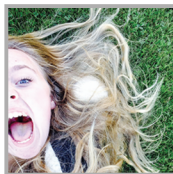




https://www.everyonedoesitatthisageitsjustsomethingwedo.com

#SAFESELFIES



What is a Selfie?

A selfie is a self-portrait photograph, typically taken with a hand-held digital camera or camera phone. Selfies are often shared on social networking services such as Facebook, Google+, Instagram, Snapchat, Tumblr and Twitter. They are usually flattering and made to appear casual. Most selfies are taken with a camera held at arm's length or pointed at a mirror, rather than by using a self-timer.

It is becoming more and more common to take selfies and send them to friends or social media sites.

Selfies can be fun! You can show your friends and family all the great things you are doing and the great times you are having with your friends. Selfies can capture your favourite memories! Some people do this as it boosts their confidence- more 'likes' = more confidence. However, posting too many pictures of yourself can be seen as desperate, vain and obsessive.

However, if you send semi-naked, naked or sexy pictures this can be dangerous. You can never be 100% certain you know where these images will end up. Even if you trust the person you send these images to you can never be sure that they won't share these images if you ever fall out or break up.

Like • Comment • Share

The Law

The law states that it is illegal to have indecent images stored on your phone of a child (a child is a person who is or who appears to be under 18 years of age) including cartoon or computer images. An image will be treated as relating to a child if the main impression they create is that of a child. If you take a provocative or revealing photo of someone who is under 18yrs of age, even if this person is yourself then you are 'creating an indecent image'. If you then send or share this photo then you have 'distributed an indecent image'. Both of these actions are classed as illegal acts and you can be arrested, charged and put on the sex offenders register.



Hints and tips

- Check your privacy settings regularly! Set your preferences to 'Friends only'
- Check your friends list - are they really all your 'friends'?
- Even with apps like Snapchat, people can take a screenshot of your selfie before it is 'deleted'. So be careful what you are sending.
- Disable GPS so your location isn't shown
- Make sure no recognisable clothing is visible for example school badges, team logos etc.
- Be careful about where you are standing- look around you, is there any way someone could tell where you are by simply looking at your photo?
- Don't send immodest, nude or potentially offensive photos.
- Stay in control of your images.
- Trust - sometimes people betray your trust even if you think they won't do it now they may do in the future.



How to turn a negative into a positive



If you have sent a picture to someone you trust by accident then talk to them, ask them to delete the image.



@CEOP 'Exposed' is a film which shows what you can do if an image of you is 'leaked' you can watch it on @YouTube.



Contact an organisation which can help (See overleaf)



Be honest about what has happened so that you can get the right help and support.



Search for yourself on @Google and see what comes up.



Report anything you wish to be removed but remember some sites will be more helpful than others!



Find some support- talk to friends or family members.



Swamp the bad stuff with positive stuff. Set up social network profiles, even if you don't use them this will help bury the negative content. Regularly comment on blogs, forums and articles. Write reviews of products you have tried and places you have visited so that if anyone searches for you it's the good stuff that will come up first.



Remember, selfies are permanent. Once they are out of your circle of friends they can travel through networks very quickly, some may even go viral!



Digital footprints



selfiemaker321

Can I just delete my picture?

All pictures leave a trail and are never permanently deleted. Shadows can be stored in servers. This is called a digital footprint. Digital footprints can be traced back to the IP address that the data has been sent from, therefore identifying the person who sent it.



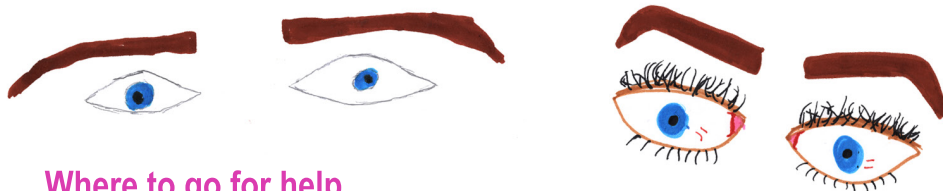
The Future



If users are not careful, and have minimal security settings, selfies that you have sent can be accessed by doing a simple Google search.



It is becoming more and more common for potential employers and even educational establishments to google applicants as part of the recruitment process.



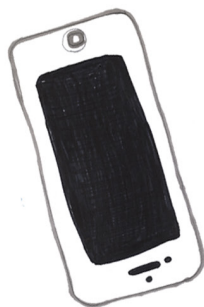
Where to go for help

- Childline www.childline.org.uk
- Cybermentors www.cybermentors.org.uk
- ThinkUknow (CEOP's) www.thinkuknow.co.uk
- Internet Watch Foundation www.iwf.org.uk
- (To report inappropriate/illegal content)
- You can also report to social network sites directly
- Talk to friends, family, teachers, youth workers or other adults you can trust.



Use our campaign hashtag:

#SafeSelfies



with support from:


**NORTHUMBERLAND
YOUTH SERVICE**
SOUTH EAST AREA



UPLOAD

#SafeSelfies

Stay
Protected
While
Connected