ASD Pathway Sources of Advice (Thrive Model)

THRIVING

All those children and young people who do not need individualised advice or support. This population is supported by universal services and minimal additional support is required. The support that is required is already readily available.

Sources of Advice

- Northumberland Local Offer
- Quality First Teaching Strategies and Approaches for children with ASD
- SEND Information, Advice and Support Service (SENDIASS)
- GP
- Health Visitor
- Class Teacher
- Early Years Staff
- Family members
- Family Information Service
- Books/web based resources
- Children's Centres Learning Together Through Play-universal play sessions for children under 5 and their parents/carers

Contact Details

Northumberland Local Offer

http://www.northumberland.gov.uk/SEND-Local-offer.aspx

SEND Information, Advice and Support Service (SENDIASS)

https://www.northumberland.gov.uk/Children/Needs/SEND.aspx

Telephone: 01670 623555 Email: alison.bravey@northumberland.gov.uk

National Autistic Society

https://www.autism.org.uk

Autism Education Trust

https://www.autismeducationtrust.org.uk

Autism Northumberland

Tel: 07932835094

www.autismnorthumberland.co.uk

The Toby Henderson Trust

Tel: 0300 3653055 http://www.ttht.co.uk

Calmer Therapy

http://www.calmertherapy.co.uk

Family Information Service

https://www.northumberland.gov.uk/Children/Family/Info.aspx

Freephone: 0800 023 4440 Tel: 01670 624889

Email: fis@northumberland.gov.uk

COPING

This level of support is sufficient to minimise the impact of identified needs and provide reassurance to children, young people and their parents/carers. Early help and support is required to improve educational, social and emotional outcomes.

Sources of Advice

- Northumberland Local Offer
- Quality First Teaching Strategies and Approaches plus additional SEN interventions.
- School Nurses for mild behaviour issues, sleep, boundaries
- Early Help locality services-each locality has a range of services and information available to support families and young people including parent drop in sessions and sessions for young people
- Health Visitor for sleep, behaviour management, feeding issues and toileting issues
- School / Setting SENCo: ensuring pupil needs are met in line with school, LA and Code Of practice guidelines. Staff development, working with pupils and parents. Liaison with External Agencies.
- Autism Northumberland: offer post diagnostic support to parents, siblings and individuals with ASD. Advice regarding support pathways, including COSA and school transport. Group activities and interventions for young people with ASD including social skills groups, Lego Therapy, anxiety support. Holiday and afterschool clubs.
- Toby Henderson Trust: family advice and support, individual and group interventions regarding language and social communication, early language and communication intervention, Sensory profiling service, day trips.
- Autism Education Trust: training through local and regional hubs. Resources for schools and settings (Early Years, Schools, Post 16 and Education Authority) which include Standards and Competency documents for settings to use to develop their provision and practice.
- GP
- SEND Information, Advice and Support Service (SENDIASS): impartial information, advice and support to families of children and young
 people with special educational needs or disabilities. Help includes: improving understanding of the special educational needs system,
 listening to parental concerns, including helping parents to express their views, helping parents to prepare for meetings and attending them
 with families if required, helping parents with the paperwork, helping explore the options for a child or young person's education, signposting
 to other support organisations.
- CONTACT National Charity supporting children with additional needs
- National Autistic Society local branches & national level, offering training advice and support for young people and families. Links to resources and materials.
- Calmer Therapy: support for children and their families who have additional needs. Support, training, advice and 1:1 support to both children and their parents. Support includes sensory assessments, sensory tools, lego therapy, therapy, help with anxiety, attend CYPS school

appointments and multi-agency meetings with parents. Positive touch massage workshops, kids chill sessions, parents support meetings, NCFE level 2 training day trips, short breaks, specialist activities and parties including Calmer Scouts, Sensory messy play, family exercise classes, teen bar.

