



# COVID-19 early outbreak management - 4 Cs

# **Engineering and Maintenance Depots**

#### Who should use this information?

Owners and managers of engineering, maintenance and cleaning depots and facilities. This information provides key steps to quickly identify and contain any potential COVID-19 outbreak. For any other possible health issue you should follow your existing processes.

For England only.

### What you can do to manage a possible outbreak

## **C**onfirm

If you are informed about a potential case or cases, check whether they have had a test (**Box 1**). <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a>

If tested negative and are well, they can return to work.

If tested positive, they must self-isolate for 10 days from the day they were tested. <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-quidance">https://www.gov.uk/government/publications/covid-19-stay-at-home-quidance</a>

## **Contacts**

Identify any close contacts of the confirmed case in your setting using **Box 2**.

Remember, contact might occur in a car if car-sharing or in staffrooms on breaks. Talk to the case and make a full list. <a href="https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person">https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person</a>

## Check

Check your workspace. Refer to <a href="www.gov.uk/guidance/working-safely-during-coronavirus-covid-19">www.gov.uk/guidance/working-safely-during-coronavirus-covid-19</a>. This has practical steps to take and explains how you must carry out a COVID-19 risk assessment for your organisation. You may want to redo your risk assessment.

#### Call

There are some circumstances when you may find it helpful to call your PHE HPT (see **Box 3**). <a href="https://www.gov.uk/health-protection-team">https://www.gov.uk/health-protection-team</a>

# Box 1. Symptoms check list The main symptoms of coronavirus (COVID-19) are:



A high temperature – hot to touch on your chest or back (no need to measure your temperature)



A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours



A loss or change to your sense of smell or taste – this means that it is different to normal

### **Box 2. Identifying contacts**

A 'contact' is a person who has been close to someone who has tested positive for COVID-19 anytime from 2 days before the person was symptomatic up to 10 days from onset of symptoms. For example, a contact in the work-place can be:

- a person who has had face-to-face contact (within 1 metre), with someone who has tested positive for COVID-19, including:
  - being coughed on
  - having a face-to-face conversation within 1 metre
  - having physical contact, or
  - contact within 1 metre for one minute or longer without face-to-face contact
- a person who has been within 2 metres of someone who has tested positive for more than 15 minutes
- a person who has travelled in a small vehicle with someone who has tested positive or in a large vehicle or plane near someone who has tested positive
- a person who has shared tools or worked closely with somebody on the same shift who has tested positive

### Box 3. When to call your local Health Protection Team

- you've taken the action outlined but are still seeing more cases
- you're thinking you might need to close because of the number of people affected; and you've not had public health support
- somebody in your workplace has been admitted to hospital; you're getting significant interest from local media

#### To access more information refer to the guidance below or search the titles on GOV.UK:

- guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person
- COVID-19: cleaning in non-healthcare settings
- coronavirus (COVID-19): safer travel guidance for passengers
- working safely during coronavirus construction and other outdoor work