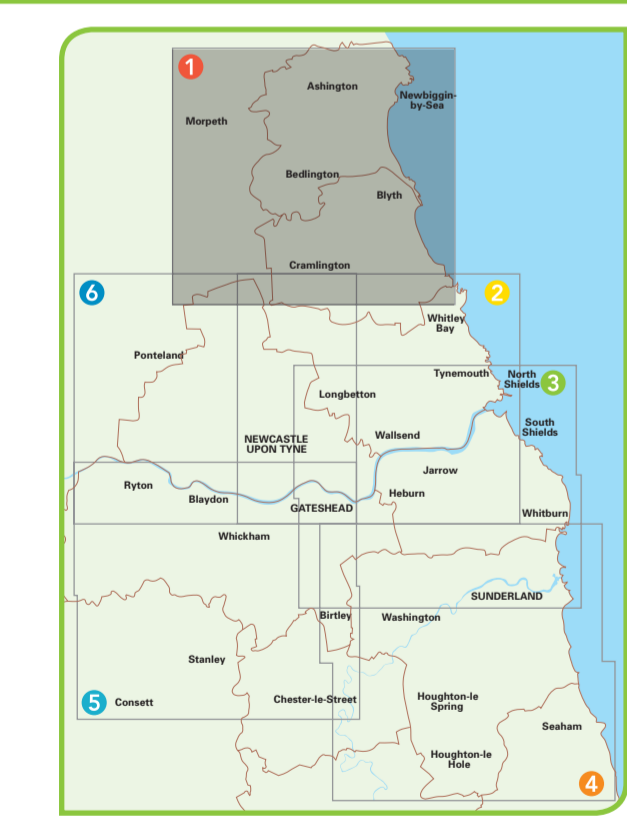




Fourth edition
South East Northumberland
Cycle map

Double sided map with hundreds of miles of routes

1 South East Northumberland



This map series covers the areas of:

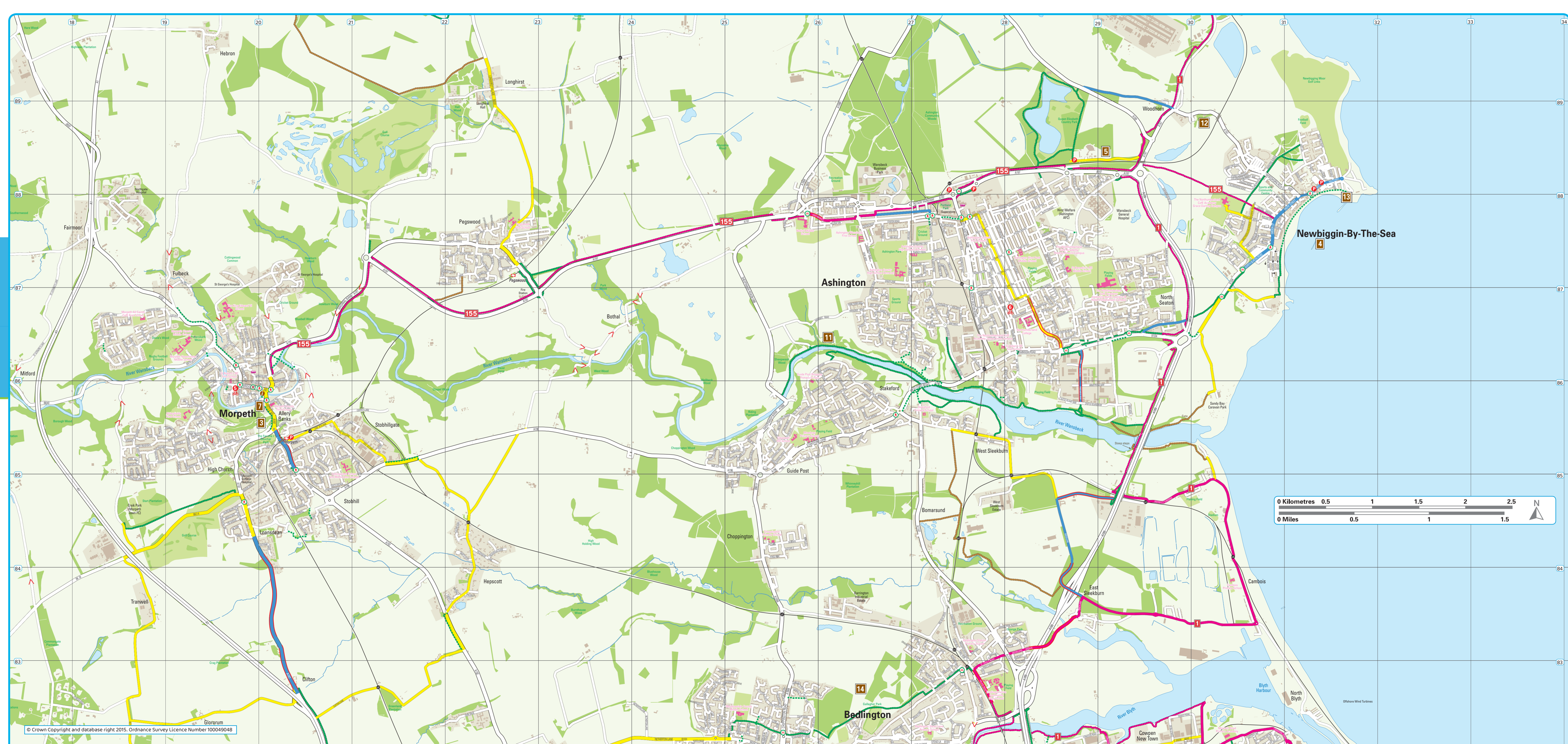
- 1 South East Northumberland**
Tel: 0345 600 6400
- 2 North Tyneside**
Tel: 0191 643 6086
- 3 South Tyneside**
Tel: 0191 424 7665
- 4 Sunderland**
Tel: 0191 561 2450
- 5 Gateshead**
Tel: 0191 4333108
- 6 Newcastle upon Tyne**
Tel: 0191 277 8958

