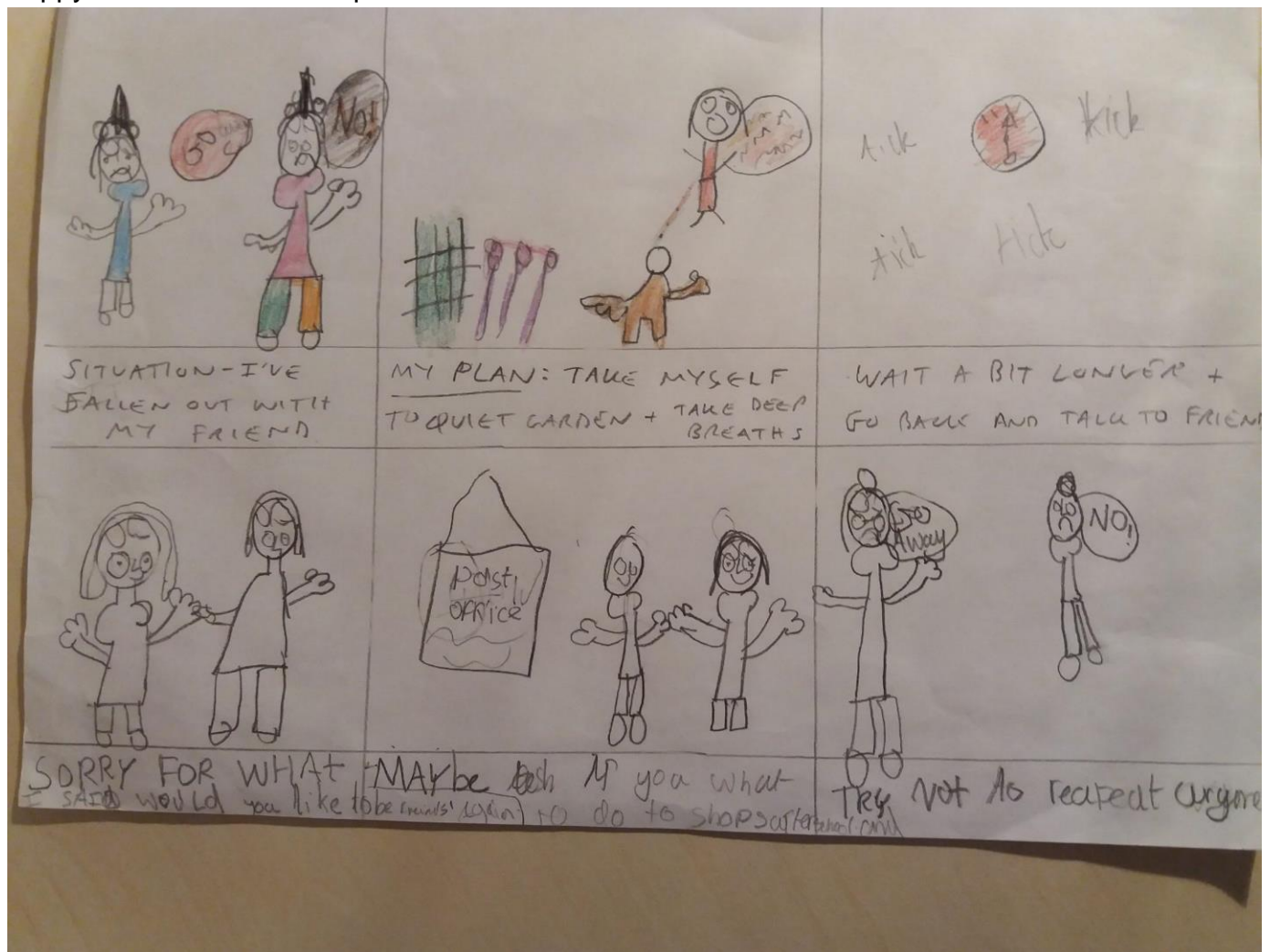


## Friendship Skills

I received a request for support for a year 6 pupil who was reported to be experiencing difficulties around friendships. We worked together to help them develop their skills in this area.

Firstly we talked about the concept of friendship. What qualities would a good friend possess? What situations could cause us to fall out with our friends? How might we repair a friendship?

Together we spent the rest of the session co-constructing an action plan about the steps we could take to make up with a friend, following a fall out. They (young person and parent) were happy for me to share this picture :



In the next session, the pupil told me that they'd shown her mum the plan we created, which they described as being "brilliant". They had put the plan on the bedroom wall and could tell me all of the steps from memory.

School haven't had time to see the impact of the child's friendship plan yet but they are going to monitor this.

Lance Hardy, Educational Psychologist