

# North East Regional Covid-19 Tier-2 Restrictions

These are the restrictions that now apply across County Durham, Gateshead, Newcastle, South Tyneside, Northumberland, North Tyneside and Sunderland.

<p><b>Social &amp; family gatherings at home</b></p> <p><b>Not permitted</b> Fines in place</p> 	<p><b>Social &amp; family gatherings outdoors</b></p> <p>Rule of six outdoors with social distancing in place.</p> 	<p><b>Indoor venues</b> Including pubs and restaurants</p> <p>Only with people from your household or support bubble</p> 	<p><b>Hospitality</b></p> <p>Table service only Face coverings to be worn unless seated <b>Closed 10pm - 5am</b></p> 	<p><b>Takeaways</b></p> <p><b>Closed 10pm - 5am</b> 10pm to 5am delivery service only</p> 
<p><b>Public Transport</b></p> <p><b>Use only if essential</b> Mandatory face coverings Walk or cycle if possible</p> 	<p><b>Informal childcare with family or friends</b></p> <p>You can link with one other household so that parents of children under 14 can work</p> 	<p><b>Childcare</b> Separated parents</p> <p>Children of separated parents can continue to move between households</p> 	<p><b>Sporting events</b></p> <p><b>No spectating</b> including professional or semi-professional sports</p> 	<p><b>Leisure centres, gyms and pools</b></p> <p><b>Open</b> Check with venue for any restrictions</p> 
<p><b>Organised sport / licenced physical activity</b></p> <p>Allowed outdoors. Indoor activity must follow social distancing.</p> 	<p><b>Long-term residential care venues</b></p> <p><b>Visits suspended</b> apart from critical or compassionate grounds</p> 	<p><b>Weddings</b></p> <p><b>Limited to 15 guests</b></p> 	<p><b>Funerals</b></p> <p>Check with your funeral director for restrictions on numbers</p> 	<p><b>Workplace</b></p> <p>Work from home where possible. Travel in and out of the affected areas for work is permitted</p> 
<p><b>Over 70s and medically vulnerable</b></p> <p><b>Shielding not in place</b> Limit your social contact to reduce your risk</p> 	<p><b>Hospital visits</b></p> <p>Check with your local hospital</p> 	<p><b>Holidays</b></p> <p>Only with people from your household or support bubble</p> 	<p><b>Schools, early learning and childcare services</b></p> <p><b>Open with Covid plan</b> Face coverings for Year 7+ in all communal areas</p> 	<p><b>Education</b></p> <p>Schools and FE colleges open with Covid plan. Restrictions for Universities</p> 
<p><b>Indoor Cultural Venues</b> Museums, galleries, etc.</p> <p><b>Check with venue</b> Safety measures in place Mandatory face coverings</p> 	<p><b>Religious venues</b></p> <p><b>Open</b> for services and prayers</p> 	<p><b>Work inside homes</b></p> <p><b>Permitted</b> with safety measures</p> 	<p><b>Retail &amp; close contact services</b> Hairdressers, salons, etc.</p> <p><b>Open</b> Safety measures in place Mandatory face coverings</p> 	<p><b>Enforced restrictions in place</b></p> <p><b>Limitations/restrictions in place</b></p> <p><b>Some changes in operation apply</b></p>



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