Depot, Lionheart Enterprise Park, Alnwick NE66 2ES

Motivational Interviewing: Communicating for Change



How to apply

Applications for this training should be made via

ncc.learningpool.com



Overview:

This half-day workshop will explore the motivational interviewing style of communication and consider how it can support professionals in the process of engaging with clients and facilitating change.

Target Group:

The children and families workforce across Northumberland

Learning Outcomes:

- Explore the theory of motivational interviewing
- Consider its relevance to the role of the delegates
- Reflect on how this approach can support clients to learn, adapt and change their behaviour

Please see available date/venues below:

Date/times		Venue
6 June 2018	9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
14 Nov 2018	9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
17 March 2020	9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP

Neglect Toolkit Awareness



Applications for this training should be made via

ncc.learningpool.com



Overview:

This half day course will explore the 'Working with Neglect: Practice Toolkit' as a tool for intervention, assessment and onward referral, where indicated. It will provide participants with the opportunity to use the tool to measure, assess and target areas of neglect in order to support the families they are working with.

To consider how the pilot of the neglect practice toolkit fits within the NSCB Multi-Agency Neglect Strategy

Target Group:

Children and families workforce across Northumberland, but particularly early help workers, family workers, community health staff and anyone likely to work with issues of neglect.

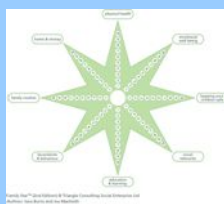
Learning Outcomes:

- Identify concerns about parenting capacity that may contribute to neglect
- Use the practice toolkit as a tool for assessment and intervention in relation to families where there are concerns around child development.
- Explore how to engage collaboratively with parents/carers in responding to situations where neglect is identified.
- Develop action plans to work more effectively on a multi-agency basis with families where there are issues of neglect.

Please see available date/venues below:

Date/times	Venue
23 May 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
13 Sept 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
27 Jan 2020 13.30-16.30	West Hartford Fire Station, Cramlington NE23 3JP

Outcome Star



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

The Outcomes Star™ is a unique suite of tools for supporting and measuring change when working with people.

Northumberland Children's Services, with partner organisations, have adopted this framework to support our work with young people and families as part of the Prevention and Early Intervention Strategy. Outcome Star is a tool to work directly with service users and also provides information which enables professionals to demonstrate measurable outcomes.

This half-day course will introduce professionals to the toolkit and equip them to work effectively with the Star model.

Target Group

Children and families workforce in Northumberland

Learning Outcomes:

- Become familiar with the Outcome Star process and the 'family' of stars available for use with particular client groups
- Explore use of the Family Star as a tool to work directly with service users to effect and measure change
- Consider the Journey of Change and its significance for action planning
- Identify good practice in use of the Star with clients

Please see available date/venues below:

Date/times	Venue
19 June 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
22 Nov 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
25 Feb 2020 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP

Solution Focused Approach

Event Overview

This half day course will explore the nature and purpose of solution focused practice and will provide delegates with the opportunity to develop skills in using this approach in professional practice

Target Group

The children and families workforce in Northumberland

Learning Outcomes:

- Define what is meant by 'solution focused approach'
- Identify situations where this approach can be used to best effect
- Explore and practise solution focused tools and techniques

Please see available date/venues below:

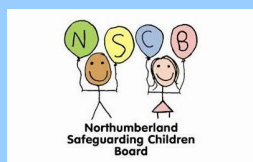
Date/times	Venue
27 June 2019 9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP
2 Oct 2019 9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP
17 Jan 2020 13.30-16.30	West Hartford Fire Station Cramlington NE23 3JP



How to apply

Applications for this training should be made via

ncc.learningpool.com



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Adolescent to Parent Violence and Abuse (APVA)

