

Starting well

Local authority: Northumberland UA CCG: NHS Northumberland CCG

Northumberland UA has a one to one relationship with NHS Northumberland CCG

Produced by Northern and Yorkshire Knowledge and Intelligence team as part of the local contribution programme Version 2 June 2014



Executive summary:

Northumberland UA

The key issues that arise from this analysis for the local authority:

- High percentage of deliveries by caesarean section
- Low population vaccination coverage for one or more vaccinations in the childhood vaccination programme.
- High A&E attendances for 0 to 4 years
- High elective admissions for children
- Low percentage of GCSE's achieved (5A*-C inc. English and maths)
- High numbers of teenage mothers



Executive summary:

NHS Northumberland CCG

The key issues that arise from this analysis for the CCG:

- Low numbers of mothers who initiate breastfeeding
- Low breastfeeding prevalence at 6-8 weeks
- High numbers of A&E attendances for children
- High elective admissions for children
- High emergency admissions for children
- High hospital admissions due to injury
- High rate of tonsillectomy procedures
- High rates of obese school children
- High rate of myringotomy procedures (with / without grommets)



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Background and purpose

- This pack is intended to support improvement in the value of commissioned services for the local population. It considers the life course from pregnancy and birth through pre-school and school-age to young adults.
- Local Authorities are compared in this pack with a cluster of LAs with similar population characteristics rather than the England average. The rationale for doing this is that these LAs will face similar challenges and levels of population need. The analysis has been repeated for the CCG(s) that are within the local authority using a comparator of the 10 most similar CCGs.
- This pack is produced by PHE Northern and Yorkshire Knowledge and Intelligence Team and provided as part of the KIT local contribution work programme. Its development has been guided by a steering group of local authority children's commissioners*.
- This pack is intended to be shared by public health teams working in this area with their CCG colleagues and other key stakeholders to start a conversation about intelligence-led improvement

*The steering group included Shirley Brierley (Bradford), Jill Farrington (Calderdale), Penny Greenwood (Barnsley), Sue Greig (Sheffield), Joanna Saunders (Rotherham) and Jacqui Wiltschinsky (Doncaster)



Methodology

Analysed a wide range of indicators for starting well life cycle

- Identified 'cluster groups' of 10 LAs with similar characteristics to the LA (see slide 33)
- Analysed wide range of national data to identify indicators where the LA is below a benchmark value for that indicator and thus has an opportunity to improve (see slide 7)
- Identified indicators where the LA is in the worst quintile within its cluster for that indicator

Identified key opportunities for value improvement and quantified potential impact

- Quantified opportunity for the LA if indicators below the benchmark were moved to the benchmark
- Quantification does not mean that the 'saving' or improvement can actually be made but may answer the question 'Is it going to be worth focussing on this area?'

Reviewed national evidence base to identify potential interventions linked to opportunities

- Pulled together examples of 'what works' against 'opportunity' areas
- Identified best performing LAs from the cluster to support potential service review

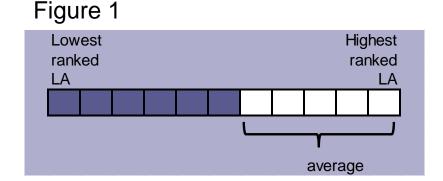
This approach was repeated for the CCG(s) that are within the local authority.

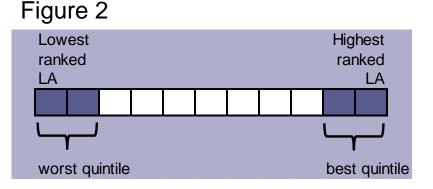


- For each indicator, the benchmark is calculated as the average of the best performing 5 LA's in the cluster group, i.e. approximately the 75th percentile (figure 1).
- The benchmark has been agreed in consultation with the steering group and has deliberately been chosen to be challenging to encourage overall improvement in outcomes.
- The worst quintile is defined as the lowest ranked 2 performing LA's in the cluster group (figure 2).
- The best quintile is defined as the highest ranked 2 performing LA's in the cluster group (figure 2).