Please cycle responsibly, according to the Highway Code.

The Councils of Tyne and Wear and Northumberland are developing a network of cycle routes to all local areas, linking homes to employment, shops, education, recreation and medical facilities. For more information and ideas about cycling visit:

- www.northumberland.gov.uk
- www.northtyneside.gov.uk
- www.newcastle.gov.uk
- www.sustrans.org.uk
- www.southtyneside.info
- www.gateshead.gov.uk
- www.sunderland.gov.uk/cycling
- www.ctc.org.uk
- www.gosmarter.co.uk

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 The representation of a track or path is no evidence of a public right of way.
 Users of these routes do so at their own risk.



Welcome to the South East Northumberland cycle map, and its surrounding area. This map is one of six in total, covering the whole of Tyne and Wear and South East Northumberland. The other five maps are

- **South Tyneside**
- **North Tyneside**
- **Gateshead**
- **Sunderland**
- **Newcastle upon Tyne**

Whether you are cycling for business or pleasure, we trust that this map will help you to travel from A to B by bike safely and efficiently, using our ever expanding network of on- and off-road cycle routes.



1 South East Northumberland

There is a good network of dedicated cycle routes and quiet roads in south east Northumberland, providing easy routes for beginners as well as long-distance routes for more confident cyclists. Easy access is possible to the countryside to the north and west of the area, as well as the adjacent urban areas of Newcastle and North Tyneside. National Cycle Route 1 passes through the area, forming part of the "Coast and Castles" route between Tynemouth and Berwick.



This map will help you plan your routes to town centres, schools and places of employment, and will also show you how to access the coast, country parks and places of interest.

Go Smarter Northumberland

In south east Northumberland the Go Smarter Northumberland programme offers additional support for local residents wanting to travel to work using sustainable transport and also support for those people who travel to work in the area to do so using sustainable transport. The programme supports cycle loans, cycle skills training, Dr Bike cycle repairs and training in cycle maintenance. Going Forward Active Northumberland will play a key role in organising the delivery of support for cycle based transport to work as wider promotion of cycling for leisure, sport and health.

Details of what support is available can be found at www.GoSmarter.co.uk. You can contact the cycle support services at www.activenorthumberland.org.uk or online via www.online.northumberland.gov.uk/citizenportal/form.aspx?form=suggestion. Also available at the Go Smarter website are Travel Tools which will allow you to plan a journey by bike. The journey planner will provide you with a map of your preferred route together with a written route description, including estimates of distance travelled and calories burnt. You can also use this map to help plan your route or to keep you on track to town centres, schools and places of employment, and will also show you how to access the coast, country parks and other places of interest.

If you have any suggestions for cycling in Northumberland, cycleway maintenance or general cycling queries, please contact us by calling 0345 600 6400 or online via www.online.northumberland.gov.uk/citizenportal/form.aspx?form=suggestion.

WATBike

- WATBike is a cycle service run by WATBus which is a local transport charity based in Wansbeck Business Park. WATBike operates:
- Regular weekly guided leisure cycle rides
 - Innovative bike training offering training in cycle safety, on-road riding, bike maintenance and routine repairs and route planning
 - Cycle repairs and refurbishment
 - Sale of refurbished cycles.

