

## Useful Information for Hosts and Guests

Thank you for supporting your Ukrainian guests, below are some useful links to important resources and benefits. Below are some information documents that may assist you or your guest.

### Health

<https://www.nhs.uk/service-search/find-a-gp> - GP locator

<https://www.nhs.uk/service-search/find-a-dentist> - NHS Dentist locator

<https://www.tmnorthumberland.org.uk/> - Northumberland Talking Matters Counselling Service self-referral

[Help for anyone fleeing the Ukrainian conflict | Barnardo's \(barnardos.org.uk\)](https://www.barnardos.org.uk/) - Advice and support for children and young people who are suffering from trauma

<https://www.sanctuaryfoundation.org.uk/course> A free course designed to help hosts with safeguarding, trauma and cross-cultural work

### Benefits

<https://www.gov.uk/universal-credit/how-to-claim> - Online claim to **Universal Credit**, which is for all working age adults. It is important to complete this as soon as possible as it takes 5 weeks to process, and payments will only be made from the date the claim was submitted. The claim will automatically generate a National Insurance Number and all DWP appointments will be notified through their online UC portal.

<https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/help-to-claim/> - **Help to Claim** is a dedicated service from Citizens Advice. It's free, independent and confidential. Chat to an adviser online at [citizensadvice.org.uk/helptoclaim](https://www.citizensadvice.org.uk/helptoclaim) Telephone for free on: 0800 144 8 444 8am to 6pm, Monday to Friday. Interpreters are available

<https://www.gov.uk/government/publications/child-benefit-claim-form-ch2> - **Child benefit** application can be printed from here, for children up to the age of 19 if they are in full time approved education. You can either wait until you have received the National Insurance Number to make the claim as this can be backed by 3 month or alternatively send a covering letter with the claim form explaining the circumstances.

<https://www.gov.uk/pension-credit/how-to-claim> - **Pension Credits** application, for anyone of pension age – a National Insurance Number will need to be applied for from the link below prior making the claim. You can call for advice on **0800 99 1234**

<https://www.gov.uk/apply-national-insurance-number> - **National Insurance Number (NINO)**

## **Biometric Residency Permit**

[Ukraine Scheme BRP \(visas-immigration.service.gov.uk\)](https://visas-immigration.service.gov.uk) - How to apply for Biometric Residency Permit

## **English For Speakers of Other Languages (ESOL)**

<https://www.nemp.org.uk/> - ESOL resources as well as information on being a Refugee in the UK, the website can be easily translated.

<https://www.ncl-coll.ac.uk/subject-areas/speaking-english/> - Newcastle College ESOL Information

<https://www.northumberland.ac.uk/courses/course-search/esol/> - Northumberland College ESOL Information

<https://www.northumberlandskills.co.uk/adult-learning> - Northumberland Adult Learning Skills

## **School Placements**

To apply for school places applicants are to complete an online application

<https://www.northumberland.gov.uk/Education/Schools/School-admissions-places-appeals-1.aspx>

## **Free School Meals**

<https://www.northumberland.gov.uk/Education/Schools/Meals.aspx>

## **Hosts Resources**

<https://www.eventbrite.com/cc/english-unlocked-supports-the-refugee-crisis-250189>

[https://www.eventbrite.com/e/how-to-speak-in-clear-and-simple-english-to-the-refugee-in-your-home-tickets-328175260037?aff=odcleoeventsincollection&keep\\_tld=1](https://www.eventbrite.com/e/how-to-speak-in-clear-and-simple-english-to-the-refugee-in-your-home-tickets-328175260037?aff=odcleoeventsincollection&keep_tld=1)

## **Support Networking**

The Northumberland County of Sanctuary are coordinating support networks within Northumberland. If you would like to be linked to your local group, please get in touch using the details below.

**Hilton Dawson – 07767356867 - [northumberlandsanctuary@gmail.com](mailto:northumberlandsanctuary@gmail.com)**

A support group has also been set up to serve the Ukrainian community in Morpeth and the surrounding areas. The group are supporting with fundraising, donations of clothing, games, coffee mornings, nights out at a Ukrainian restaurant, English lessons and much more. The link for the for the group is below.

<https://www.facebook.com/groups/morpethforukraine>

### **Government Welcome Pack**

[Welcome! A guide for Ukrainians arriving in the UK \(publishing.service.gov.uk\)](#) - Welcome pack in English

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/1066799/Ukraine\\_Welcome\\_Pack\\_and\\_Beneficiary\\_Guidance\\_-\\_UK.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1066799/Ukraine_Welcome_Pack_and_Beneficiary_Guidance_-_UK.pdf) - Welcome pack in Ukrainian

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/1066783/Ukraine\\_Welcome\\_Pack\\_and\\_Beneficiary\\_Guidance\\_-\\_RU.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1066783/Ukraine_Welcome_Pack_and_Beneficiary_Guidance_-_RU.pdf) - Welcome pack in Russian

You can contact the team by emailing [asylumseekerrefugeeteam@northumberland.gov.uk](mailto:asylumseekerrefugeeteam@northumberland.gov.uk)