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Benchmark







Key findings by life course



Key findings: Pregnancy and Birth

Local Authority indicators

10 out of 14 pregnancy and birth indicators are worse than the benchmark. The following 2 indicators are in the worst quintile, the potential benefits based on achieving the benchmark shown in brackets:

% deliveries by caesarean section (102 fewer deliveries)

Teenage mothers (78 fewer teenage mothers)

CCG indicators

8 out of 9 pregnancy and birth indicators are worse than the benchmark. The following 2 indicators are in the worst quintile, the potential benefits based on achieving the benchmark shown in brackets:

Breastfeeding initiation (476 more women)

Breastfeeding prevalence at 6-8 weeks after birth (420 more women)

Note, for indicators marked with an * see slide 36 for information on how to interpret the opportunity



Key findings: Pre-school

Local Authority indicators

11 out of 11 population vaccination indicators are worse than the benchmark.1 indicator is in the worst quintile.

7 out of 7 hospital admission indicators are worse than the benchmark.

The following 2 indicators are in the worst quintile, the potential benefits based on achieving the benchmark shown in brackets:

A&E attendances (0 to 4 years) (2,194 fewer attendances)

Elective admissions (0 to 4 years) (567 fewer admissions)

CCG indicators

6 out of 10 population vaccination indicators are worse then the benchmark. There are no indicators in the worst quintile.

6 out of 6 hospital admission indicators are worse then the benchmark.

4 indicators are in the worst quintile. The 3 with the biggest potential benefits to children based on achieving the benchmark are shown in brackets:

A&E attendances (0 to 4 years) (3,394 fewer attendances)

Elective admissions (0 to 4 years) (648 fewer admissions)

Myringotomy procedures (0 to 4 years) (54 fewer procedures)



Key findings: School-aged

Local Authority indicators

17 out of 19 school-age indicators are worse than the benchmark.

The following indicator is in the worst quintile, the potential benefit of achieving the benchmark shown in brackets:

GCSE achieved (5A*-C inc. English and maths) (347 more children)

CCG indicators

11 out of 11 school-age indicators are worse than the benchmark.

The following 4 indicators are in the worst quintile, the potential benefit of achieving the benchmark shown in brackets:

Elective admissions (5 to 9 years) (255 fewer admissions)

Myringotomy procedures (5 to 9 years) (74 fewer procedures)

Obese children (reception) (55 fewer children)

Myringotomy procedures (10 to 19 years) (30 fewer procedures)



Key findings: Young adults

Local Authority indicators

11 out of 11 young adult indicators are worse than the benchmark.

The following indicator is in the worst quintile, the potential benefit of achieving the benchmark shown in brackets:

Elective admissions (15 to 19 years) (435 fewer admissions)

CCG indicators

2 out of 2 young adult indicators are worse than the benchmark.

The following 2 indicators are in the worst quintile, the potential benefits of achieving the benchmark shown in brackets:

Elective admissions (15 to 19 years) (460 fewer admissions)

Emergency admissions (15 to 19 years) (284 fewer admissions)



Key findings: All age

Local Authority indicators

14 out of 16 all age children indicators are worse than the benchmark. There are no indicators in the worst quintile.

CCG indicators

10 out of 10 all age children indicators are worse than the benchmark.

The following 2 indicators are in the worst quintile, the potential benefits of achieving the benchmark shown in brackets:

Elective admissions (<18 years) (956 fewer admissions)

Admissions due to injury (<18 years) (186 fewer admissions)



Analysis



Analysis by pathway stage (LA)

	Number of indicators		cators		
Pathway	Total	Below bench- mark	Worst quintile	Indicators in the worst quintile - difference between the LA and the benchmark in brackets	Opportunity - if the LA were to equal the benchmark
Pregnancy and Birth	14	10		% deliveries by caesarean section (15.7 % higher) Teenage mothers (54.4 % higher)	102 fewer deliveries 78 fewer teenage mothers
Pre-school	18	18		Elective admissions (0 to 4 years) (74.1 % higher) A&E attendances (0 to 4 years) (32.8 % higher) PCV booster (2 years) (-2 % lower)	567 fewer admissions 2,194 fewer attendances more vaccinations
School aged	19	17	1	GCSE achieved (5A*-C inc. English and maths) (-14.9 % lower)	347 more children
Young adults	11	11	1	Elective admissions (15 to 19 years) (51.9 % higher)	435 fewer admissions



Analysis by pathway stage (LA)

Pathway	Numb Total	er of indi Below bench- mark	cators Worst quintile	Indicators in the worst quintile - difference between the LA and the benchmark in brackets	Opportunity - if the LA were to equal the benchmark
All age children and young person indicators	16	14	0	No indicators in the worst quintile	No indicators in the worst quintile



