

**CHANGING
LIVES**

ARE YOU BEING HEARD?



Changing Lives provides specialist support for people who are victims of Modern Day Slavery in North Tyneside and Northumberland

Changing Lives is the operating name of The Cyrenians, registered charity number 500 640, and registered company number 995799, in England.

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When you work, does your boss keep your money?

Is your freedom restricted?

Has anyone threatened to harm you or your family if you do not do what they say?

Are you prevented from contacting your family and friends?

Are you forced to have sex?

Is anyone forcing you to donate an organ?

Have you been forced to move around and work for nothing?

Do you not receive your own benefits?

Do you feel your rights to access medical help are denied?

Are you forced to cook and clean?

If you feel this is happening to yourself, or somebody you know, please contact:

Susan Southeran
t: 07548218154

e: susan.southeran@changing-lives.org.uk

Danielle Davies
t: 07812 672745

e: danielle.davies@changing-lives.org.uk

You may feel powerless but support is available and you do have rights and choices. Changing Lives' Liberty service is confidential, we are here for you.

www.changing-lives.org.uk

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