Contact information and more details of the services provided can be found at www.Watbus.org.uk

Map key

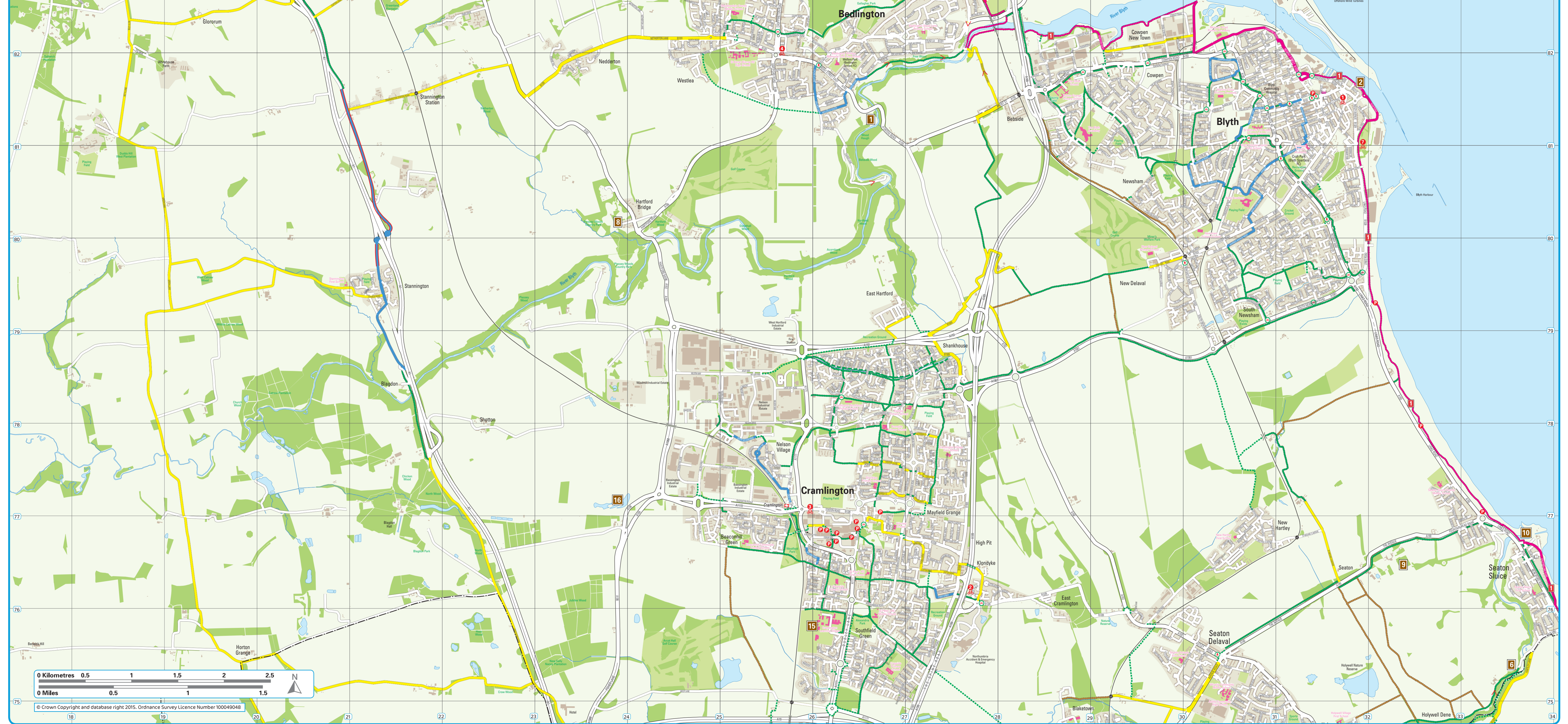
<p>National Cycle Network off-road cycle path</p> <p>National Cycle Network on-road routes</p> <p>Traffic-free path</p> <p>Path or footway where you should walk your bike</p> <p>Bridleway / Rough track A number of our traffic free paths are Bridleways and Shared paths which are enjoyed by horse riders and pedestrians too. Cyclists must show respect to other users by giving way at all times, slowing down and using their bell before passing.</p> <p>Road Links Road Links are other possible road connections which can provide useful routes across the area, but which are shared with varying amounts and speeds of traffic.</p> <p>Cycle lane</p> <p>Bus Lane</p> <p>Other roads</p> <p>One way street (shown on road links only)</p> <p>Steep hill (arrow points down hill)</p> <p>Council boundary line</p> <p>155 National Cycle Network</p> <p>11 Regional Cycle Network</p>	<p>Cycle shop</p> <p>Cycle parking</p> <p>Toucan crossing</p> <p>Pedestrian crossing</p> <p>Railway station</p> <p>Level crossing</p> <p>Metro station</p> <p>Tourist Information Centre</p> <p>Bus station</p> <p>Library</p> <p>Buildings</p> <p>School, college or university</p>	<p>No entry</p> <p>Motor vehicles prohibited (cycles permitted)</p> <p>No cycling</p> <p>Shared route for cyclists & pedestrians</p> <p>Route to be used by cyclists only</p> <p>Segregated cycle & pedestrian route</p> <p>Buses & cycles only</p> <p>With flow bus & cycle lanes</p> <p>With flow cycle lanes</p> <p>City Centre 3 Signposted on-road cycle route to place shown</p>
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Traffic signs

Some traffic signs that you may come across when you are cycling through the area.