Analysis: by pathway stage (CCG)

	Number of indicators		cators		
Pathway	Total	Below bench- mark	Worst quintile	Indicators in the worst quintile - difference between the CCG and the benchmark in brackets	Opportunity - if the CCG were to equal the benchmark
Pregnancy and Birth	9	8	2	Breastfeeding initiation (-15.3 % lower) Breastfeeding prevalence at 6-8 weeks after birth (-13.6 % lower)	476 more women 420 more women
Pre-school	16	12	4	A&E attendances (0 to 4 years) (70 % higher) Elective admissions (0 to 4 years) (89.5 % higher) Myringotomy procedures (0 to 4 years) (103.1 % higher) Tonsillectomy procedures (0 to 4 years) (62.1 % higher)	3,394 fewer attendances 648 fewer admissions 54 fewer procedures 23 fewer procedures
School aged	11	11	4	Elective admissions (5 to 9 years) (36.6 % higher) Myringotomy procedures (5 to 9 years) (108.1 % higher) Myringotomy procedures (10 to 19 years) (256 % higher) Obese children (reception) (1.7 % higher)	255 fewer admissions74 fewer procedures30 fewer procedures55 fewer children
Young adults	2	2	2	Emergency admissions (15 to 19 years) (34.7 % higher) Elective admissions (15 to 19 years) (55.9 % higher)	284 fewer admissions 460 fewer admissions



Analysis: by pathway stage (CCG)

	Number of indicators				
Pathway	Total	Below bench- mark	Worst quintile	Indicators in the worst quintile - difference between the CCG and the benchmark in brackets	Opportunity - if the CCG were to equal the benchmark
All age children and young person indicators	10	10		Elective admissions (<18 years) (39 % higher) Admissions due to injury (<18 years) (28.9 % higher)	956 fewer admissions 186 fewer admissions



Bringing it all together (LA)

	Who should	
Where to focus	we speak to?*	What could work
High percentage of deliveries by caesarean section	-	NICE has a quality standard 32 on caesarean section http://publications.nice.org.uk/quality-standard-for-caesarean-section-qs32
Low population vaccination coverage		NICE public health guidance 21 reducing differences in the uptake of vaccinations http://publications.nice.org.uk/reducing-differences- in-the-uptake-of-immunisations-ph21
High A&E attendances for 0 to 4 years		A Child Health and Maternity Partnership (CHaMP) report (2011) on the fundamentals of commissioning health services for children (http://www.chimat.org.uk/resource/view.aspx?RID=106744) has examples of how improvements have been made.
High elective admissions for children	~	The NICE referral database summarises recommendations and timescales for referral http://www.nice.org.uk/usingguidance/referraladvice/search.jsp
Low percentage of GCSE's achieved (5A*-C inc. English and maths)	า	NICE antisocial behaviour disorder and conduct pathway and quality standard http://guidance.nice.org.uk/QS59 is expected to contribute to improvements to this indicator
High numbers of teenage mothers	-	NICE public health guidance 51 on contraceptive services http://publications.nice.org.uk/contraceptive-services-with-a-focus-on-young- people-up-to-the-age-of-25-ph51
*Based on the highest	(ranked A ir	the cluster. It is not known whether the LA has taken specific actions in this area but there

*Based on the highest ranked LA in the cluster. It is not known whether the LA has taken specific actions in this area but there maybe something to learn from a conversation about their approach.



Bringing it all together (CCG)

Where to focus	Who should we speak to?*	What could work
Low numbers of mothers who initiate breastfeeding		NICE quality standard postnatal care http://publications.nice.org.uk/postnatal-care-qs37/quality-statement-5-breastfeeding
Low breastfeeding prevalence at 6-8 weeks	Eastern Cheshire PCT	NICE quality standard postnatal care http://publications.nice.org.uk/postnatal-care-qs37/quality-statement-5-breastfeeding
High numbers of A&E attendances for children	Yarmouth and Waveney CCG	
High elective admissions for children	Riding of Yorkshire CCG	
High emergency admissions for children	Riding of Yorkshire CCG	
injury	Coast CCG	t NICE (2010) has a quick reference guide: preventing unintentional injuries among under-15s. Available at: http://guidance.nice.org.uk/PH30/QuickRefGuide/pdf/English
High rate of tonsillectomy procedures	Derbyshire CCG	The NICE Clinical Knowledge Summaries for sore throat (2012) has advice about when to refer for tonsillectomy http://cks.nice.org.uk/sore-throat-acute#!scenariorecommendation:3
High rates of obese school children	РСТ	and-obesity-among-children-and-young-people-lifestyle-weight-management-ph47
High rate of myringotomy procedures		The NICE guideline (CG60) surgical management of otitis media with effusion in children http://guidance.nice.org.uk/cg60 has advice about identifying children with OME who may benefit from surgery.

