

Freedom Programme

Age range:

No age range for children or women

Group support for female victims of domestic abuse.

12 Sessions looking at:

Introduction, statistics, the 'bully', the 'badfather', the effects of DV and abuse on children, the 'headworker', the 'jailer', the 'sexual controller', the 'King of the castle', the 'liar', the persuader', warning signs, support services.

12 sessions in total.

The Freedom
Programme