 <p style="text-align: center;">Applications for this training should be made via</p> <p style="text-align: center;">ncc.learningpool.com</p>   	<p>Overview</p> <p>This half-day workshop will raise awareness of the nature and prevalence of APVA and consider our professional response to this difficult situation, including thresholds and criteria for referral to specialist support via the RESPECT programme.</p> <hr/> <p>Target Group</p> <p>Anyone working with children and families in Northumberland</p> <hr/> <p>Learning Outcomes: By the end of the course, delegates will be able to:</p> <ul style="list-style-type: none"> ● Recognise signs and indicators of APVA ● Consider the issues for professionals working with APVA, including the impact on all family members ● Identify strategies for supporting parents and young people living with APVA ● Explore the thresholds and referral criteria for families to take part in the RESPECT programme <hr/> <p>Please see available date/venues below:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">Date/times</th> <th style="width: 50%; text-align: center;">Venue</th> </tr> </thead> <tbody> <tr> <td colspan="2" style="text-align: center; padding: 10px;"> <p>This course is currently in development. Dates and venues will be advertised as soon as possible</p> </td> </tr> </tbody> </table>	Date/times	Venue	<p>This course is currently in development. Dates and venues will be advertised as soon as possible</p>	
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Anxiety Management in Children & Young People



Applications for this training should be made via

ncc.learningpool.com



Overview

This 4-hour course considers perspectives on anxiety in children and young people. The training is delivered by staff from the Primary Mental Health Service and the NCC Educational Psychology Service

Target Group

The universal children's workforce delivering an early intervention role or staff working directly in targeted services

Early Help teams, services represented in the Locality Hubs, school pastoral support staff / SENCOs, school nurses, health visitors, social workers and youth workers.

Learning Outcomes:

By the end of the course, delegates will be able to:

- Recognise the difference between normal worries and problematic anxiety
- Have an awareness of the different kinds of anxiety difficulties which can present in children and young people
- Apply knowledge in practice when an anxiety problem arises
- Have an awareness of wider local services that are available for young people with anxiety

Please see available date/venues below:

Date/times	Venue
14 May 2019 9.00-13.00	West Hartford Fire Station, Cramlington NE23 3JP
19 Sept 2019 9.00-13.00	West Hartford Fire Station, Cramlington NE23 3JP
24 Jan 2020 9.00-13.00	Bell View Resource Centre, West St Belford NE70 7QB

Bereavement and Loss



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This half day course will provide delegates with the opportunity to consider the impact of bereavement and loss on children and young people and identify appropriate support strategies

Target Group

Anyone working with children and families in Northumberland

Learning Outcomes:

- Identify situations in which children and young people experience bereavement and loss
- Recognise the stages of grief and the implications of this for how we support children
- Consider factors which may affect the impact of bereavement
- Identify resources and strategies for supporting children experiencing bereavement and loss
- Recognise when additional specialist help may be required and how to access this

Please see available date/venues below:

Date/times		Venue
8 May 2019	9.30-12.30	Adapt, Burn Lane, Hexham NE46 3HN
26 Nov 2019	9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
6 Feb 2020	9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP

Child Development

Overview

This half-day course will provide delegates with the opportunity to identify key developmental milestones and consider the significance of child development theories to their professional practice.

Target Group

Anyone working with children and families in Northumberland

Learning Outcomes:

By the end of the course, delegates will be able to:

- Identify stages of children's development in relation to physical, cognitive, psycho-social, language and sexual development
- Consider the key theories relating to these domains of development
- Explore the implications of these theories for professional practice

Please see available date/venues below:

Date/times	Venue
10 Sept 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
29 Jan 2020 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP



Applications for this training should be made via

ncc.learningpool.com



Domestic Abuse Awareness



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

Domestic Abuse affects 25% of women and 16% of men.

This 2 hour course considers the nature of domestic abuse and identifies sources of advice and support in responding to it.

Target Group

The children and families workforce across Northumberland

Learning Outcomes:

- Consider what constitutes domestic abuse.
- Recognise the different types of domestic abuse.
- Identify how to respond, where to seek advice and how to report concerns.

Please see available date/venues below:

Date/times	Venue
10 June 2019 10.00-12.00	West Hartford Fire Station, Cramlington NE23 3JP
7 Nov 2019 10.00-12.00	West Hartford Fire Station, Cramlington NE23 3JP
11 March 2020 10.00-12.00	West Hartford Fire Station, Cramlington NE23 3JP

Hidden Sentence



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This half day course will provide delegates with the opportunity to consider the impact of having a family member in prison or involved with the criminal justice system.

Target Group

Anyone working with children and families in Northumberland

Learning Outcomes:

- Identify the impact on children and families of having a family member involved in the criminal justice system
- Increase knowledge of the prison system
- Explore the range of existing support available
- Consider the implications of 'hidden sentence' for your own professional practice

Please see available date/venues below:

Date/times	Venue
5 Sept 2019 9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP
2 March 2020 9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP

Introduction to Attachment



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

There is now consistent evidence about the importance of a secure attachment relationship in the development of a child's emotional health and well-being. Early life experience, especially the early caregiver/child relationship has a significant impact on brain development.

