Northumberland Live Free Live Music Love Northumberland New campaign launched What's on? Events and activities



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Northumberland News Issue 33 Summer 2015 www.northumberland.gov.uk

LO NORTHUMBERLAND F FREE 27th JUNE 2 IVE **Blyth Beach** 11am-9pm

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NORTHUMBERLAND

Northumberland County Council

Pophoenix theatre

Media Partner

In case you missed...

HMS Northumberland crew in Morpeth parade

The crew of HMS Northumberland will be taking part in a Freedom Parade through the centre of Morpeth on Friday June 26, commencing at 1.30pm. Please come along and show your support.

Northumberland Maritime Festival

18 - 19 July 2015

This new festival featuring the inaugural Northumberland Cup yacht race launches in Blyth and Amble, with a number of boat races, entertainment and community activities.

The festival takes place alongside the popular Blyth Town Fair, held at Blyth Marketplace on the same weekend. This features free live music, a fun fair, street entertainment, an arts and crafts fair, Blyth weekly market and fabulous food and drink.

Prudhoe High set for summer opening

Building work has started on the new Prudhoe Community High school which is set to open its doors in Summer 2016. The work is being funded by the Education Funding Agency following a successful bid to the agency from the council.

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Northumberland News

Now available online, by email or in print.

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Front cover:

TV presenter Carol Malia, with Rebecca Green at Cherryburn to launch the LOVE Northumberland Awards 2015

Blyth to stage SAILING spectacular

Blyth is to host the prestigious North Sea Tall Ships Regatta 2016, an event involving some of the world's largest and most spectacular ocean-going vessels.

The Tall Ships will sail into the port at Blyth over the weekend of 26-29 August 2016, giving visitors the opportunity to see one of the greatest maritime sights in the world.

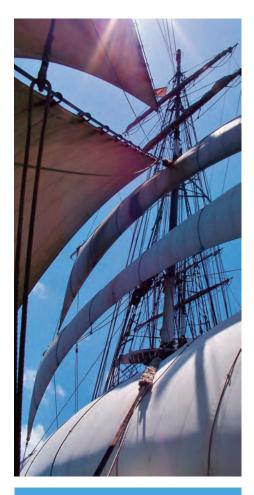
The Port of Blyth, in association with Northumberland County Council and Sail Training International, is hosting the prestigious event and a huge number of people are expected to attend the Regatta which will be one of the biggest events ever held in the county.



Northumberland County Council leader, Councillor Grant Davey said: "This is the first time that Northumberland has been awarded the honour of hosting the North Sea Tall Ships Regatta and it is going to be a fantastic maritime celebration."

Martin Lawlor, Chief Executive, Port of Blyth, said: "We are delighted that the Regatta is coming to Blyth. Visitors will get a great view of the ships in the main public quay areas and I am sure this world-famous event will prove hugely popular."





If you'd like to have a taste of what's to come, Blyth is also hosting the 200-foot Tall Ship, Stavros S Niarchos, this summer:

You can climb onboard the ship for free on 27 June 11.30am-4.30pm.



Tour of Britain

Northumberland is to host two stages of the prestigious Friends Life Tour of Britain, the UK's largest professional cycle race, from 9-10 September.

The two stages will showcase different areas of the county from the market towns of Alnwick and Bedlington and coastline of Stage Four, to the heritage of Hadrian's Wall and the Pennine Hills on Stage Five, which will culminate in one of the key sections of this year's race, the summit finish on Hartside Fell.



Get the festival vibe at Northumberland Live!

A fantastic day of free family entertainment returns to Blyth beach this summer with two chart-topping headline acts.



A fantastic day of free family entertainment returns to Blyth beach this summer with two chart-topping headline acts.

Toploader and Doctor and The Medics will headline this year's Northumberland Live along with a host of amazing local performers.

The festival at the seaside takes place next to the Mermaid car park from 11am till 9pm on Saturday 27 June.

Toploader had a huge hit with their first album, Onka's Big Moka and their

version of 'Dancing in the Moonlight' became a global success.

And Doctor and the Medics are set to get the summer festival vibe going with their flamboyant live show featuring Spirit in the Sky and hits from the 80s.

Other attractions include street theatre and Team Power Stilts performing their incredible acrobatics.

Free parking will be available in the centre of Blyth and on Blyth Quayside and there will also be a free park and ride service to the event sponsored by Phoenix Taxis and Coaches. There will also be a discounted taxi service to and from the event and a taxi rank at the venue.