• Children's Centres Prevention Pathway-see link below. A range of groups aimed at supporting young children and their families

Contact Details

Health visitors:

GP surgeries, Health Centres and Children's Centres

School Nurses:

Child Health Centre, Wansbeck Hospital, Ashington - 01670 564048

Eddie Ferguson House, Blyth - 01670 629670

Corbridge Health Centre, Hexham - 01434 636939

Prudhoe Health Centre, Prudhoe - 01661 832512

Tweedmouth clinic, Berwick - 01289 356962

Broomhill Health Centre, Amble- 01670 761908

Morpeth NHS Centre - 01670 500939

Children's Centres and Early Help localities:

https://www.northumberland.gov.uk/NorthumberlandCountyCouncil/media/Child-Families/Sure%20Start/Prevention-Intervention-Pathway-June-2019.pdf

https://www.northumberland.gov.uk/NorthumberlandCountyCouncil/media/Child-Families/Sure%20Start/Request-for-Children-s-Centre-

Service.docx

West Manager

Ms Jess Barclay-Lambert:

jess.barclay-lambert@northumberland.gov.uk

(01434) 601 698

Central Manager

Ms Gill Dorey:

gill.dorey@northumberland.gov.uk

(01670) 819 988

North Manager

Ms Vanessa Easton vanessa.easton@northumberland.gov.uk (01670) 620 461 or (01670) 629 450

South East Manager

Ms Jean Hedley jean.hedley@northumberland.gov.uk (01670) 798 800

SEND Information, Advice and Support Service (SENDIASS)

<u>alison.bravey@northumberland.gov.uk</u> 01670 623555

CONTACT – For families with Disabled Children

https://contact.org.uk/

GETTING HELP

Children and young people who benefit from more specialist outcome-focused, evidence-based approach with clear aims designed to address specific areas of need.

Sources of advice

- NHS Paediatric Speech and Language Therapy Service
- NCC SEND Speech, Language and Communication Service
- NCC SEND Autism Support Service
- Portage
- Community Paediatrician
- Primary Mental Health Service
- NCC Psychological Services
- Early Help Family Workers-provide intensive family support for families who have a range of needs
- SEND Information, Advice and Support Service (SENDIASS)
- Children's Centre Prevention Pathway-see coping
- Children's social work assessed services-this can include additional services such as short breaks or holiday support. Please contact Onecall to request a social work assessment.

Contact Details

Primary Mental Health Service

Ponteland Primary Care Centre,

Meadowfield,

Ponteland.

NE20 9SD

Telephone: 01661 864588

Paediatric Speech and Language Therapy

https://www.northumbria.nhs.uk/our-services/childrens-services

Community Paediatricians

https://www.northumbria.nhs.uk/our-services/childrens-services

NCC Send Support Services: Portage, Psychological Services, Autism Support, Speech and Language Support

Aesca House, South View Ashington NE63 0SF

Portage 01670 624720

Speech and Language 01670 624802 Autism Support 01670 624802

Psychological Services 01670 624813

asd.behaviour.slcn@northumberland.gov.uk

Onecall 01670536400

If you are worried about a child or adult's welfare who lives in Northumberland

SEND Information, Advice and Support Service (SENDIASS)

alison.bravey@northumberland.gov.uk

01670 623555

GETTING MORE HELP

Children and young people who would benefit from a diagnostic assessment and specialist assistance where there is evidence of significant need in one or several areas.

- CYPS
- Early Bird
- Barnardo's 'Cygnet' Parent Support delivered by Northumberland Autism Support Service
- NHS Paediatric Speech and Language Therapy Service
- Portage
- Community Paediatrician
- Community Paediatric Dentist
- Occupational Therapy
- Children's social work assessed services-this can include additional services such as short breaks or holiday support. Please contact Onecall to request a social work assessment.

Contact Details

CYPS

Northumberland, Tyne and Wear NHS Trust

St. George's Park

Morpeth

NE61 2NU

Tel: (01670) 502700

For urgent or emergency referrals requiring a response within 24 hours call 0303 123 1146.

Community Paediatricians

https://www.northumbria.nhs.uk/our-services/childrens-services

NCC Send Support Services: Portage, Psychological Services, Autism Support, Speech and Language Support

Aesca House, South View Ashington NE63 0SF

Portage 01670 624720

Speech and Language 01670 624802 Autism Support 01670 624802

Psychological Services 01670 624813

asd.behaviour.slcn@northumberland.gov.uk

Northumbria Dental Service

https://www.northumbria.nhs.uk/our-services/dental-service/

Onecall 01670536400

If you are worried about a child or adult's welfare who lives in Northumberland

Paediatric Occupational Therapy

https://www.northumbria.nhs.uk/our-services/childrens-services