Recognition and understanding of attachment issues and appropriate intervention is fundamental to children achieving their full potential, either by preventing difficulties arising or by building resilience where difficulties have already arisen.

The multi-agency Attachment and Resilience Training (ART) Group has developed a range of training to ensure the key messages of research are disseminated across the Northumberland Children's Workforce. The Introduction to Attachment provides a baseline of knowledge for anyone working with children, young people and families.

This course is provided as part of the Attachment and Resilience Training Strategy

Target Group

All professionals and carers who work directly with children and families.

Learning Outcomes:

- Develop an understanding of what is meant by attachment
- Recognise the impact of early experiences on the developing brain
- Identify the significances of this for the health and emotional wellbeing of the child

Date / Time

Venue

3 July 2019 9.30-13.00

West Hartford Fire Station, Cramlington
NE23 3JP

5 Nov 2019 9.30-13.00

West Hartford Fire Station, Cramlington
NE23 3JP

14 Feb 2020 9.30-13.00

West Hartford Fire Station, Cramlington
NE23 3JP

Introduction to Attention Deficit Hyperactivity Disorder



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This training will explore factors and behaviours which can cause difficulties with concentration. There will be opportunities to discuss and explore ADHD, including our understanding of this condition, medical research and NICE guidelines. Strategies which support the inclusion of young people will be shared.

Target Group

Anyone working with children, young people or families in Northumberland

Learning Outcomes:

- Develop a deeper understanding of the condition ADHD
- Identify factors which can cause difficulty with attention and concentration
- Consider current research around ADHD
- Explore useful strategies which can support the inclusion of young people with ADHD

Please see available date/venues below:

Date/times		Venue
7 June 2019	13.00-15.30	Adapt, Burn Lane, Hexham NE46 3HN
18 Oct 2019	13.00-15.30	Bell View Centre, Belford NE70 7QB
6 March 2020	13.00-15.30	West Hartford Fire Station, Cramlington NE23 3JP

Introduction to Autism in Children and Young People



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This session provides an introduction to Autistic Spectrum Disorders. Theoretical and practical aspects of ASD will be explored, to include useful tips and strategies.

Target Group

Anyone working with children, young people or families in Northumberland

Learning Outcomes:

- Provide a background to ASD and explore our own thoughts and understanding
- Identify useful strategies which can be used to support people who experience difficulties associated with autism and social communication needs

Please see available date/venues below:

Date/times	Venue
7 June 2019 9.30-12.00	Adapt, Burn Lane, Hexham NE46 3HN
18 Oct 2019 9.30-12.00	Bell View Centre, Belford NE70 7QB
6 March 2020 9.30-12.00	West Hartford Fire Station, Cramlington NE23 3JP

Introduction to Resilience



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

Ever wondered why some children cope better with adverse experiences than others? This half-day course will provide delegates with the opportunity to consider factors which support and promote resilience, consider vulnerability factors and explore a framework for assessing and developing resilience

Target Group

Anyone working with children, young people or families in Northumberland

Learning Outcomes:

- Define what is meant by resilience
- Identify factors which impact on resilience in individual children
- Consider how to assess and actively promote resilience

Please see available date/venues below:

Date/times	Venue
20 May 2019 9.30-12.30	West Hartford Fire Station, Cramlington NE23 3JP
25 Oct 2019 9.30-12.30	Adapt, Burn Lane, Hexham NE46 3HN
11 Feb 2020 9.30-12.00	West Hartford Fire Station, Cramlington NE23 3JP

Managing Low Mood in Children and Young People



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This 4-hour course considers perspectives on low mood and depression in children and young people. The training is delivered by staff from the Primary Mental Health Service and the NCC Educational Psychology Service.

Target Group

The Universal children's workforce delivering an early intervention role- Early Help Teams, Services represented in the Locality Hubs, Pastoral school support staff / SENCOs, Public Health School Nurses, Health Visitors and Social Workers.

