















## EXTRA DISHES AND THEIR ALLERGEN CONTENT 2021/2022

DISHES														
<b>MAINS</b>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken & Sweetcorn Tagliatelle		✓ Wheat		✓			✓							
Sweet & Sour Pork with Noodles	✓	✓ Wheat		✓			✓		✓					
Meatballs In Tomato & Basil Sauce	✓	✓ Wheat		✓			✓		✓				✓	✓
Sweet Chilli Chicken Wrap		✓ Wheat												
Veggi Cowboy Hotpot													✓	
Margherita Bruschetta		✓ Wheat		✓			✓						✓	
Chocolate Cracknell		✓ Maize												

### Carb Count

Chicken & Sweetcorn Tagliatelle SG per 100g	33.9g	33.9	Chocolate Cracknell per portion	11.7	11.7
Sweet and Sour Pork with Noodles SG per 100g	48.4g	48.4g			
Meatballs in Tomato & Basil Sauce per 100g	15g	15g			
Sweet Chilli Chicken Wrap SG per 100g	20.g	20.5g			
Veggi Cowboy Hotpot Per 100g	30.3g	30.3			
Homemade Margherita Bruschetta per 100g	22g	22g			