



Northumberland County Council

High Incidence Needs Team (HINT)
Safety Intervention Training (SIT)
Education, SEND & Skills, Northumberland County Council, County Hall, Morpeth, NE61 2EF
Email: EWB.SIT@northumberland.gov.uk HINT Admin Telephone: 01670 624802

Safety Intervention™ Training (SIT)

HINT Support Services offer Northumberland schools the opportunity to undertake an accredited and recognised crisis prevention programme that builds a culture of safety within your organisation. CPI Safety Intervention™ Training incorporates trauma informed and person-centred approaches to behaviour management and physical intervention. With a focus on prevention, it teaches staff de-escalation skills as well as non-restrictive and restrictive interventions to successfully manage a behavioural crisis and to reduce or minimise risk. Safety Intervention™ Training is Northumberland County Council's preferred Behaviour Management Programme.

CPI Safety Intervention™ Foundation Programme

Overview:

The focus of this training is to build the knowledge, skills and confidence needed to recognise, prevent, decelerate and de-escalate a range of escalating behaviours.

Interwoven with a guiding philosophy of Care, Welfare, Safety and Security for all, and trauma informed practice throughout, this accredited course provides a successful and consistent approach to supporting children and young people who present with a range of challenging and crisis behaviours.

Key learning objectives:

- Evidence based models to prevent escalation
- Whole school practical strategies to manage behavioural challenges
- Develop a common language amongst staff
- Verbal de-escalation skills and strategies
- Clear & consistent framework for assessing risk in any given situation to ensure the best outcomes for all
- Address the risks of physical interventions
- Offers proven restorative approaches to repair relationships and prevent future crises
- Teaches physical interventions that have been independently risk assessed and meet best-practice international standards to maximise safety and minimise harm

Delivery:

This is a highly interactive course delivered by Certified CPI Safety Intervention™ Instructors with practical experience and theoretical knowledge across a variety of settings and age groups.

The course follows a modular design with individual learner workbooks.

Two delivery options - *Theory Only and Full Course*. If school want to access the Physical Intervention components, this will need to be agreed with a Certified Instructor based on a Training Needs Analysis (TNA).

Why CPI Safety Intervention™ ?

Organisations will:

- Demonstrate compliance with statutory, legal and professional frameworks, consistent with national standards, policies and guidance
- Develop consistent policy and practice through discussion and situational application
- Improve safety and reduce risks associated with behaviour crises
- Ensure the wellbeing of staff and pupils in their setting
- Have a better understanding of trauma informed and responsive practice and how this applies across the whole setting to support all members of the school community

Staff will:

- Build positive therapeutic relationships with young people through trauma informed approaches
- Gain skills to recognise and intervene early to prevent behavioural challenges escalating
- Develop knowledge, understanding and confidence to use the right skills at the right time to effectively de-escalate situations.



The Crisis Prevention Institute (CPI) is certified as complying with the Restraint Reduction Network Training Standards (RNN) through the BILD Association of Certified Training for its Safety Intervention™ programmes.

For more information on the RNN Training Standards and BILD Association of certified training please visit:

<http://restraintreductionnetwork.org/training-standards>
<https://bildact.org.uk/>



Initial Course Costs

Safety Intervention™ Foundation Programme

For participants who are not currently accredited in SIT™ Training and registered with CPI. This includes those participants who's accreditation has lapsed due to surpassing the annual re-accreditation timeframe.

In house training

(A minimum of 6 staff required to access an In-house course, a maximum of 18 delegates per course):

Theory Only	6.5 hours	£300 + £21pp for learner workbook
Full Initial Course (Including Physical Intervention):	13 hours	£600 + £21pp for learner workbook

Individual places

(A minimum of 2 staff are required to be accredited within school):

Full Initial Course (Including Physical Intervention)	13 hours	£81pp inclusive of learner workbook
--------------------------------------------------------------	----------	-------------------------------------

Annual Re-accreditation Costs

Safety Intervention™ Refresher Programme

For participants who are currently accredited in SIT™ Training, registered with CPI and are within their annual re-accreditation timeframe.

In house training

(A minimum of 6 staff required to access an In-house course, a maximum of 18 delegates per course):

Theory Only	4.5 hours	£150 + £21pp for learner workbook
Full Refresher Course (Including Physical Intervention)	6.5 hours	£300 + £21pp for learner workbook

Individual places

(A minimum of 2 staff are required to be accredited within school):

Full Refresher Course (Including Physical Intervention)	6.5 hours	£51pp inclusive of learner workbook
----------------------------------------------------------------	-----------	-------------------------------------

Requirements / Expectations

- Attendance is compulsory for the entire duration of the course to receive accreditation. There is no provision to 'catch up' any missed modules.
- A requirement of CPI's accreditation under the BILD Association of Certified Training is that a Training Needs Analysis (TNA) is completed and agreed with any school we work with. Therefore, a TNA meeting will be required prior to any training delivery.
 - The TNA involves a discussion with one of our Certified Instructors to determine and agree the content of training to be delivered - including whether physical intervention skills are required and appropriate.
 - The SIT point of contact (MUST be a member of the Senior Leadership Team) in school is required to complete this with one of our Instructors and attend the full duration of the course.
 - The Headteacher is also required to be involved in this process and fully aware of the agreement that is put in place.
- All Full Initial SIT Courses (13hrs) will be delivered as either 2 full days (2 x 6.5hrs delivery time) or 1 full day (6.5 hours) AND 3 twilights (totaling 6.5 Hours). There is no option to access the entire 13hrs as twilight sessions.

Booking Details

To request SIT Training, please email: ewb.sit@northumberland.gov.uk

If you wish to discuss the course in more detail, or if you require further information, please contact **Ann Wheat** on the above email who will arrange for a Safety Intervention™ Certified Instructor to get in touch with you.

Safety Intervention™ training programmes are owned and developed by CPI. CPI train and assess individuals to deliver the programme and as such Safety Intervention™ training can only be delivered by individuals who have completed an Instructor Certification Programme. Safety Intervention™ training is only available to NCC schools from CPI directly or by Northumberland County Council's Certified Instructors within HINT Services.