

HAV Converter

Magnitude	Time									
	15min	30min	1hr	2hr	3hr	4hr	5hr	6hr	8hr	10hr
1	1	1	2	4	6	8	10	12	16	20
1.5	1	2	5	9	14	18	23	27	36	45
2	2	4	8	16	24	32	40	48	64	80
2.5	3	6	13	25	38	50	63	75	100	125
3	5	9	18	36	54	72	90	110	145	180
3.5	6	12	25	49	74	98	125	145	195	245
4	8	16	32	64	96	130	160	190	255	320
4.5	19	20	41	81	120	160	205	245	325	405
5	13	26	50	100	150	200	250	300	400	500
5.5	15	30	61	120	180	240	305	365	485	605
6	18	36	72	145	215	290	360	430	575	720
7	25	49	98	195	295	390	490	590	785	865
8	32	64	130	255	385	510	640	770	1000	1200
9	41	81	160	325	485	650	810	970	1300	
10	50	100	200	400	600	800	1000	1200		
11	61	120	240	485	725	970	1200	1450		
12	72	145	290	575	865	1150	1450			
13	85	170	340	675	1000	1350				
14	98	195	390	785	1200					
15	115	225	450	900	1350					
16	130	255	510	1030						
17	145	290	580	1150						
18	160	325	650	1300						
19	180	360	720	1450						
20	200	400	800							
25	315	625	1250							
30	450	900								
40	800									

Key:	Exposure 0-100 points	Low Risk		Exposure 101-249 points	Medium Risk		Exposure 250-400 points	High Risk	
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In order to comply with legislation an employee must not exceed the daily limit of 400 points.