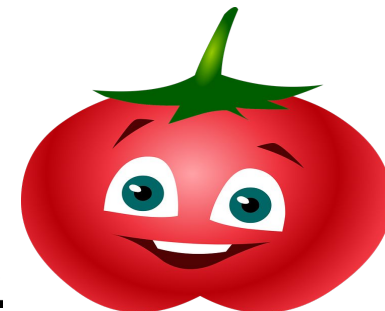
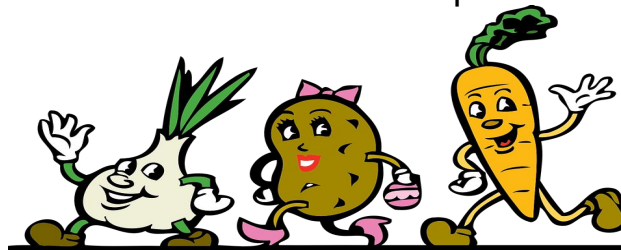


WINTER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK ONE

5th November 2018 - 29th April 2019



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Chicken/Quorn Curry with Naan Bread</p> <p>Salmon Bites/Fish Cake</p> <p>Ricotta Tortellini with Tomato & Basil Sauce</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day with Yorkshire Pudding</p> <p>Beef or Pork Casserole with Dumpling or Cheese Scone</p> <p> Breaded Salmon Fillet</p> <p> Jacket Potato with a Choice of Fillings</p>	<p>Turkey Quorn Curry with Poppadoms and Pickle</p> <p> Shepherds Pie or Mince with Dumplings</p> <p> Chicken Wrap</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Pork and Sage Pie</p> <p> Chicken or Quorn & Broccoli Bake</p> <p> Jacket Potato with a Choice of Fillings</p>	<p>Fish Cake</p> <p>Breaded Fish Portion</p> <p>Tuna or Cheese Melt</p> <p> Homemade Quiche</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes	Crusty/ Garlic Bread	Creamed /Roast Potatoes	Rice/Pasta	Creamed / Roast Potatoes	Chips
Pasta/Rice	Rice/Pasta	Rice/Pasta	Boiled Potatoes	Potatoes	Pasta
Vegetables	Baby Potatoes	Potato Wedges		Crusty Bread	Mini Waffles
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p>Carrot or Tutti Frutti Cake</p> <p></p>	Mousse Slice	<p>Chocolate Surprise Cake with Chocolate Sauce</p> <p></p>	Fruity Rice Pudding <p></p>	<p>Homemade Biscuit with a Glass of Juice / Milk</p> <p></p>



Fresh Fruit and Yoghurt available daily
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Website

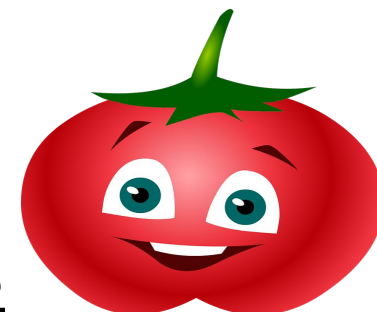


WINTER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK TWO

5th November 2018 - 29th April 2019



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chicken / Quorn Pasta Bake / Bolognese Bake / Veggie Mince Bolognese Bake Sweet and Sour Pork / Chicken or Hunters Chicken Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Turkey/Quorn/Pork /Chicken Casserole Turkey / Quorn Fajitas Jacket Potato with a Choice of Fillings	Mince / Veggie Mince Pie Tuna Pasta Bake Tuna / Cheese Melt Macaroni Cheese / Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Pork / Beef / Quorn Stroganoff Chilli Con Carne with Rice or Filled Sourdough Bun or Nachos Jacket Potato with a Choice of Fillings	Homemade Pizza Salmon Bites Breaded Fish Portion Jacket Potato with a Choice of Fillings
Potatoes Pasta / Rice	Crusty/Garlic Bread Rice Pasta	Creamed/Roast Potatoes Potatoes Pasta/Rice	Rice/Pasta Creamed/Boiled Potatoes	Roast/Creamed/Boiled Potatoes Rice/Pasta	Chips / Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Pears / Mandarin with Custard or Chocolate Sauce	Fruit Cheesecake	Syrup/Jam Sponge with Custard or Fresh Fruit Salad	Fruit Whip or Homemade Oaty Biscuit with Glass of Milk or Juice	Fruit Meringue Nest or Fruit Muffin with Glass of Milk or Juice



Fresh Fruit & Yoghurt available
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Website

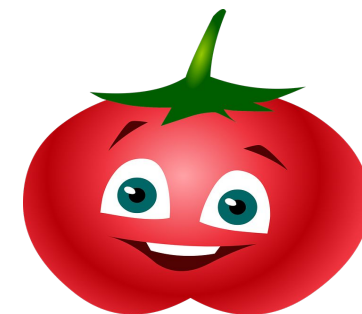
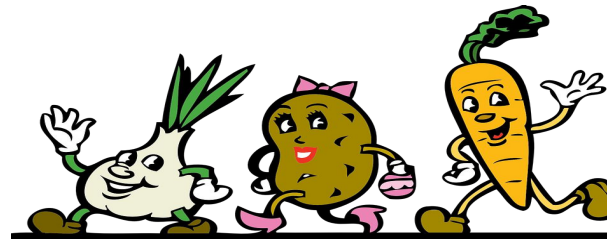


WINTER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK THREE

5th November 2018 - 29th April 2019



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Spaghetti Bolognese </p> <p>Chicken or Quorn Fajitas </p> <p>Pork or Chicken Curry with Rice or Filled Sourdough Roll </p> <p>Jacket Potato with a Choice of Fillings </p>	<p>Roast of the Day with Yorkshire Pudding </p> <p>Pork/Chicken/Quorn Casserole/ /Pie </p> <p>Cheesy Pasta </p> <p>Jacket Potato with a Choice of Fillings </p>	<p>Lasagne/Quorn Lasagne/Cottage Pie </p> <p>Mince and Dumplings </p> <p>Hot Roast of the Day Bun / Baguette </p> <p>Breaded Fish Portion / Fishcake </p> <p>Jacket Potato with a Choice of Fillings </p>	<p>Roast of the Day with Yorkshire Pudding </p> <p>Sweet & Sour Chicken/ Pork or Hunters Chicken </p> <p>Tuna / Cheese Melt / Wrap </p> <p>Jacket Potato with a Choice of Fillings </p>	<p>Oven Baked Sausage </p> <p>Fish Fingers</p> <p>French Bread Pizza </p> <p>Homemade Quiche </p> <p>Jacket Potato with a Choice of Fillings </p>
Potatoes Pasta / Rice	<p>Mini Waffles/ Wedges / Rice</p> <p>Crusty Bread</p>	<p>Baby Boiled/Roast/ Potatoes</p> <p>Rice / Pasta</p>	<p>Crusty / Garlic Bread</p> <p>Wedges Boiled</p> <p>Potatoes / Pasta</p>	<p>Roast / Creamed / Boiled Potatoes</p> <p>Rice / Pasta</p>	<p>Chips</p> <p>Pasta</p>
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p>Chocolate Brownie with a Glass of Milk /Juice </p>	<p>Sticky Toffee Pudding with Custard </p>	<p>Fruit with Ice Cream Roll</p>	<p>Fruit Sponge with Custard </p>	<p>Fruity Flapjack with a Glass of Milk / Juice </p>

Fresh Fruit & Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Website

