DISHES			T _{in}				Mik		(M./CHAD)	2				
MAINS	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast of the Day with Yorkshire Pudding		✓ Wheat		✓			✓							
Savoury Mince with Yorkshire Pudding or Dumplings		✓ Wheat		✓			✓							
Shepherds Pie							✓							
Mince or Pork Pie		✓ Wheat		✓			✓							
Savoury Mince Pie		✓ Wheat		1			1							
Spaghetti Bolognese		✓ Wheat												
Lasagne		✓ Wheat		1			✓							
Chilli Con Carne														
Enchiladas		✓ Wheat					✓							
Oven Baked Sausage		✓ Wheat											✓	√
Hot Meat in a Bun		✓ Wheat												
Sloppy Joe's in a Bun		✓ Wheat												

DISHES		**	¥#				Wilk		(m./S NAD)	2	- No.		₽ <u>®</u>	
MAINS	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Casserole		✓ Wheat					✓							
Chicken Pie		✓ Wheat					✓							
Chicken Curry		✓ Wheat					✓		✓					
Hunters Chicken		✓ Maize					✓							
Sweet & Sour Chicken	√													
Chicken & Sweetcorn Tagliatelle		✓ Wheat		1			1							
Sweet Chilli Chicken Wrap		✓ Wheat												
Sweet & Sour Pork with Noodles	1	✓ Wheat		✓			✓							
Meatballs In Tomato & Basil Sauce	√			✓			✓		1				✓	✓
Chicken & Broccoli Pasta Bake		✓ Wheat					1							
BBQ Pulled Chicken or Pork in a Bun		✓ Wheat												
Chicken Fajitas		√ Wheat							✓					
Chicken Wrap		✓ Wheat												
Turkey Curry		√ Wheat					✓		✓					

DISHES		W	*	A					(m.c trade)	27				
MAINS	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheesy Pasta		✓ Wheat					1							
Macaroni Cheese		✓ Wheat					√							
Tuna Pasta Bake		✓ Wheat			√ Tuna		•							
Tomato & Basil Pasta Bake		✓ Wheat		✓					✓					
Ricotta Tortellini with Tomato & Basil Sauce		√ Wheat		1			✓							
Mediterranean Pasta Bake		✓ Wheat					√							
Roast Pepper Frittata				1			1							
Jacket Potato with a Choice of Fillings				1	√ Tuna		•		✓					
Tuna or Cheese Melt or Wrap		✓ Wheat		✓	√ Tuna		•		✓					
Cheese Wrap		✓ Wheat					•							
Veggi Cowboy Hotpot													~	

DISHES		X	***	<u></u>					(m./5 ta/d)	2				o E
MAINS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Homemade Margherita Pizza		✓ Wheat					✓							
French Bread Pizza		✓ Wheat					✓							
Pizza Wrap		√ Wheat					✓							
Margherita Bruschetta		✓ Wheat		1			✓						*	
Homemade Quiche		✓ Wheat		1			✓							
Fish Fingers		√ Wheat			√ Pollock									
Salmon Bites		✓ Wheat			√ Salmon									
Salmon Fillet		✓ Wheat			√ Salmon									
Cod & Salmon Fish Cakes		✓ Wheat			√ Cod Salmon									
Fish Portion		✓ Wheat			√ Whitefish									
Fish Cake		✓ Wheat			√ Whitefish		1		1					
Glutin free fish fingers 206242C PPM = PARTS PER MILLION		✓ Wheat Less than 20ppm			Cod Pollock									

DISHES	***	**	¥#	E		Figure 1	THE STATE OF THE S		M.45 MAC)	St.	- No.			0
MAINS	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Veggie Roast of the Day with Yorkshire Pudding		√ Wheat		•			•							
Veggie Mince with Yorkshire Pudding or Dumplings		✓ Wheat		√			1						✓	
Veggie Mince Pie		✓ Wheat		1			1						✓	
Meat Free Lasagne		✓ Wheat					1						✓	
Veggie Sloppy Joe's in a Bun		✓ Wheat											✓	
Oven Baked Veggie Sausage													✓	
Quorn Casserole		✓ Wheat		✓			1						✓	
Quorn & Vegetable Curry		✓ Wheat		✓			1		√				✓	
Quorn Curry		✓ Wheat		1			1						✓	
Quorn Pasta Bake		✓ Wheat		1			1						✓	
Quorn Fajita/Enchiladas		✓ Wheat							1				✓	
Vegetable & Cheese bake		✓ Wheat					•							

DISHES	***		**				Wilk		(m.q.tsua)	St.				
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tortilla Chips / Nachos		✓												
Poppadoms		1												
Egg Noodles		✓ Wheat		✓										,
Crusty Bread		✓ Wheat												
Garlic Bread		✓ Wheat					1							
Sliced Bread		✓ Wheat												
Hollands Bread		√ Wheat											✓	
Sourdough Roll		✓ Wheat / Rye					•					•		

DISHES	**	W	T _i			100	Wilk		(M.A.)	St.	- No.			
Pasta / Rice / Potatoes	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Creamed Potatoes							1							
Parsley Potatoes							✓							
Roast Potatoes														
Smash							1							✓
Frozen potato							1							
Pasta		✓ Wheat												
Rice														
Couscous		✓ Wheat												
Jacket Wedges														
Mini Potato Waffles														

DISHES		X	¥ ₄				Mik		m.d.table)	2				=
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate & Pear Sponge		✓ Wheat		✓			✓							
Peach / Fruit Sponge		✓ Wheat		✓			1							
Jam / Syrup Sponge		✓ Wheat		✓			1							
Vanilla Sponge		✓ Wheat		✓			✓							
Sticky Toffee Pudding		✓ Wheat		✓			✓							
Ginger/Lemon Cake		✓ Wheat		✓			1							
Chocolate & Mandarin Puddle Cake		√ Wheat		✓			✓							
Tutti Frutti Cake		✓ Wheat		✓			✓							
Carrot Cake		✓ Wheat		✓			✓							
Chocolate Cracknell		√ Maize												
Apple Crumble		✓ Wheat					✓							
Fruity Rice Pudding							1							
Chocolate Sauce							✓							
Custard							✓							

DISHES	***		Y	A						2	%		÷ į	0
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruit Cheesecake		√ Wheat					✓						✓	
Fruit Mousse Slice		√ Wheat		✓			✓						✓	
Fruit Whip							✓							
Fruit Smoothie														
Fruity Flapjack		√ Wheat					✓							
Fruity Muffin		√ Wheat		✓			✓							
Fruit & Ice Cream							✓							
Ice Cream Roll		√ Wheat		√			✓						✓	
Homemade Biscuit		√ Wheat					✓							
Chocolate Brownie		√ Wheat		✓			✓						✓	
Fruit Meringue				✓			✓							
Glass of Milk							✓							
Frozen Yoghurt							•							

DISHES	***		**		3		wik		(M. A. STADE)	A	%		₽	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacobs Biscuits for Cheese		√ Wheat					•							
Jacobs Cream Crackers		√ Wheat												
DIGESTIVE BISCUITS (CHEFS' SEL)		√ Wheat					✓							
FAMILY CIRCLE		√ Wheat					✓							
(Heritage) Rich Tea Biscuits		√ Wheat												1
Marmite Yeast Extract	•	√Wheat												
Curry Powder (CS)		✓ Wheat					√							
McDougalls Vegetarian Flavour Jelly							May containMi lk							

DISHES		***	¥**	A			Mik		and swall	2				95
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

PPM = PARTS PER MILLION