*Based on the highest ranked CCG in the cluster. It is not known whether the CCG has taken specific actions in this area but there maybe something to learn from a conversation about their approach.



Local data

LAs working with CCGs may want to consider adding local intelligence to triangulate with the intelligence in this pack.

This may include;

- Joint Strategic Needs Assessment (JSNA)
- Preventative activity commissioned by local authorities e.g. smoking cessation programmes for pregnant women
- Data on inequalities
- Up to date intelligence from providers
- Contract monitoring data
- Local prescribing data

Local data can be particularly useful when;

- Testing the size of the opportunities identified from the national data in this pack
- Linking to identified needs of the population
- Testing whether plans introduced since these data were collected have worked
- Testing whether commissioned services are accessed by those greatest in need

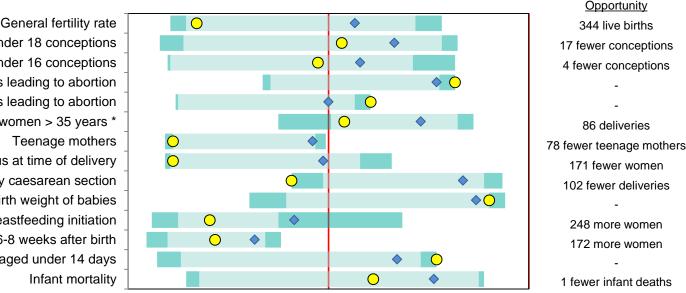


Annexes





Pregnancy and Birth

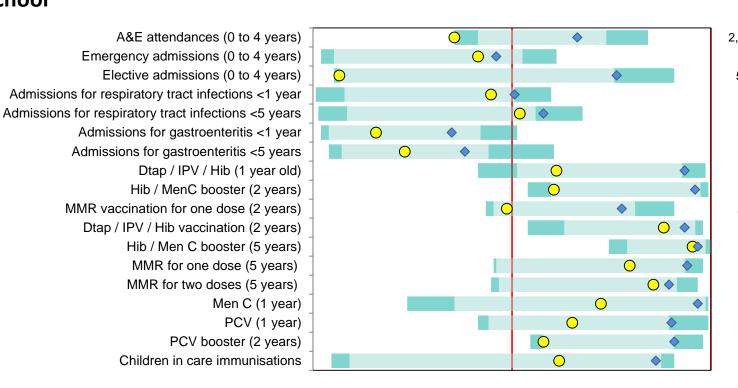


General fertility rate Under 18 conceptions Under 16 conceptions Under 16 conceptions leading to abortion Under 16 conceptions leading to abortion Percentage of deliveries to women > 35 years * Teenage mothers Smoking status at time of delivery % deliveries by caesarean section Low birth weight of babies Breastfeeding prevalence at 6-8 weeks after birth Admissions of babies aged under 14 days





Pre-school



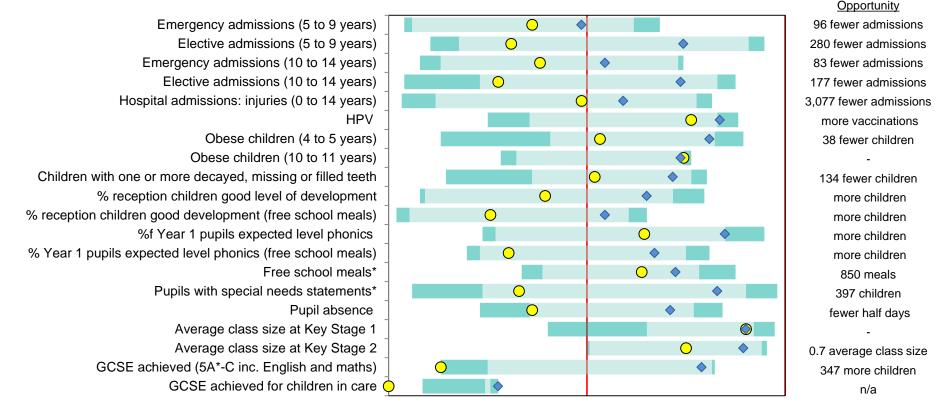
Opportunity

2,194 fewer attendances 123 more admissions 567 fewer admissions 9 fewer admissions 1 fewer admissions 34 fewer admissions 53 fewer admissions more vaccinations more vaccinations 46 more vaccinations 13 more vaccinations 10 more vaccinations