Bikes and Trains

Bicycles can be carried on all train lines in Northumberland. On local services reservations are not required, however, on long-distance services reservations must be made in advance. For more information call **08457 48 49 50**.



Bike shops and Cycling Services

- Ferguson's**
16 Union Street, Blyth NE24 2DX
Tel: 01670 352218
- CJ Performance Cycles**
The Old Rex Cinema, Front Street, Klondyke, Cramlington NE23 6RF
Tel: 01670 712536
- Halfords**
Unit 8, Westmorland Retail Park, Cramlington NE23 6UY
Tel: 01670 730201
- Jim's Cycles**
1a Front Street West, Bedlington NE22 5DS
Tel: 01670 828464
- Sims Cycle Workshop**
7B Oldgate, Morpeth NE61 1PY
Tel: 01670 504376
- The Chain Station**
146 Milburn Road, Ashington NE63 0PQ
Tel: 07510 718264
- Mister Ridley's Ice and Coffee Parlour**
Ridley Park, Blyth
Tel: 07462 578957

Tourist Information Centre
Morpeth Tourist Information
The Chantry, Bridge Street
Morpeth, Northumberland
NE61 1PD
Tel: 01670 535200
www.visitnorthumberland.com

Places of Interest

- Bedlington Country Park**
57 acres of woodland and grassland on the north side of the River Blyth with a picnic area and children's play area.
- Blyth Quayside**
Recent restoration has provided walks along newly decked staithe with information points providing facts and figures about the quayside area.
- Carlisle Park, Morpeth**
Recently restored, Carlisle Park offers riverside walks, picnic and play areas, and woodland walks. Go boating on the River Wansbeck, visit an ancient castle and see the new William Turner Garden. (Tel: 01670 535203. Open all year)
- 'Couple' offshore sculpture**
The world's first permanent offshore sculpture by renowned artist Sean Henry.
- Experience Northumberland at Woodhorn /QE2 Country Park**
Visitors can explore the grade 2 listed colliery buildings and the country park. Ideal for windsurfing, canoeing and fishing. (Woodhorn Museum, Ashington, NE63 9YF. Tel: 01670 528080. Wed to Sun, Apr to Oct 10am to 5pm, Nov to Mar 10am to 4pm, free admission. Country Park open all year.)
- Holywell Dene**
7.5 miles of wooded river valley with walks and picnic sites between Seaton Sluice and Seghill. Starlight Castle is a folly in the Dene, built overnight in the 1750's to win a bet.
- Morpeth Chantry**
Set in a Grade 1 listed, 13th Century church building, the museum specialises in the history and development of Northumbrian Pipes and their music. (Bridge Street, Morpeth, NE61 1PD Tel: 01670 500717. Mon-Sat 9.30 am-5pm, Sun/Bank Holidays 11am-4pm, free admission).
- Plessey Woods Country Park**
Plessey Woods offers over 100 acres of woodland, meadow and riverside to explore. (Open all year. Shop and café open weekends and school holidays, Tel: 01670 824793).
- Seaton Delaval Hall**
Built between 1719 and 1730 for Admiral George Delaval, this reputedly haunted hall is among the finest works of its architect, Sir John Vanbrugh, one of the masters of English Baroque. (Open all year round, admission charge. Tel: 0191 2379100)
- Seaton Sluice Harbour & Watch House Museum**
Formerly a busy industrial harbour, small fishing and pleasure boats now occupy the moorings. The harbour and island can be explored using a series of bridges and paths. (Museum open Sundays and Bank Holidays, June to September, 2pm to 4.30pm).
- Wansbeck Riverside Country Park**
A heritage trail gives useful information about the local and natural history of the area. Picnic and play facilities are available and a shop is situated next to the car on Saxon times and reputedly the oldest church on the Northumberland coast the building now regularly plays host to art and craft exhibitions.
- Newbiggin Maritime Centre**
A community space open all year round housing the Mary Joicey and Girl Anne Interactive Exhibitions, with a function/group space available for hire, as well as a shop and café serving local food. Tel: 01670 81951
- Gallagher Park**
Bedlington, Mountain Bike Trail and BMX Park, Coaching sessions available through British Cycling. www.britishcycling.org.uk.
- Cramlington Cycle Speedway Track**
Cramlington Sporting Club, Cramlington Learning Village. Tel: 07538489714.
- Northumberlandia**
A unique piece of public art set in a 46 acre country park with free public access and 4 miles of footpaths on and around the landform.