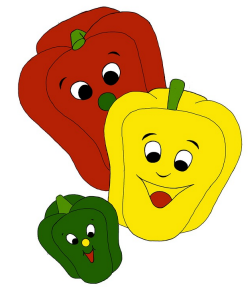


# WINTER MENU 2019

## FIRST & PRIMARY SCHOOL

### WEEK ONE



**Homemade Dish**      **11th November - 1st May 2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chicken/Quorn Curry Veggie Sausage in a Bun Salmon Portion/Bites Jacket Potato with a Choice of Fillings	Roast of the Day/ Veggie Roast with Yorkshire Pudding Cheesy Pasta Chicken Fajitas Jacket Potato with a Choice of Fillings	Cottage Pie/Mince Crumble Quorn Casserole Cheese or Tuna Melt Jacket Potato with a Choice of Fillings	Roast of the Day/Veggie Roast with Yorkshire Pudding Tomato & Basil Pasta Jacket Potato with a Choice of Fillings	Fish Fingers French Bread Pizza Homemade Quiche Jacket Potato with a Choice of Fillings
Potatoes Pasta/Rice	Naan Bread Oven Baked Mini Waffles Wholegrain Rice	Crusty Bread Potatoes of the Day	Potatoes of the Day	Potatoes of the Day Warm Crusty Bread	Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Muffin with a Glass of Milk or Juice	Homemade Fruit Sponge with Custard	Shortbread Biscuit with Slice of Fruit and Glass of Milk or Juice	Fruit Crumble with Custard	Pudding of the Day

**Fresh Fruit and a selection of Breads are always available daily**  
**Drinking Water is Available Daily on the Dining Room Tables**  
**Menus are Subject to Change**



# WINTER MENU 2019

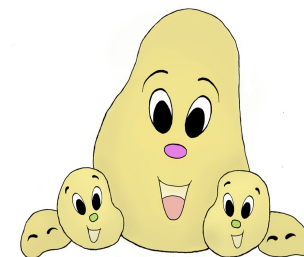
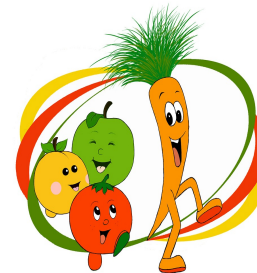
## FIRST & PRIMARY SCHOOL

### WEEK TWO



Homemade Dish

11th November - 1st May 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Spaghetti Bolognese/lasagne</p> <p> Roast Pepper Frittata</p> <p>Fish Cake</p> <p>Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day/veggie roast with Yorkshire Pudding</p> <p> Chicken Wrap</p> <p>Cheese &amp; Vegetable Bake</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Mince Pie</p> <p> Mediterranean Quorn Pasta Bake</p> <p> Chilli with Nachos</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day/veggie roast with Yorkshire Pudding</p> <p> Shepherds Pie</p> <p> Chicken/Quorn Curry</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Hot Chicken or Pork in a Bun</p> <p>Breaded Fish Portion</p> <p> Homemade Pizza</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes Pasta / Rice	Jacket Potato Wedges Garlic Bread	Potatoes of the Day	Potatoes of the Day Wholegrain Rice Crusty Bread	Wholemeal Rice Naan Bread Potatoes of the day	Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p> Chocolate Brownie with a Glass of Milk or Juice</p>	<p> Fruity Rice Pudding or Fruit Whip</p>	Fruit Mousse Slice	<p> Fruit Sponge with Custard</p>	<p> Pudding of the Day</p>



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**Menus are Subject to Change**

# WINTER MENU 2019

## FIRST & PRIMARY SCHOOL

### WEEK THREE



Homemade Dish

11th November - 1st May 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Pizza Wrap</p> <p> Chicken pasta Bake</p> <p>Fish Fingers</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day/veggie roast with Yorkshire Pudding</p> <p> Hunters Chicken</p> <p> Cheese Melt</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Mince and Dumplings</p> <p> Chicken / Quorn Fajitas or Enchiladas</p> <p> Curry of the Day</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day/veggie roast with Yorkshire Pudding</p> <p> Ricotta Tortellini with Tomato &amp; Basil Sauce</p> <p> Jacket Potato with a Choice of Fillings</p>	<p>Oven Baked Sausage</p> <p>Vegetarian Sausage</p> <p>Homemade Pizza</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes Pasta / Rice	Oven Baked Potato Wedges Crusty Bread	Potatoes of the Day	Garlic Bread Wholemeal Rice	Potatoes of the Day Crusty Bread	Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads
Starters or Sweets	<p> Chocolate &amp; Pear Sponge &amp; Chocolate Sauce</p>	<p> Homemade Biscuit or Cheese &amp; Biscuits with a Slice of Fruit and a Glass of Milk or Juice</p>	<p> Fruit Cheesecake or Fruit Whip</p>	<p> Ginger or Lemon Cake with Custard</p>	<p> Pudding of the Day</p>



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**Menus are Subject to Change**