School aged

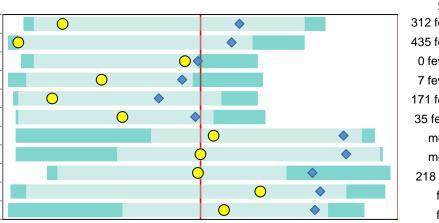






Young adults

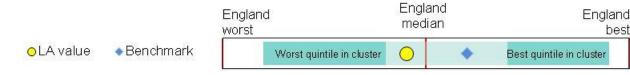
Emergency admissions (15 to 19 years) Elective admissions (15 to 19 years) Hospital admissions: alcohol specific conditions Hospital admissions: to substance misuse (15 to 24 years) Hospital admissions: injuries in young people (15 to 24 years) Hospital admissions as a result of self-harm (10 to 24 years) Chlamydia diagnoses (15 to 24 years) Female* Chlamydia diagnoses (15 to 24 years) Male* Acute sexually transmitted infections 16-18 year olds not in education, employment or training First time entrants to the youth justice system



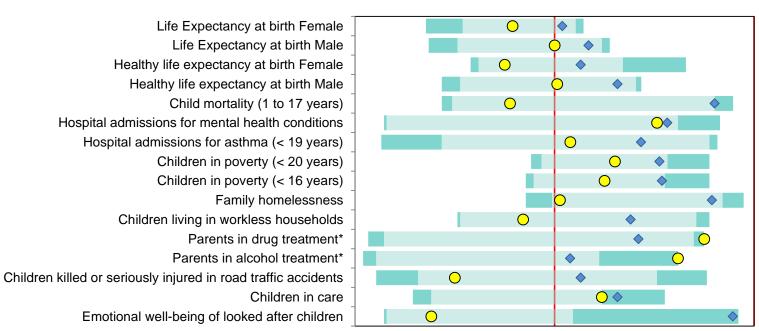
Opportunity 312 fewer admissions 435 fewer admissions 0 fewer admissions 7 fewer admissions 171 fewer admissions 35 fewer admissions more diagnoses more diagnoses 218 fewer infections fewer people fewer people







All age children and young persons indicators



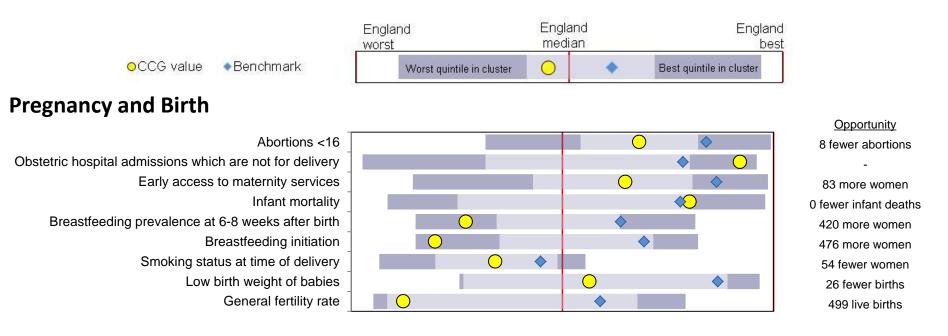
<u>Opportunity</u> 0.4 increase in LE 0.48 increase in HLE 2.08 increase in HLE 1.74 increase in HLE 3 fewer children 1 fewer admissions 21 fewer admissions fewer children 95 fewer families 3,640 fewer households

4 fewer children7 fewer children4 more children

Note 1, where the opportunity equals "N/A" there is no data for this indicator Note 2, for indicators marked with an * see slide 36 for information on how to interpret the opportunity