Parking on the festival site is limited and visitors are encouraged to walk or cycle to the festival if possible. The event overflow car park is The Ranch next to the Mermaid Car Park.

Pick-up points for the FREE Park and Ride shuttle bus:

- Blvth Library
- Broadway Circle
- Spirit of the Staithes
- Quayside Car Park

Where to park

- The Ranch
- Quayside
- Fountain Head
- Freehold Street
- Renwick Road

More details are available from: www.northumberlandlive.org

Recordbreaking reading challenge

If you're looking for a fun, free way to keep your children occupied during the holidays, then why not sign them up to our summer reading challenge.

This year's theme - Record Breakers will challenge young readers to explore astonishing real-life achievements and world records.

The children will be encouraged to read six or more books collecting incentives and rewards along the way. They will also be rewarded with a certificate, medal and entry into a prize draw.

Children can sign up at their local library to receive a colourful starter pack to keep track of their reading.





For further details and information about events taking place in local libraries, log on to www.mylibrary.co.uk

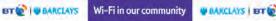
Wi-fi enables digital skills training

Bedlington, Guidepost and Lynemouth libraries are taking part in a project that aims to bring the benefits of being online to everyone. BT and Barclays have teamed up to deliver free wi-fi and volunteers from both companies will provide support to help novice users take their first steps online and to help others to grow their skills.

People can bring in any wi-fi enabled device or they can use library computers and equipment.

The two-year pilot scheme is aimed at libraries and other types of community sites in a range of rural and urban locations.

The Digital Eagles and local branch contacts will support the sites with training sessions including Tea and Teach, Code Playgrounds and the Digital Driving Licence.





Are you looking to start or extend your family?

You could adopt brothers and sisters

Those of us lucky enough to have brothers and sisters know how special the relationship between siblings can be. Sadly, sibling groups are amongst the children who wait longest to be adopted.

In Northumberland there are a large number of young brothers and sisters who need a family.

If you are looking to start or extend your family, then please consider whether you could offer a permanent loving home to siblings through adoption. Julie and Mac live in north Northumberland and adopted twins Jessica and Jade in 2003:

Julie said:

"We were thinking of adopting one child to start with, however, after speaking to the family placement officer, we found out there were benefits for the children and for ourselves in adopting siblings.

One child is rewarding however adopting sisters gave us all a ready-made family.



"We were quickly matched with our two fantastic children. We were all nervous at first but we took care of one another. As sisters they were there for each other, and helped look after us.

"The adoption team supported us all the way through the process and also offered advice and guidance when we needed it after we adopted the girls."

Julie would recommend adopting siblings to anyone considering adoption. She said: "I would recommend it without a shadow of a doubt. One child is rewarding however adopting sisters gave us all a ready-made family."

Start your adoption journey today

For further information, to book an informal appointment or to check out information evening dates, ring or email: Caroline Matthews on 01670 62 62 62 email: familyplacement@northumberland.gov.uk log on to: http://adoption.northumberland.gov.uk

LOVE Northumberland HATE Litter!

The council has launched a fresh crackdown on litter louts, with a new campaign 'LOVE Northumberland, HATE Litter'.

Cleaning streets and public places is a costly job and the new drive will raise awareness of just how much the council spends, and highlight the negative aspects of littering behaviour.

It will focus on litter hotspots and key problems such as cigarette waste, and council teams will be working proactively with schools and businesses.

Helping to launch the campaign at Ridley Park in Blyth were students from Croftway Primary Academy along with representatives of local group ICCQ (Improving Croft and Cowpen Quay), the Friends of Ridley Park and county councillors.

Phases of the campaign will focus on different types of litter including cigarette ends, fast food wrappings, roadside litter and town centre litter.

A 'food on the go' initiative will target fast food businesses, and one company already on board with the campaign is McDonalds. Staff from Ashington, Blyth and Moor Farm outlets are doing their bit through local litter picks – with the latest one taking place in Blyth Town Centre.

Zero tolerance will form a pivotal part of the new council campaign, with enforcement officers looking to identify culprits and issue on the spot fines as well as delivering a programme of enforcement in targeted areas.



Environmental rewards

Entries open for LOVE Awards 2015

The annual appeal for groups and individuals whose actions make a difference to their local environment has been launched.

The awards categories recognise children, young people and outstanding individuals as well as urban, coastal, countryside and new projects.

Closing date for entries is 31 July, and the awards will be presented by the Duchess of Northumberland at Alnwick Garden on 17 September. The event will be hosted by BBC TV's Carol Malia and the main sponsor is the Banks Group.

