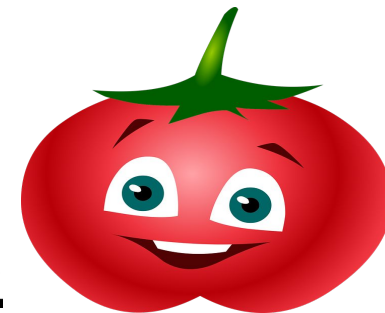
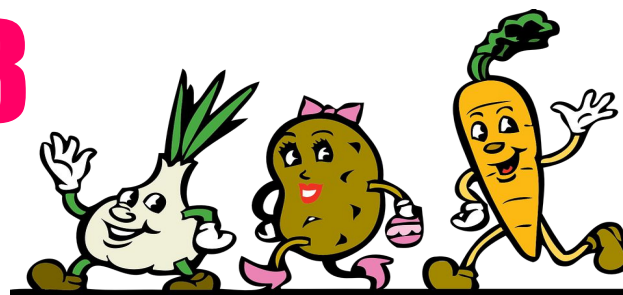


SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK ONE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Chicken Curry or Casserole or Sweet & Sour</p> <p> Macaroni Cheese</p> <p> Tomato & Basil Pasta Bake</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Mince Pie or Mince with Dumplings or Yorkshire Pudding</p> <p> Salmon Bites or Salmon Portion</p> <p> Meat Free Mince Pie</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Cheese/Tuna Melt</p> <p> Cheese Wrap</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Chicken Casserole or Wrap or Fajitas</p> <p> Beef or Pork Mince Lasagne</p> <p> Meat Free Lasagne</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Fish Fingers</p> <p> Enchiladas</p> <p> Quorn Curry</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes Pasta/Rice	Rice Crusty Bread	Jacket Potato Wedges or Creamed Potato	Roast Potatoes or Parsley Potatoes or Rice	Garlic Bread Creamed Potatoes Parsley Potatoes	Chips or Pasta or Mini Potato Waffles or Rice
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate & Pear Sponge with Chocolate Sauce	Homemade Fruity Flapjack	Fruity Rice Pudding or Fruit Salad	Tutti Frutti Cake Glass of Milk or Juice	Fruit Whip or Fruit Meringue



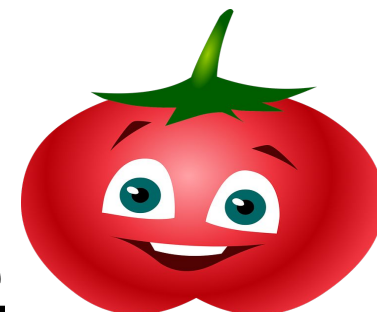
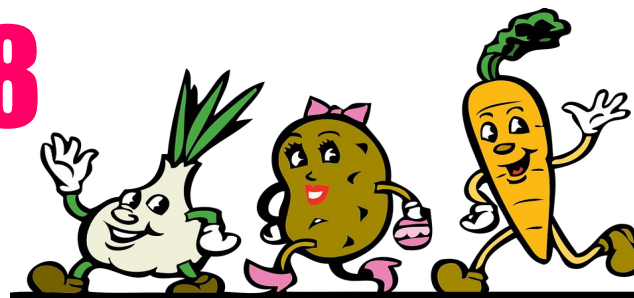
Fresh Fruit and Yoghurt available daily
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Website



SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK TWO



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Spaghetti Bolognese or Chilli Con Carne</p> <p> Vegetable Bolognese</p> <p> Chicken and Broccoli Pasta Bake</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Savoury Mince with Yorkshire Pudding or Dumplings</p> <p> Meat Free Savoury Mince with Yorkshire Pudding or Dumplings</p> <p> Cheese / Tuna Melt</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Chicken Fajitas</p> <p> Mediterranean Pasta Bake</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Turkey Curry or Casserole or Turkey Wrap</p> <p> Quorn and Vegetable Curry</p> <p> Vegetable Bakes</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Fish Portion</p> <p> Homemade Margherita Pizza</p> <p> Homemade Quiche</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes Pasta / Rice	<p>Crusty Bread</p> <p>Garlic Bread</p> <p>Rice</p>	<p>Creamed Potatoes</p> <p>Parsley Potatoes</p>	<p>Roast Potatoes</p> <p>Parsley Potatoes</p> <p>Crusty Bread</p>	<p>Rice</p> <p>Parsley Potatoes</p>	<p>Chips or Pasta or Mini Potato Waffles</p>
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p> Fruity Flapjack with a Glass of Milk or Juice</p>	<p>Fruit Smoothie or Fruit & Ice Cream</p>	<p> Homemade Biscuit or Sponge with a Glass of Milk or Juice</p>	<p> Vanilla Sponge with Custard or Vanilla Sauce</p>	<p> Fruity Muffin with a Glass of Milk or Juice</p>

Fresh Fruit & Yoghurt available

Drinking Water is Available Daily on the Dining room Tables

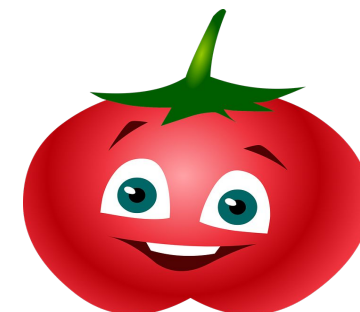
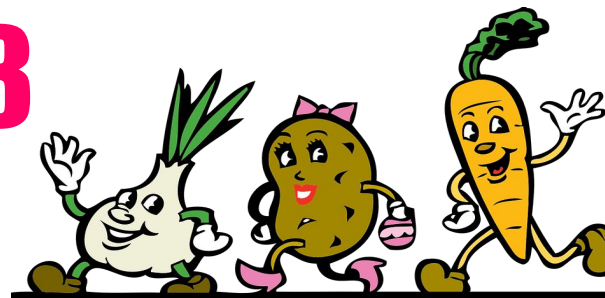
Allergen Information is Available from the Catering Manager or NCC Website



SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK THREE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Chicken Casserole or Chicken Curry or Sweet & Sour Chicken </p> <p>Cheesy Pasta </p> <p>Fish Cake</p> <p>Jacket Potato with a Choice of Fillings </p>	<p>Mince Pie or Mince with Dumplings or Yorkshire Pudding </p> <p>Veggie Mince Pie/ Dumplings/ Yorkshire Pudding </p> <p>Tuna Pasta Bake Jacket Potato with a Choice of Fillings </p>	<p>Roast of the Day with Yorkshire Pudding </p> <p>Chicken Wrap </p> <p>Cheese/Tuna Melt </p> <p>Jacket Potato with a Choice of Fillings </p>	<p> Chili Con Carne</p> <p> Ricotta Tortellini with Tomato & Basil Sauce</p> <p> Enchiladas</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Oven Baked Sausage</p> <p> Oven Baked Veggie Sausage</p> <p> Pizza Wrap</p> <p> Jacket Potato with a Choice of Fillings</p>
Potatoes Pasta / Rice	<p>Rice</p> <p>Jacket Potato Wedges</p>	<p>Creamed Potatoes</p> <p>Parsley Potatoes</p> <p>Crusty Bread</p>	<p>Roast Potatoes</p> <p>Parsley Potatoes</p>	<p>Rice</p> <p>Parsley Potatoes</p>	<p>Chips or Pasta or Mini Potato Waffles</p>
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p>Fruit Cheesecake or Iced sponge </p>	<p>Fruit with Ice Cream</p> <p>Sponge Roll</p>	<p> Peach or Apple</p> <p>Sponge or Crumble with Custard</p>	<p>Fruit Mousse Slice or Fruit Whip</p>	<p> Chocolate Brownie with a Glass of Milk or Juice</p>

Fresh Fruit & Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Website