Annex 2: Spine charts: CCG





Annex 2: Spine charts: CCG



Pre-school

A&E attendances (0 to 4 years) \bigcirc \diamond 3,394 fewer attendances Emergency gastroenteritis admissions (0 to 4 years) \diamond 80 fewer admissions Emergency admissions (0 to 4 years) 403 fewer admissions ()Elective admissions (0 to 4 years) ()648 fewer admissions Myringotomy procedures (0 to 4 years) \bigcirc \diamond 54 fewer procedures Tonsillectomy procedures (0 to 4 years) ()23 fewer procedures DTaP/IPV/Hib (primary) 1st birthday \bigcirc 26 more vaccinations MenC (primary) 1st birthday \bigcirc 20 more vaccinations PCV (primary) 1st birthday \bigcirc 28 more vaccinations DTaP/IPV/Hib (primary) by 2nd birthday \diamond MenC (primary) by 2nd birthday MMR 1st dose by 2nd birthday \diamond 58 more vaccinations Hib/MenC booster by 2nd birthday \bigcirc 34 more vaccinations PCV booster by 2nd birthday \bigcirc 51 more vaccinations MMR by 5th birthday Hib/MenC booster by 5th birthday

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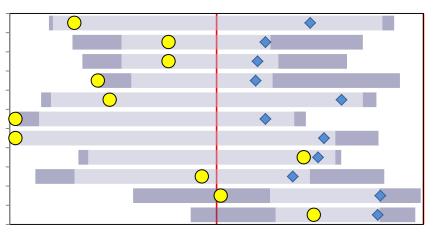


Annex 2: Spine charts: CCG



School aged

A&E attendances (5 to 17 years) Emergency admissions (5 to 9 years) Emergency admissions (10 to 14 years) Elective admissions (5 to 9 years) Elective admissions (10 to 14 years) Myringotomy procedures (5 to 9 years) Myringotomy procedures (10 to 19 years) Tonsillectomy procedures (5 to 9 years) Tonsillectomy procedures (10 to 19 years) Obese children (reception) Obese children (year 6)

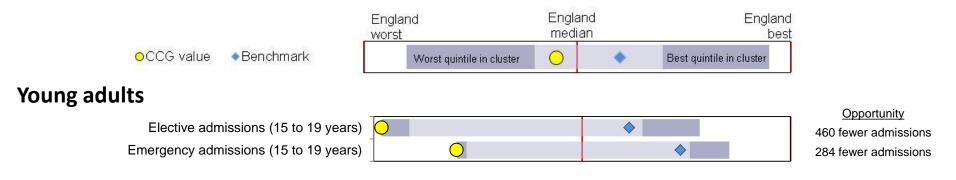


Opportunity

4,821 fewer attendances 147 fewer admissions 97 fewer admissions 255 fewer admissions 212 fewer admissions 74 fewer procedures 30 fewer procedures 2 fewer procedures 12 fewer procedures 55 fewer children 54 fewer children

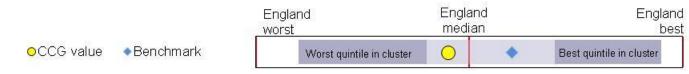


Annex 2: Spine charts: CCG



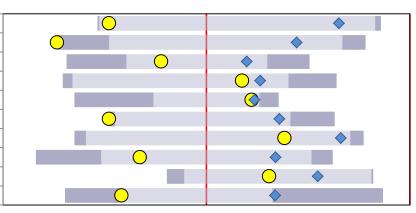


Annex 2: Spine charts: CCG



All age children and young persons indicators

A&E attendances (<18 years) Elective admissions (<18 years) Emergency admissions (<18 years) Emergency respiratory admissions (<18 years) Emerg asthma, diabetes or epilepsy admissions Admissions due to injury (<18 years) Outpatient first attendances (<18 years) Ratio 1st to follow-up outpatient attendances DNA rate for outpatient appointments Alcohol admissions (<18)



Opportunity

8,147 fewer attendances 956 fewer admissions 781 fewer admissions 8 fewer admissions 1 fewer admissions 928 more attendances 5.6 % lower 0.9 % lower 21 fewer admissions

Note 1, where the opportunity equals "N/A" there is no data for this indicator

Note 2, for indicators marked with an * see slide 36 for information on how to interpret the opportunity



Annex 3: Local Authority cluster

The 10 most similar local authorities to Northumberland UA are:

North Tyneside Stockton-on-Tees Darlington durham East Riding of Yorkshire Derbyshire Nottinghamshire Staffordshire Calderdale Warrington

For information on the methodology please go to: <u>http://media.education.gov.uk/assets/files/xls/c/childrens services statistical</u> <u>neighbour benchmarking tool.xls</u>



