

HENRY

Age range:

Families with children 0 -5 years

HENRY supports families with babies and young children to get the best possible start in life. This means supporting the whole family to make positive lifestyle changes, creating healthier and happier home environments, and building healthier communities. What is consistent across all the issues addressed is the way HENRY works with families – working in partnership with parents as they are the experts on their own lives and families. They never tell families what to do – no one likes to be told, and telling simply doesn't work. Instead, they support parents to identify the things they are doing well and the things they would like to change, helping them build on strengths and decide on their own strategies to achieve their goals.

