



Northumberland  
County Council

# **Learning & Skills Service**

## **Health & Social Care Course Descriptions**

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Level 2 Certificate in Preparing to Work in Adult Social Care</b>
<b>Level</b>	<b>Level 2</b>
<b>Accredited</b>	Yes
<b>Who is this course for?</b>	You should be at least 16 years old.
<b>What will I study? (Key modules or content)</b>	<p>This qualification provides an ideal taster for those who may be new to the sector or new to the world of work. It is accessible to learners of all ages who may want to understand more about working in health and social care.</p> <p>It aims to introduce some basic concepts of caring and preparation for employment in the sector. The qualification covers the areas of communication, equality, diversity and inclusion, personal development, role of the social care worker, handling information, health and safety, safeguarding, duty of care and person-centred approaches.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification; however, learners may find it helpful if they've already achieved a Level 1 qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You can progress to the Level 2 Health & Social Care Certificate. It is a must have for anyone taking the adult Intermediate Adult Care apprenticeship.
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	Certificate in Health & Social Care
<b>Level</b>	<b>Level 2</b>
<b>Accredited</b>	Yes
<b>Who is this course for?</b>	You should be at least 16 years old.
<b>What will I study? (Key modules or content)</b>	<p>The qualification covers a wide range of areas including supporting individuals with their physical and emotional care, daily living needs and health care procedures. The course has three pathways: Generic Health and Social Care, Dementia and Learning Disability. This is also a must-have for all those undertaking the Level Adult Care Apprenticeship.</p> <p>You will need to attend classroom sessions to develop your underpinning skills and knowledge. You'll be active in your workplace or placement, where you'll demonstrate the skills and knowledge you've learned either through assignments, by portfolio recording of evidence, or being observed in the workplace.</p>
<b>What are the Entry requirements?</b>	You will need to be employed or in an apprenticeship in an adult care setting, or you will need to be undertaking a significant voluntary work placement throughout the course. You will need English and maths skills at Level 2 or working towards and IT skills will be useful for research and completing your portfolio.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You can progress to the Level 3 Cert in Health and Social Care
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>

### Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Level 3 Certificate in Preparing to Work in Adult Social Care</b>
<b>Level</b>	<b>Level 3</b>
<b>Accredited</b>	Yes
<b>Who is this course for?</b>	You should be at least 16 years old.
<b>What will I study? (Key modules or content)</b>	<p>This qualification provides an ideal taster for those who may be new to the sector or new to the world of work. It is accessible to learners of all ages who may want to understand more about working in health and social care in an unsupervised capacity. It aims to introduce some basic concepts of caring and preparation for employment in the sector.</p> <p>The qualification covers the areas of communication, equality, diversity and inclusion, personal development, role of the social care worker, handling information, health and safety, safeguarding, duty of care and person-centred approaches.</p> <p>It is a must-have for anyone taking the adult Advanced Health and Social Care Apprenticeship.</p>
<b>What are the Entry requirements?</b>	
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You can progress to the Level 3 Diploma in Health and Social Care (Adults).
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Level 3 Diploma in Health and Social Care</b>
<b>Level</b>	<b>Level 3</b>
<b>Accredited</b>	Yes
<b>Who is this course for?</b>	You should be at least 16 years old.
<b>What will I study? (Key modules or content)</b>	<p>This qualification develops the knowledge and skills needed when working in a senior role with adults in health and social care environments.</p> <p>It covers a wide range of areas including supporting individuals with their physical and emotional care, daily living needs and health care procedures.</p>
<b>What are the Entry requirements?</b>	You will need to be employed or in an apprenticeship in an adult care setting, or you will need to be undertaking a significant voluntary work placement throughout the course. You will need English and maths skills at Level 2 or working towards and IT skills will be useful for research and completing your portfolio.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	<p><b>What related qualifications can you progress to?</b> The Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England).</p> <p><b>Which type of job roles can you apply for on completion?</b> Senior Care Support Workers in Residential Settings Senior Healthcare Assistants in Community, Primary Care and Acute Health Environments Senior Care Support Workers in Domiciliary Services, Supported Living or Day Services Community-Based Senior Support Workers</p>
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Certificate in Counselling Skills</b>
<b>Level</b>	<b>Level 2</b>
<b>Accredited</b>	Yes NCFE Qualification Aim Ref: 6000728X
<b>Who is this course for?</b>	You should be at least 16 years old. This qualification is useful for anyone who would like to develop their use of counselling skills for use in either work or a personal capacity.
<b>What will I study? (Key modules or content)</b>	<p>This course aims to introduce learners to the use of counselling skills in everyday life and work, and some of the approaches that underpin the use of these skills. It gives learners the opportunity to investigate the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately.</p> <p>To be awarded the Level 2 Certificate in Counselling Skills, learners are required to successfully complete 4 mandatory units:</p> <ul style="list-style-type: none"> <li>• Unit 01 Using counselling skills</li> <li>• Unit 02 Introduction to counselling skills theories</li> <li>• Unit 03 Diversity and ethics in the use of counselling skills</li> <li>• Unit 04 Counselling skills and personal development</li> </ul> <p>This qualification does not qualify learners to practise as a counsellor.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification; however, learners may find it helpful if they've already achieved a Level 1 qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	Learners can progress towards further qualifications (eg health and social care, children's care, learning and development, or into voluntary and community work.
<b>For more information please contact:</b>	<p>Carol Young</p> <p><a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a></p> <p>Tel: 01670 623688</p>