Go to

www.northumberland.gov.uk/love or phone 01670 622992

Photo: McDonalds staff from Ashington, Blyth and Moor Farm outlets are pictured with civic head Cllr Kath Nisbet at their latest litter pick in Blyth Town Centre

Health and Wellbeing





Quit smoking and spare your loved ones the pain

The Council is backing a campaign encouraging smokers to quit and be around longer for their family.

The 'Don't be the 1' campaign reminds smokers they have a 1 in 2 chance of dying from a tobacco- related disease unless they stop, but quitting brings health benefits at any age.

Quitting might not always be easy - but dying from a smoking-related disease is much, much harder.

It is never too late to stop smoking. If you would like support to quit, please contact:

Northumberland NHS Stop Smoking Service by calling 01670 813 135 or visit www.northumbria.nhs.uk/stopsmoking

Enhancing support for county care homes

Work is taking place around the county to provide additional support to care home staff to improve the quality of care provided to patients within the care home setting to avoid unnecessary hospital admissions.

This is part of a national scheme called the Better Care Fund which aims to further integrate health and social care services.

A Care Homes Group has been formed which includes representation from the Northumberland Clinical Commission Group, local authority, doctors, community nursing, mental health and care home teams.

The group is working to quickly implement a number of actions to improve patient care including:

- Improving local GP support to care homes – both in and out of hours
- Maximising community service support to care homes, for example specialist nursing service, community matrons and pharmacists
- Supporting care home staff with training, education and awareness-raising programmes

Councillor Scott Dickinson is chair of the Northumberland Health & Wellbeing Board and has taken an active interest in the work of the group.

> "It is less distressing and disorientating for elderly patients if they can be treated within the familiar surroundings of their care home" he said. "The care home group is working to enhance the necessary support and skills to care home staff to help them, where appropriate, care for more poorly patients within the care home environment."

Health and Well

Staying Safe over

Summer is the time when we're all thinking of getting out and about – whether it's a trip to the seaside, a visit to one of our spectacular landmarks or simply a barbeque in the garden. And while the emphasis should always be on having fun, it's also important to take a few simple steps to keep you, your family and friends safe. It's nothing difficult or expensive, just good, common sense advice!

HOT BARBEQUE TIPS

- Avoid cross-contamination store raw meat separately, and use different utensils, plates and chopping boards for raw and cooked food.
- Don't wash raw chicken...or other meat, it just splashes germs.
- Pre-cook the meat or poultry in the oven first then finish it off on the barbecue for flavour.
- Charred doesn't mean cooked make sure all meats are properly cooked by cutting into the meat and checking that it is steaming hot all the way through, that none of it

is pink and that any juices run clear.

 And remember disposable BBQs take longer to cook!

WATER SAFETY

Rivers

- Never swim alone
- Don't swim after a heavy meal, drinking alcohol, or taking drugs
- Select your landing point before going in it may be impossible to get out
- Always keep within your depth
- Don't dive in, it could be shallower than you think or there may be hidden underwater dangers
- Don't swim near weirs, once caught in the undertow you have little chance of escape
- Beware of weeds. You can get entangled in weeds at the bottom of the river

Bridge jumping ('tomb stoning') This dangerous craze leads to injuries ranging from twisted ankles to very severe spinal fracture. The outcome of these injuries can be paralysis or even death.

Beaches

If you're at a beach displaying flags be aware of what each one means. Here is what to look for:

- Red and yellow flags lifeguards on patrol.
- Red flags it's dangerous to bathe or swim so don't go into the water.
- Quartered black and white flags the area has been zoned for surf crafts and Malibu boards. It's not safe for swimmers and bathers.

Children should always be with an adult and supervised at all times.

If you see someone in difficulty in the water, tell somebody, preferably a lifeguard. Alternatively dial 999, ask for the fire and rescue service at inland water sites and the Coastguard at the beach.

being

Love the sun Respect your skin

The damage done to the skin when you are younger can lead to skin cancer in later life, so it's important to avoid the pain and shame of the lobster look by following these five steps....



COVER UP YOUR SKIN

Throw on a long-sleeved shirt or top that ideally has a collar and a sarong or long shorts to banish those burning rays



SLAP ON THE SUNCREAM

Apply generous amounts of water-resistant suncream of at least SPF30 and above before going out in the sun



WEAR A HAT OR CAP

Whether it's a floppy hat, baseball cap or even a cowboy hat, all are good at keeping the heat off your head, face, neck and ears



SLIP ON THE SHADES

Don't forget your eyes need protection too!

