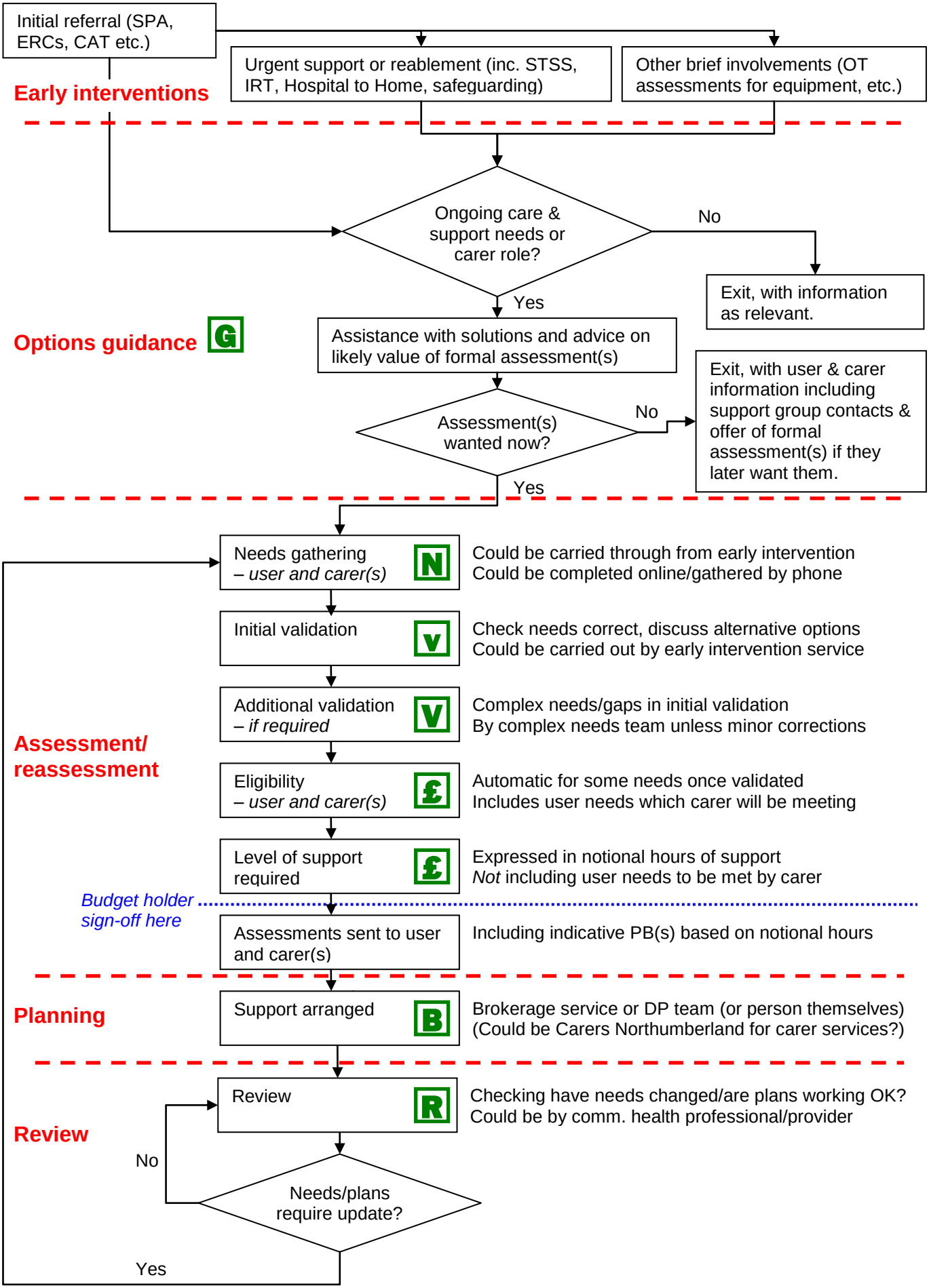Care Act assessment, care/support planning and review process