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Award in Mental Health Awareness</b>
<b>Level</b>	<b>Level 1</b>
<b>Accredited</b>	Yes NCFE Qualification Aim Ref: 50102539
<b>Who is this course for?</b>	You should be at least 16 years old. The course is appropriate for a wide range of people with an interest in raising their own understanding of mental health issues. It may also be particularly useful for those working within the voluntary and community sector and for others whose role calls for interaction with the general public in their day-to-day work.
<b>What will I study? (Key modules or content)</b>	<p>This qualification aims to:</p> <ul style="list-style-type: none"> <li>raise awareness of the issues surrounding mental health difficulties</li> <li>dispel some of the myths and misconceptions frequently linked to mental health issues</li> <li>develop learners' knowledge of the rights of those with mental health issues</li> </ul> <p>To achieve the Level 1 Award in Mental Health Awareness, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria detailed in the qualification specification. Grades are not awarded. The award will be internally assessed using a Candidate Workbook covering all the learning outcomes of the qualification.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	<p>The objective of this qualification is to prepare learners to progress to further qualifications in a similar subject area at a higher level or complement other areas of study in a related subject area.</p> <p>Learners who achieve this qualification could progress to:</p> <ul style="list-style-type: none"> <li>• Level 2 Certificate in Understanding Working with People with Mental Health Issues</li> <li>• Level 1 Certificate in Employability Skills.</li> </ul>
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>



## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Certificate in Mental Health Awareness</b>
<b>Level</b>	<b>Level 2</b>
<b>Accredited</b>	Yes NCFE Qualification Aim Ref: 60061340
<b>Who is this course for?</b>	You should be at least 16 years old. This course is designed for any learner that wants to raise their awareness of mental health and the problems that can cause mental ill health.
<b>What will I study? (Key modules or content)</b>	<p>This qualification is for learners who wish to access this training with a view to progressing to further qualifications or employment within health and social care, to complement other qualifications in apprenticeship frameworks within health or health and social care, or to develop in their current job role within health and social care.</p> <p>To be awarded the Level 2 Certificate in Mental Health, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria for the mandatory units. Grades are not awarded. The Level 2 Certificate in Mental Health is internally assessed.</p>
<b>What are the Entry requirements?</b>	There are no specific prior qualifications needed to access this qualification, although learners may find it useful to have previously achieved a Level 1 qualification in a health, social care or mental health related area.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	<p>This qualification supports progression to further learning in the following areas:</p> <p>Level 2 and 3 Certificate in Preparing to Work in Adult Social Care</p> <p>Level 2 and 3 Certificate for Working in the Health Sector</p> <p>Learners may also wish to progress to a support a role in the workplace.</p>
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## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Paediatric First Aid</b>
<b>Level</b>	<b>1</b>
<b>Accredited</b>	No
<b>Who is this course for?</b>	This course is suitable for anyone aged 19 or over.
<b>What will I study? (Key modules or content)</b>	<p>This course focuses on emergency scenarios that face those looking after young children and infants, including day nurseries, private nursery schools, pre-schools, before and after school clubs for children in the early years age group, childminders and carers of children at home.</p> <p>There is no formal assessment but your progress and achievement will be recognised and recorded by your teacher throughout the course.</p>
<b>What are the Entry requirements?</b>	There are no entry requirements for this course.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	<p>You could progress to an accredited course in Working with Children to prepare you to train into a specialist role like youth work, play work, childcare or supporting teaching and learning. There is also an opportunity to complete other level 1 courses such as our Awards in Safeguarding in the Learning Environment and Health &amp; Safety.</p>
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## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>First Aid</b>
<b>Level</b>	<b>1</b>
<b>Accredited</b>	No
<b>Who is this course for?</b>	This course is suitable for anyone aged 19 or over.
<b>What will I study? (Key modules or content)</b>	<p>The FIRST AID course will provide you with basic skills and knowledge to deal with everyday medical emergencies. This is useful for both your own home and the workplace.</p> <p>There is no formal assessment but your progress and achievement will be recognised and recorded by your teacher throughout the course.</p>
<b>What are the Entry requirements?</b>	There are no entry requirements for this course.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	The objectives of this course are to prepare learners for further training and to support a role in the workplace.
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>L1 Award in Stress Awareness</b>
<b>Level</b>	<b>1</b>
<b>Accredited</b>	Yes
<b>Who is this course for?</b>	This course is suitable for anyone aged 19 or over.
<b>What will I study? (Key modules or content)</b>	<p>This qualification aims to improve learners' understanding of stress. They will look at the causes of stress and the effects stress can have on health. They will also learn to recognise the signs and symptoms of stress and look at ways of preventing or reducing stress.</p> <p>To achieve the Level 1 Award in Stress Awareness, learners must successfully demonstrate their achievement of all learning outcomes and assessment criteria detailed in the mandatory unit. The Level 1 Award in Stress Awareness is internally assessed.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You could progress to any of our awareness courses, but if you are considering a career in working with others in a mediation, support, guidance or counselling role, we would recommend progression to our Level 1 Introduction to Basic Counselling Skills.
<b>For more information please contact:</b>	Carol Young <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a> Tel: 01670 623688

## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Dementia Care Awareness (Non Accredited)</b>
<b>Level</b>	<b>1</b>
<b>Accredited</b>	No
<b>Who is this course for?</b>	This course is suitable for anyone aged 19 or over.
<b>What will I study? (Key modules or content)</b>	<p>This course aims to develop the knowledge and skills required when providing positive care for people with dementia and their families. It provides an awareness of the causes and symptoms of dementia.</p> <p>To complete you do not need to be working as it is a knowledge only course internally assessed.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You could progress to any of our awareness courses, but if you are considering a career in working with others in a mediation, support, guidance or counselling role, we would recommend progression to our Level 1 Introduction to Basic Counselling Skills.
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## Northumberland Learning & Skills Service Course Description

<b>Course title</b>	<b>Meditation and Mindfulness (Non Accredited)</b>
<b>Level</b>	<b>1</b>
<b>Accredited</b>	No
<b>Who is this course for?</b>	This course is suitable for anyone aged 19 or over.
<b>What will I study? (Key modules or content)</b>	<p>On this course you will learn how to boost your happiness and well-being, find new sources of resilience, joy, and calm in your life, and to cope with stress, anxiety, fear, and depression.</p> <p>There is no assessment. The wonderful thing is that this skill, just like driving or dancing, can be learned, and it can stay with you for a lifetime.</p>
<b>What are the Entry requirements?</b>	There are no specific recommended prior learning requirements for this qualification.
<b>Requirements of the course (e.g. kit/uniform info)</b>	None
<b>Progression and Careers</b>	You could progress to any of our awareness courses, but if you are considering a career in working with others in a mediation, support, guidance or counselling role, we would recommend progression to our Level 1 Introduction to Basic Counselling Skills.
<b>For more information please contact:</b>	<p>Carol Young  <a href="mailto:carol.young@northumberland.gov.uk">carol.young@northumberland.gov.uk</a>            Tel: 01670 623688</p>