CHILL OUT IN THE SHADE

When the sun's rays are strongest between 11 am and 3 pm reach for the shade and sit under a tree, building or umbrella

Health and Wellbeing



Support partnership for young mums celebrates first birthday

Partnership supporting first-time young mums in Northumberland celebrates its first birthday.

The Family Nurse Partnership (FNP), run by Northumbria Healthcare NHS Foundation Trust, involves a specially-trained family nurse visiting young mums and dads up to the age of 19, from early pregnancy until their child is two years old.

The initiative aims to enable young mums to have a healthy pregnancy, improve their child's health and development, plan their futures and achieve their aspirations. One of the young mums to benefit from FNP is Katie Quigley, from Pegswood, and her daughter Imogen. Katie said she was 'terrified' when she found out she was pregnant and is full of praise for her family nurse Sarah Jackson.

"My family nurse Sarah is fantastic. I've got her number in my phone - I can ask her anything and she's always there to help. She's given me the confidence to be a parent. I wouldn't be where I am today without her."



Pictured: Penny Spring, director of public health, Katie Quigley, Imogen and family nurse Sarah Jackson.



Fire service unveils its newest recruit

Northumberland Fire and Rescue Service (NFRS) has unveiled its latest recruit – in the form of a state-of-the-art support vehicle.

The 4x4 Mercedes-Benz Incident Support Unit (ISU) will be used to co-ordinate major incidents and comes equipped with the latest in modern technology.

The long bodied V6 engine van which has a five-litre engine has been specially converted for 'command and control' operations and is fitted with cutting edge communications technology that can be used by up to five personnel.

Councillor Dave Ledger, Cabinet member for NFRS explained: "This custom built vehicle allows us to deliver our services in a more co-ordinated and professional manner and means we are better able to protect our communities at a time of increased risk from floods and other natural events."





HQ move would bring county-wide benefits

A new council headquarters in Ashington and the possibility of a new education, leisure and community hub for Morpeth will underpin the Council's economic strategy, pending approval of a new report.

Council leader Grant Davey's vision for the council to encourage economic benefits right across the county has moved a step closer as a report to the council's cabinet highlights an additional £1.8million of new spending in Ashington once a new council base is built there.

The move, to be discussed by full council later this year, would also open up exciting new opportunities for Morpeth.

Councillor Davey says: "A new headquarters in Ashington, the re-development of council land and facilities in Morpeth and the wider property programme that we are proposing, are the pillars of our new economic strategy.

"Both projects will transform our town centres, attract new jobs, and accelerate the development of new infrastructure and quality housing."





ARE CHANGES across Northumberland and North Tyneside FROM 6AM ON TUESDAY 16 JUNE 2015

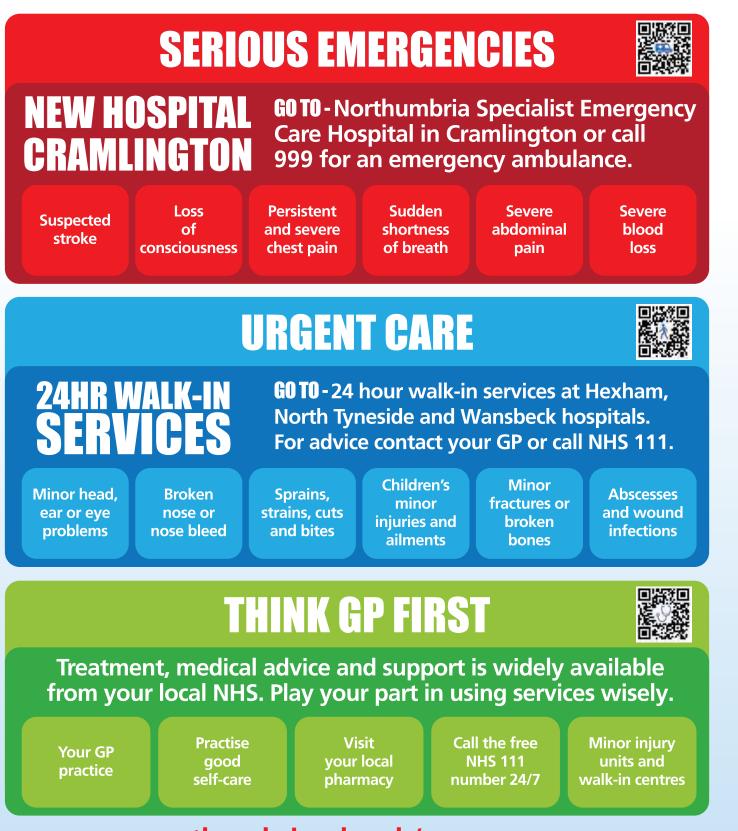
ABOUT OUR A&E CHANGES

From 6am on Tuesday 16 June 2015, emergency care is changing across Northumberland and North Tyneside.