Learning Outcomes

- Consider the issues of low mood in children and young people.
- Identify how low mood may present.
- Explore strategies and resources to help young people who experience low mood.
- Recognise when more specialist help or treatment is required

Please see available date/venues below:

Date/times	Venue
21 June 2019 9.00-13.00	West Hartford Fire Station Cramlington, NE23 3JP
8 Oct 2019 9.00-13.00	West Hartford Fire Station Cramlington, NE23 3JP
26 Feb 2020 9.00-13.00	West Hartford Fire Station Cramlington, NE23 3JP

Self Harm



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This half-day course aims to widen the knowledge base about self harm for staff working directly with children and young people. It uses a strong evidence base and reflects the Northumberland Management of Self Harming and Suicidal Behaviour in Children and Young People (available on the NSCB webpage).

Target Group

All professionals and carers who work directly with children and young people including social care staff and school staff.

Learning Outcomes:

- Share their thoughts and concerns about self-harm
- Identify and explore their attitudes to self-harm
- Consider how these attitudes may impact upon their practice
- Been provided with up-to-date information about self-harm
- Consider how to talk to young people in a helpful way about self harming behaviour
- Discuss the Northumberland Procedure for Management of Self Harm and Suicidal Behaviour in Children and Young People

Date/times	Venue
2 July 2019 09:30-13:00	West Hartford Fire Station Cramlington, NE23 3JP
13 Nov 2019 09:30-13:00	Adapt, Burn Lane Hexham NE46 3 HN
28 Feb 2020 09:30-13:00	West Hartford Fire Station Cramlington, NE23 3JP

Sorted Substance Misuse Training



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

Sorted is the substance misuse service for young people within Northumberland. This half-day course will enable participants to find out more about substance use and young people and identify how to address some of these issues within their own practice.

Target Group

Anyone working with children, young people or families in Northumberland. This course is particularly suitable for those working with teenagers and their families

Learning Outcomes:

- Identify national and local trends in young people's substance use
- Explore why young people use substances
- Recognise signs and indicators of substance use
- Identify tools to use with young people
- Recognise how to access further support

Please see available date/venues below:

Date/times	Venue
25 April 2019 9.00-12.00	Northumbria House, Manor Walks, Cramlington, NE23 6UR
11 July 2019 9.00-12.00	Northumbria House, Manor Walks, Cramlington, NE23 6UR
17 Oct 2019 9.00-12.00	Northumbria House, Manor Walks, Cramlington, NE23 6UR

Working with Sexual Orientation and Gender Identity



How to apply

Applications for this training should be made via

ncc.learningpool.com



Event Overview

This half-day course has been developed in response to the increasing likelihood that professionals will be supporting children and young people who identify as lesbian, gay, bisexual, transgender or questioning (LGBTQ). It will provide delegates with the opportunity to develop their knowledge and understanding of these issues. Delegates will consider the lived experience of individual children/young people, the impact on families, exploring best practice and sources of support for this work.

Target Group

Anyone working with children, young people or families in Northumberland

Learning Outcomes:

- Explore myths and facts relating to LGBTQ identities
- Recognise issues that can emerge in families and settings when children and young people identify as LGBTQ
- Consider good practice when working with LGBTQ communities
- Identify local and national support and referral routes for children and families

Please see available date/venues below:

Date/times		Venue
14 Oct 2019	9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP
5 March 2020	9.30-12.30	West Hartford Fire Station Cramlington NE23 3JP

Additional Free Training Provided by NHCT Integrated Wellbeing Service (IWS)

Connect 5

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

Connect 5 is a mental health promotion training programme. It increases the confidence and core skills of frontline staff so that they are more effective in having conversations about mental health and wellbeing. It has been designed to help people manage stress and distress and increase resilience and mental wellbeing through positive change. Connect 5 is a collaborative prevention toolkit and approach that promotes psychological knowledge, understanding and awareness and the development of skills, which empower people to take proactive steps to build resilience and look after themselves.

