

Date TBC

## **Bolam at War**

Join local historian Muriel Sobo for a trip to Bolam during the Second World War. During her talk and presentation you will find out about the local land girls, Italian prisoners of war and even German bombs!

**Free event. All ages welcome.**

Date TBC

## **Autumn Stroll**

Take a gentle stroll of around 3 and a half miles with a Park Officer taking in some of the historic parkland beyond the Country Park boundary. Includes a look around the ancient church of St. Andrews. Only two uphill sections included!

**Free event but donations accepted at St. Andrews church.**

**All ages welcome.**

## **Herbal Walk**

Join herbalist Ruth Inglesias-Cuevas for a fascinating walk and talk about the herbs and plants around Bolam Lake as well as their properties and uses.

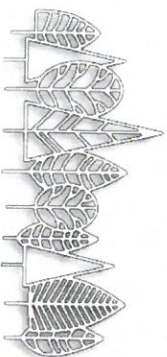
**Free event. All ages welcome. No dogs on walk.**

## **About the Bolam@200 Project**

The Bolam@200 Project is a scheme of improvement works and events to celebrate the 200th Anniversary of Bolam Lake and the surrounding woodland.

Originally commissioned by Lord Decies of Shottflatt in 1816, the landscape was designed by young architect John Dobson, who was then at the beginning of what was to become an illustrious career.

With funding generously provided by the Heritage Lottery Fund, this project aims to educate people of all ages about the history and nature of the area as well as providing a modern and enjoyable Country Park for all visitors.



Running all summer!

## **Bolam Lake Art Display**

View paintings of the local area kindly on display in our visitors centre from local artists. Kids, fancy a go yourself? Paint or draw us a picture of Bolam Lake or somewhere nearby and we'll display your work in our special Kids Corner. Open to all young, budding artists!

**Free event. All ages welcome.**

## **Bolam Lake 200 Memories Project**

Do you have memories of Bolam Lake that you would like to share? As part of our 200th anniversary celebrations we are inviting members of the public to share their anecdotes, stories and pictures to record 200 memories which will ultimately be viewable in the visitors centre and online. Please get in touch using the contact information below.

## **Guidance**

All children must be accompanied by an adult.

Please ensure you have appropriate clothing and footwear for your chosen event.

Check the individual event to see if booking is required.

Check the individual event to see if it has a cost.

Unless otherwise stated, dogs (other than guide dogs) should not be brought onto walks or events.

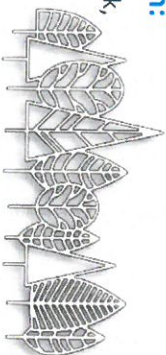
Let the leader know in confidence if you have any medical conditions that could effect you during the event.

For up to date information or changes relating to events, visit [www.northumberlandlife.org.uk](http://www.northumberlandlife.org.uk) and type in the name of the park that you plan to visit.

## **Contact information:**

Bolam Lake Country Park,  
Belsay,  
Northumberland,  
NE20 0HE.

01661 881234 [bolamlake@northumberland.gov.uk](mailto:bolamlake@northumberland.gov.uk)



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AN INDEPENDENT SPIRIT

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Caring for our county.....

# **Bolam Lake Country Park**

## **Free Events Guide 2016**

**Join us in our 200th Anniversary year!**



**NORTHUMBERLAND**  
Northumberland County Council





**24<sup>th</sup> July, 11am – 1.5 hours**

### Try Tai Chi

Join qualified Tai Chi instructor Amanda Barrell for an introduction to this ancient art. Wear flat footwear and loose clothing.

**Free event. All ages welcome.**

**27<sup>th</sup> July, 10am – 1.5 hours**

### Small Mammals

Learn about the tiny animals that live at Bolam Lake and come face to face with them. Look for their tell tail signs! Bookings only: 01661 881234.