People who become seriously ill or injured will be cared for at the new Northumbria Specialist Emergency Care Hospital in Cramlington, where they will be seen very quickly by a specialist.

People with less serious conditions who need urgent care will continue to be treated at 24 hour walk-in services at Hexham, North Tyneside and Wansbeck general hospitals. Northumbria Healthcare NHS Foundation Trust





northumbria.nhs.uk/emergency



NEW Soft Play

An exciting soft play area opens to the public at Willowburn Sports and Leisure Centre, Alnwick on 15 June. The four-storey rainforest-themed design has space for more than 50 children to play.





Active Northumberland manages the centre on behalf of Northumberland County Council and has developed "GO WILD in the rainforest" in response to customer demand for a new facility for young children.

The new, permanent soft play area will be located in the sports hall, and has seating for parents and guardians to relax and catch up with friends while the little ones GO WILD!

The soft play will be open Monday to Friday from 9am to 7pm and Saturday to Sunday 9am to 4pm. After 4pm, Go Wild is available for private hire bookings for children's parties. The soft play will be free for children under 1; for 1-4 year olds, parents pay £3.50 or £3 with an Active Northumberland card. For ages 4-10, the price will be £4.50 or £4 with an Active Northumberland card.

Active Northumberland Cards cost £12 for the year and give discounts on

activities at all Active Northumberland sites including reduced prices for gym and swimming.

The card is free if you pay a fitness membership by direct debit.



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Get on your bike! Go Smarter



Active Northumberland

is delivering cycle loans in partnership with Go Smarter Northumberland, a sustainable travel initiative that encourages people to consider more sustainable modes of transport.

If you live or work in South East Northumberland you can now access free cycle skills and confidence training, the Dr Bike cycle service and a free cycle loan!

The cycle scheme also highlights Active Northumberland's commitment to help people live an active and healthy lifestyle.

If you want to find out more about the cycle programme, please head to: www.activenorthumberland.org.uk/cycle-scheme



New pricing structure allows county-wide leisure use

Active Northumberland has announced changes to leisure provision across the county including investment plans linked to the introduction of a new pricing structure from June 1.

The organisation, which manages leisure and culture services, is one of Northumberland County Council's new family of 'businesses'. It is making prices fairer and simpler as part of a plan to create a sustainable charitable trust that can improve service provision across the county.

Active Northumberland customers can now use leisure facilities county-wide as the new membership allows unlimited access to 13 gyms, 10 swimming pools and over 350 fitness classes per week.

The changes in leisure services include:

- A new pricing structure to simplify prices relevant to an area's facilities.
- A new county-wide £40 per month multi-site membership allowing anytime use, including use of the gym, fitness classes and swimming, at any Northumberland leisure centre.
- A new county-wide £30 per month multi-site membership allowing daytime use (before 4.30pm) of the gym, fitness classes and swimming at any Northumberland leisure centre.
- A new county-wide £24 per month multi-site swimming membership allowing use of public swimming at any Northumberland leisure centre with a pool.
- A 20% discount on all monthly membership deals for juniors and full-time students.
- The honouring of any existing monthly membership categories / prices that are no longer offered for current customers.
- The building of new facilities including a flagship leisure centre in Ashington due to open in October 2015.
- A new county-wide concessionary rate on the key activities of gym, fitness classes and swimming and concessionary monthly membership offer to encourage leisure centre use by people in areas with the greatest financial need in Northumberland.
- Increased investment in equipment, classes and building maintenance and cleaning.

what's **Oh**...

June



RSPCA Dog Show

Bring your pooch along and help raise funds at a fun dog show. Registration from 11 am. Schedules from the RSPCA shops in Hexham, Prudhoe and Rothbury. Free but fees to enter. Tyne Green Country Park, Hexham. Sunday 28 June

Famous Grouse Pairs

Any player wishing to enter this roundrobin open bowling competition please contact 01665 605957. 10 am - 6.30 pm. £6, Dispensary Street, Alnwick. Sunday 28 June



Hexham Carnival

All the fun of the fair and a bit more besides. A great free family day out. Hexham Sele Park Sunday July 5

Newbiggin Sound Walk

Join acclaimed BBC wildlife sound recorder Chris Watson as he leads a coastal walk from Newbiggin to Lynemouth.

