

# EARLY HELP | PREVENTION AND INTERVENTION PATHWAY

click here to complete a request form

Refer to one group and the service will assess suitability. During assessment, the service will align age ranges and needs to gain the most from the group offer.

## Based on the Best Start in Life Supporting Families

### Prevention Groups (Conception - 2+ Years)

May be identified for Targeted Intervention through:

- EHA
- Intensive Professional/ Agency Involvement
- Early Help Family Worker
- Statutory Social Work



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**Brilliant Babies**  
Conception - 6 months

- Bonding and attachment
- Communication
- Health and wellbeing
- Safety
- Physical and emotional development
- Play and learning

**Early Explorers**  
6-18 months

- Communication
- Health and wellbeing
- Safety
- Physical and emotional development
- Play and learning

**LTPP (AND)**  
(Additional Needs and Disabilities)  
0-5 years

- Communication
- Health and wellbeing
- Safety
- Physical and emotional development
- Play and learning
- Information, advice and guidance

**Tiny Talkers**  
1-2+ Years

- Communication and language development
- Tips and techniques for developing communication through play



### Intervention Groups (Conception - 19 Years)

**HENRY**

- Families in the Making (Antenatal)
- Health Families: Right from the Start (0-5 Years)
- Healthy Families: Growing Up (4-12 Years)

**Incredible Years**

- Incredible Years Babies (0-1 Year)
- Incredible Years Toddler (1-3 Years)
- Incredible Years Pre-School (3-6 Years)

**Healthier Relationships**

- Hope 2 Recovery (Female 16+)
- Recovery Toolkit (Women 16+ & Children 8+)
- Me, You and Baby Too
- Antenatal and new parents
- Arguing Better
- Parents experiencing high levels of stress and couple conflict
- Getting it right for Children
- Separated or separating parents
- experiencing high levels of conflict

**5+ Groupwork**

- Groups for all age ranges are not always available: the Locality Teams will advise
- Groups to support concerns such as behaviour, confidence, self-esteem, risk-taking and exam stress
- Children and Young People (Over 5 Years)
- Parents and Carers (of 5-19 Years)



Universal Drop-In  
Learning Together Through Play (0-5 Years)