



Northumberland
County Council

What to do if you have **COVID-19** symptoms while visiting Northumberland

If you become unwell and experience any symptoms of coronavirus while you are on holiday in Northumberland you must:



Self-isolate and stay indoors



arrange a test using your holiday address



Notify your accommodation provider

**You can get a test by going to the
NHS website**

(<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>) or by calling 119.

You can book an appointment at a drive-through or walk-through test site or ask for a home test kit to be sent to your holiday accommodation. Test results are issued by text or email so you do not need to wait for your results if you are due to return home before your result may arrive. You must return home the most direct way and must not use public transport.

If you're staying or travelling with others, they must also self-isolate and take appropriate action based on your test result.

If you need medical advice whilst you wait for your test results please contact your regular GP or call 111. In the event of a medical emergency, call 999.

If you test positive

If you test positive for coronavirus and feel well enough to travel home - and do not need to use public transport - you should return home as quickly and directly as you can.

If you feel too unwell to travel, or cannot avoid public transport, you should continue to isolate and call 111 for further advice. You must also inform your accommodation provider that you have tested positive.

If you test negative

Enjoy the rest of your holiday as planned. If you need any medical assistance please call your GP or contact 111.

Protect yourself • Protect others • Protect Northumberland

We all need to do our bit in the battle against Covid