Annex 4: CCG cluster

The 10 most similar CCGs to NHS Northumberland CCG are:

NHS North Derbyshire CCG NHS East Riding of Yorkshire CCG NHS Shropshire CCG NHS South Worcestershire CCG NHS South Kent Coast CCG NHS North Staffordshire CCG NHS Great Yarmouth and Waveney CCG NHS Lincolnshire East CCG NHS North Lincolnshire CCG NHS North Lincolnshire CCG

For information on the methodology please go to: http://www.england.nhs.uk/resources/resources-for-ccgs/comm-for-value/



Annex 5: Statistical methodology

Statistical methodology

The methodology used in this pack consisted of the following steps: For each indicator:

- Data are ranked within the cluster.
- A benchmark value is calculated from the best 5 ranked values
- The opportunity that could be gained if the CCG were to improve to the benchmark value is calculated
- The worst quintile is identified as the worst 2 ranked values
- If the indicator lies in the worst quintile then it is highlighted as a potential area for investigation

This is a non-parametric statistical approach which is designed to be easy to understand and interpret. It is also insensitive to the presence of outlying or extreme values. While the comparison does not necessarily prove statistical significance it does provide a robust indication of the most promising areas for further investigation.



Annex 6: Notes on data

Indicator	Notes
Percentage of deliveries aged over 35	Any opportunity that is indicated refers to the increased risk of pregnancy-related complications and health problems and the extra resources that this involves, not a suggested reduction in deliveries.
Chlamydia diagnoses (15 to 24 years) Male / Female	This indicator represents the diagnosis rate amongst under 25 year olds and is a measure of chlamydia control activities. Increasing diagnostic rates indicates increased control activity: it is not a measure of morbidity. PHE recommends that LA's should be working towards achieving a diagnosis rate of at least 2,300 per 100,000.
Free school meals	Any opportunity that is indicated refers to an increased number of children from poorer backgrounds who are more at risk of poorer development and the extra resource that this involves, not a suggested reduction in free school meals.
Pupils with special needs statements	Any opportunity that is indicated refers to an increased number of pupils with special needs statements and the extra resource that this involves, not a suggested reduction in statements.
Parents in drug or alcohol treatment	Parents in treatment is not a measure of the number of substance misusing parents in an area. Any opportunity that is indicated refers to an increased number of children with parents in drug or alcohol treatment who are more at risk, not a suggested reduction in parents in treatment.
	ern and Yorkshire Knowledge and Intelligence team



Annex 7: Data sources

Data sources used:

LA

- Children and Young persons benchmarking tool, data downloaded June 2014, PHE
- Child Health profiles, March 2014, PHE
- Breastfeeding profiles, 2013, PHE
- Early years profiles, 2014, PHE
- Hospital Episode Statistics (HES), Copyright © 2014, Re-used with the permission of The Health and Social Care Information Centre. All rights reserved.
- Department for Education, 2013
- Annual Population Survey Household datasets, 2012
- Office for National Statistics, 2012
- School census, 2013
- Health & Wellbeing Alcohol & Drugs, 2012/13, Public Health England



Annex 7: Data sources

Data sources used:

CCG

- National general practice profiles, data downloaded May 2014, PHE
- Copyright © 2014, Health and Social Care Information Centre. All Rights Reserved.
- Department of Health, Integrated Performance Measure Return
- National Statistics, Copyright © 2014, Health and Social Care Information Centre. All Rights Reserved.
- Department of Health and National Statistics Copyright © 2014, Health and Social Care Information Centre. All Rights Reserved.
- COVER: Copyright © 2013, Health and Social Care Information Centre. All Rights Reserved.
- The Health and Social Care Information Centre, Lifestyle Statistics / Public Health England, Children, Young People and families NCMP Dataset Copyright © 2013. The Health and Social Care Information Centre, Lifestyle Statistics. All Rights Reserved.
- Local Alcohol Profiles for England (LAPE), 2008-10
- Integrated Performance Measures Monitoring/ Maternity, Department of Health.



Annex 8: Glossary

- Dtap/IPV/Hib A single vaccine which protects against diphtheria, pertussis, tetanus, Haemophilus influenzae type b and polio.
- Men C Meningococcal C
- PCV Pneumococcal
- HPV Two high-risk HPV types 16 and 18
- MMR Measles, mumps and rubella vaccine