



















# DISHES AND THEIR ALLERGEN CONTENT

## SUMMER MENU 2018

DISHES														
Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		✓					✓							
Ricotta Tortellini with Tomato & Basil Sauce		✓		✓			✓							
Chicken & Broccoli Pasta Bake		✓					✓							
Quorn Pasta Bake		✓		✓			✓							
Jacket Potato with a Choice of Fillings				✓	✓		✓		✓					
Roast of the Day with Yorkshire Pudding		✓		✓			✓							
Veggie Roast of the Day with Yorkshire Pudding		✓		✓			✓							
Tomato & Basil Pasta Bake		✓		✓					✓					

Chicken Curry		✓					✓		✓					
DISHES														
Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Curry		✓		✓			✓							
Mince or Pork Pie		✓					✓							
Veggie Mince Pie		✓		✓			✓						✓	
Salmon Bites		✓			✓				✓					
Salmon Fillet		✓			✓		✓		✓					
Cod & Salmon Fish Cakes		✓			✓									
Chilli Con Carne														
Cheese Wrap		✓					✓							
Chicken Casserole		✓					✓							
Quorn Casserole		✓		✓			✓							
Lasagne		✓					✓							
Meat Free Lasagne		✓					✓						✓	















Fish Fingers		✓			✓									
DISHES														
Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Enchiladas		✓					✓							
Spaghetti Bolognese		✓												
Savoury Mince with Yorkshire Pudding or Dumplings		✓		✓			✓							
Veggie Mince with Yorkshire Pudding or Dumplings		✓		✓			✓						✓	
Tuna or Cheese Melt or Wrap		✓		✓	✓		✓		✓					
Mediterranean Pasta Bake		✓					✓							
Chicken Fajitas		✓							✓					
Turkey Curry		✓					✓		✓					
Quorn & Vegetable Curry		✓		✓			✓		✓					





















## DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate & Pear Sponge with Chocolate Sauce		✓		✓			✓							
Chocolate Sauce							✓							
Fruity Flapjack		✓					✓							
Fruity Rice Pudding							✓							
Tutti Frutti Cake		✓		✓			✓							
Glass of Milk							✓							
Fruit Whip							✓							
Fruit Meringue				✓			✓							

## DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk / Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruit Smoothie														
Fruit & Ice Cream							✓						✓	
Homemade Biscuit		✓					✓							
Vanilla Sponge		✓		✓			✓							
Custard							✓							
Fruity Muffin		✓		✓			✓							
Fruit Cheesecake		✓					✓						✓	
Ice Cream Roll		✓		✓			✓						✓	
Apple Crumble		✓					✓							



## DISHES AND THEIR ALLERGEN CONTENT

[illegible]

## DISHES AND THEIR ALLERGEN CONTENT

[illegible]

## DISHES AND THEIR ALLERGEN CONTENT

[illegible]

## DISHES AND THEIR ALLERGEN CONTENT

[illegible]