**Free event. All ages welcome.**

**31<sup>st</sup> July,**

### Orienteering

See how quickly you can get around this one day only course. Prizes to be won for those who complete it correctly in the fastest times! Event ran by Newcastle and Tyneside Orienteers.

**Free event. Ages: TBC**

**3<sup>rd</sup> August, 11am – 1.5 hours**

### Lake Dipping

Catch and learn about the small and wonderful creatures that live in Bolam Lake. Bring suitable footwear. All equipment provided. Bookings only: 01661 881234.

**Free event. Age: Over 5's only**

**7<sup>th</sup> August, 10am – 2 hours approx.**

### Shaftoe Crags History Walk

Take a trip back in time with local historian John Davies as he explores the fascinating ancient landscape around Shaftoe Crags from 10,000 years ago up to medieval times. Time machine not required but please bring a packed lunch and dress appropriately.

**Free event. All ages welcome. No dogs on walk.**



**10<sup>th</sup> August, 11am – 1.5 hours**

### Minibeast Safari

Search for and find out about the tiny animals that live at Bolam Lake and come face to face with them.

**Free event. All ages welcome.**

**14<sup>th</sup> August, 11am – 1.5 hours**

### Try Tai Chi

Once again, join qualified Tai Chi instructor Amanda Barrell for an introduction to this ancient art. Wear flat footwear and loose clothing. Why not join the walk over to the Buddhist Monastery afterwards?

**Free event. All ages welcome.**

**14<sup>th</sup> August, 2pm – 3 hours**

### Visit Ratanghiri Buddhist Monastery

A 3 mile walk from Bolam Lake to the monastery at Harriham with the monks. Starts at the Visitors Centre, covers rough ground and stiles. Wear stout footwear and bring waterproofs. Includes monastery tour.

**Free event but donations accepted at monastery.**

**All ages welcome. No dogs on walk.**

**19<sup>th</sup> August, 1:30pm – 1.5 hours**

### Insect Homes

Help the insects in your garden by building an insect home to take away with you. All equipment and materials provided. Bookings only, 01661 881234.

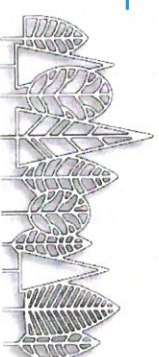
**Free event. Ages: 6 years and over.**

**21<sup>st</sup> August, 11am to 3pm**

### Tales in the Woods

Join expert storyteller Jim Grant for some wonderful, mysterious and exciting tales involving history and nature. All you need is your imagination!

**Free event. All ages welcome.**



**24<sup>th</sup> August, 11am**

### Animal Antics and Minibeasts

Join animal expert Stef Wraith to learn all about some giant minibeasts as well as some cuddly and not so cuddly animals you might recognise. Afterwards, join a park ranger to find some minibeasts of your own!

**Free event. All ages welcome.**

**30<sup>th</sup> August, 1:30pm – 1.5 hours**

### Build a Bird Box

Make a home for your feathered friends to take home and put up in your garden. All materials and equipment provided. Bookings only 01661 881234.

**Free event. Ages: 6 years and over.**

**31<sup>st</sup> August, 1:30pm – 1.5 hours**

### Den Building

Learn how to build a woodland shelter to keep out the wind and the rain using only natural materials. Bookings only: 01661 881234.

**Free event. Ages: 6 years and older.**

**2<sup>nd</sup> September, Time: TBC**

### Bat Night

Join Nic Faulks to discover the bats of Bolam. Includes a walk around the woods to see what we can find using bat detectors. Please bring a torch and dress suitably. Bookings only: 01661 881234.

**Free event. All ages welcome. No dogs on walk.**

**4<sup>th</sup> September, 3pm – 1 hour**

### John Dobson History Talk

Join local historian Jared Johnson as he takes you back 200 years with a talk and presentation about the famous architect John Dobson who brought Bolam Lake to life, as well as many other North East landmarks.

**Free event. All ages welcome.**