The training is structured as a three session programme, with each session building on the knowledge and understanding of the previous one

Session 1 (half day, 9.30-12.00)	Session 2 (full day, 9.30-3.30)	Session 3 (full day, 9.30-3.30)
Brief mental wellbeing advice, designed to help participants better understand mental health, mental wellbeing and mental illness.	This session teaches a brief mental wellbeing intervention to help participants develop their understanding, skills and confidence to work with and improve mental health/wellbeing.	This session focusses on integrated mental wellbeing interventions, designed to help support people in making changes that promote mental health and resilience

Thursday 2nd May 2019 (Session 1) Thursday 9th May 2019 (Session 2) Thursday 16th May 2019 (Session 3)	Venue to be confirmed
Thursday 4th July 2019 (Session 1) Thursday 11th July 2019 (Session 2) Thursday 18th July 2019 (Session 3)	East Bedlington Community Centre, 16 & 17 Station Street, Bedlington, NE22 7JN
Thursday 5th Sept 2019 (Session 1) Thursday 12th Sept 2019 (Session 2) Friday 20th Sept 2019 (Session 3)	Meeting Room 4, Education Centre, Hexham General Hospital, Corbridge Road, Hexham, NE46 1QL

Mouth Matters

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

This training will give participants basic knowledge and understanding in relation to the importance of oral health. Participants will gain an understanding of basic oral care and dental examinations.

Tuesday 11th June 2019 10.00 am to 12.00 noon	Room 3, Education Centre, Wansbeck General Hospital, Woodhorn Lane, Ashington, NE63 9JJ
Monday 27th January 2020 1.00 pm to 3.00 pm	C Room 4, Northumbria Specialist Emergency Care Hospital, Northumbria Way, Cramlington, NE23 6NZ

Healthy Weight in Children (0-19 yrs): Brief Intervention Training

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

This training offers age related guidance and resources to enable you to undertake brief interventions with the parent/carers of children and young people. The training offers a practical framework for supporting behaviour change and will enable you to undertake brief interventions focusing on healthy lifestyle changes for families and children including healthy eating, physical activity and an understanding of childhood obesity.

Monday 13th May 2019 1.45 pm to 4.30 pm	Room 13, Education Centre, Wansbeck General Hospital, Woodhorn Lane, Ashington, NE63 9JJ
Monday 16th September 2019 1.45 pm to 4.30 pm	Meeting Room 4, Education Centre, Hexham General Hospital, Corbridge Road, Hexham, NE46 1QL
Monday 11th November 2019 9.15 am to 12.00 noon	C Room 4, Northumbria Specialist Emergency Care Hospital, Northumbria Way, Cramlington, NE23 6NZ
Tuesday 18th February 2020 9.15 am to 12.00 noon	Training Room, Alnwick Infirmary, Infirmary Drive, Alnwick, NE66 2NS

Introduction to Sexual Health

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

A one-day stand-alone course aimed at anyone who works with young people under 25 yrs and in a position of either delivering sexual health education or advising young client groups. *There is an expectation that anyone who applies for C-Card training will have already completed this course*

Wednesday 29 May 2019 9.15am to 4.30pm	MR1, Hexham General Hospital, Corbridge Rd, Hexham NE46 1QL
Wednesday 10 July 2019 9.15am to 4.30pm	Morpeth One-to-One Centre, Gas House Lane, Morpeth NE6 1SR
Thursday 10 October 2019 9.15am to 4.30pm	Training Room, Alnwick Infirmary, Infirmary Drive, Alnwick NE66 2NS
Wednesday 6 November 2019 9.15am to 4.30pm	Morpeth One-to-One Centre, Gas House Lane, Morpeth NE6 1SR
Wednesday 12 February 2020 9.15am-4.30pm	Morpeth One-to-One Centre, Gas House Lane, Morpeth NE6 1SR

Introduction to Sexual Health/C-Card Refresher

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

A one-day refresher aimed at anyone who works with young people aged 13-25 yrs, delivering c-card, condom and sexual health information.

There is an expectation that anyone who applies for C-Card training will have completed the Introduction to Sexual Health course

Thursday 19 September 2019
9.15am-4.30pm

East Bedlington Community Centre, West Ed Front St,
Bedlington NE22 5UB

Supporting Parents and Carers to Facilitate Conversations around Growing Up, Puberty, Sex and Relationships

Applications (or further information) via Hlthimpr@nhct.nhs.uk (01670 623096)

This short course aims to support practitioners working with families to support parents and carers to facilitate age-appropriate discussions around growing up, body changes, relationships and sexual health.

Monday 20 May 2019
12.45pm-4.00pm

Ashington Children's Centre, Alexandra Rd, Ashington
NE63 9EF

Monday 10 June 2019
12.45pm-4.00pm

Bedlington Children's Centre, Stead Lane, Bedlington
NE22 5JS

Wednesday 16 October 2019
9.15am-12.30pm

Blyth West Children's Centre, Devonworth Place, Blyth
NE24 5AQ