Saturday 11 July

Email: info@avfestival.co.uk for more information and to book a place Phone: 01670 624455

Felton & Thirston Fair

A traditional village fair with something for everyone. Kids free, adults £2.50. Recreation Field, Felton. Saturday 11 July 11 am – 5pm Phone: 01670 787206

Vintage Car Rally

Woodhorn QEII park, Ashington. See an amazing array of over 50 classic cars. Free. 11am-3pm Sunday 12 July Phone: 01670 624455

Kite Over Druridge

Come and watch the fantastic kite displays at Druridge Bay Country Park. Free, 10.30am – 4pm Saturday 18 & Sunday 19 July Email: druridgebay@northumberland.gov.uk



Walk to Shaftoe Crags

A walk of around 6 miles over rough ground using public rights of way. A packed lunch, waterproofs and suitable footwear required. Meet Bolam Lake Country Park. 10am – 1.30pm. £3 Sunday July 19



Pirates of Plessey

Make a wooden pirate ship to sail and race on the River Blyth. There is a prize for the fastest boat. 6 years and over. Booking essential. £4.50 Thursday July 23 Phone: 01670 824793, plesseywoods@northumberland.gov.uk

Bird Boxes

Using natural materials to help our feathered friends, build a unique creation to decorate your garden. 6 years and over. £5. Plessey Woods Country Park Wednesday July 29 Phone 01670 824793 Booking required

Small mammals at Bolam

Find out about the tiny animals at Bolam and come face to face with them. 10 am, booking essential. £2.50. Wednesday 29 July Phone: 01661 881234

Thank Folk It's Friday

A free programme of folk music held in the Woodhorn Café, at 2pm on the final Friday of each month. Friday 31 July Phone 01670 624455

For more events visit: www.northumberland.gov.uk/events

August

Red Row Vintage Rally Weekend

A rare chance to see some of the best kept vintage vehicles in the land. On display will be a range of fire engines, tractors, sports cars, motorbikes, and push bikes. Adult £3, children free. Druridge Bay Country Park. 10.30am – 4.30pm Saturday August 2 and Sunday 3

Bat Night

Join Sam Talbot from the bat group to discover the bats of Plessey. Includes a walk around the woods using bat detectors. 6 years and over. Adults £3.50, children £2.50. 8pm – 10.30 pm. Please bring a torch. Plessey Woods Country Park Saturday August 1 Phone: 01670 824793

Red Squirrel Activity Day

Learn more about our native red squirrels and what is being done to protect them. Squirrel walks for all, children's activities, information and more. 10 am – 2pm. Free Plessey Woods Country Park Tuesday August 4

Geocaching Family Day

Have fun in the woods while hunting out secrets that others don't know are there. Bring all the family to try this growing craze. You will need your own GPS receiver or GPS enabled Smartphone. Bookings only. 2 pm – 4 pm. £2.50 Plessey Woods Country Park Saturday 9 August Phone 01670 824793

Campfire Cooking

Make some tasty camp fire food and enjoy eating it around the fire. 6 years and over. 1.30pm – 3pm £3.50. Plessey Woods Country Park Thursday August 20



Lake Dipping

A look at the many small and wonderful creatures that live in Bolam Lake. 5 years and over. Bring suitable footwear. Equipment will be provided. 11am – 12.30pm. £2 Wednesday August 26

The Sturdy Beggers

Annual visit of The Sturdy Beggars. Bring your own drinks. Netherton Memorial Hall, 7.30pm start. £2 Saturday 29 August

Birds of Prey Display

See beautiful birds of prey on display from 11am – 3pm and catch one of the spectacular flying displays. Woodhorn QEII Country Park, 11am – 3pm. Free Monday August 31





September

Ratanaghiri Buddhist Monastery

Look around the monastery with the monks. Involves a 3 mile walk departing from Bolam Lake to the monastery at Harnham over rough ground. Suitable footwear and waterproofs required, 2 – 5pm. Donations accepted. Sunday September 6



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Weavers' Court, Swordy Drive, Alnwick, Northumberland, NE66 ISZ.

Or drop into the Your Move office at 39 Bondgate Within, Alnwick.





