I'M INTERESTED IN BECOMING A VOLUNTEER, WHAT SHOULD I DO?

Complete the volunteer registration form on the reverse of this leaflet and hand it in or post to the address below:

CONTACT INFO

Northumberland Adolescent Service Northumbria House Manor Walks Shopping Centre Cramlington NE23 6UR

Tel: 01670 622930



Find our more: www.northumberland.gov.uk

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YOUR OUESTIONS ANSWERED

 $\begin{array}{c} O \\ A \end{array} \\ \begin{array}{c} \text{How much time do I need to give up?} \\ A \end{array} \\ \begin{array}{c} \text{2-3 hours a couple of times a month.} \end{array}$

Q What experience do I need to become a volunteer?

A Any experience or qualifications you have working with people or customers can help you become a volunteer / mentor, but the key skill is the ability to listen and understand the issues young people face who have experienced a difficult or challenging time.

Q What training will I receive?

A Safeguarding, child protection, DBS disclosure, sexual health, mini bus driver training plus many other opportunities depending upon individual interests.

O What age do you need to be?

A Over 18 and able to work with young people aged 8-21 years.

"AT INTERVIEWS MY VOLUNTEERING WORK ALWAYS GETS EMPLOYERS INTERESTED AND HAS HELPED ME GET JOBS. THAT'S AS WELL AS GIVING ME REAL SATISFACTION."

Supporting and inspiring vulnerable children and young people.







Volunteers play a key role in the delivery of our work within the Northumberland Adolescent Service. Volunteering is an incredibly rewarding experience and it's amazing the difference a few hours of your time can make to a young person in need of support. Opportunities exist across the service including One-to-one mentoring work, Youth Offending Panel members, Junior Attendance Centre workers and within our young people's participation groups.

"WE INSPIRE YOUNG PEOPLE TO AIM HIGH, GROW THEIR ABILITIES AND **GO FURTHER IN** LIFE, NO MATTER WHAT THEY AIM TO DO."

KEY CRITERIA TO JOIN US AS AN ADULT VOLUNTEER YOU NEED TO BE:

Eligible to work with young people

All volunteers are required to go through a DBS check and undergo basic training before they can work with young people.

Aged 18+

All volunteers.

To be a positive role model

Willing to give up 2-3 hours every two weeks to deliver an activity session with a young person. Willing to undergo training and work shadowing. Ability to attend safeguarding and other essential training sessions.



- 1. Help young people make positive lifestyle choices.
- 2. Encourage young people to take part in regular sporting and activity sessions.
- 3. Reduce the number of parents and children involved with crime and anti-social behaviour.
- 4. Help young people who have not been attending school regularly.
- 5. Help parents and young people with a range of health problems.
- 6. Help and support young people in accessing advocacy services.
- 7. Encourage and support young people to attend Participation Groups, Youth Justice Centre & Shadow Children's Safeguarding Board.



in becoming a volunteer with the

F	First	name):

Surname:	_

Email:

ostcode:	

CUT ALONG DOTTED LINE. PLACE IN AN ENVELOPE & POST TO: Paul Kirkpatrick, Northumberland Adolescent Service, Northumbria House, Manor Walks Shopping Centre, Cramlington NE23 6UR

AS A VOLUNTEER

