



# Northumberland County Council

High Incidence Needs Team (HINT)

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Emotional Wellbeing & Behaviour Safety Intervention Training (EWBSIT)

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## Safety Intervention™ Training (SIT)

HINT Support Services offer Northumberland schools the opportunity to undertake an accredited and recognised crisis prevention programme that builds a culture of safety within your organisation. CPI Safety Intervention™ Training incorporates trauma informed and person-centred approaches to behaviour management and physical intervention. With a focus on prevention, it teaches staff de-escalation skills as well as non-restrictive and restrictive interventions to successfully manage a behavioural crisis and to reduce or minimise risk. Safety Intervention™ Training is Northumberland County Council's preferred Behaviour Management Programme.

### CPI Safety Intervention™ Foundation Programme

#### **Overview:**

The focus of this training is to build the knowledge, skills and confidence needed to recognise, prevent, decelerate and de-escalate a range of escalating behaviours.

Interwoven with a guiding philosophy of Care, Welfare, Safety and Security for all, and trauma informed practice throughout, this accredited course provides a successful and consistent approach to supporting children and young people who present with a range of challenging and crisis behaviours.

#### **Key learning objectives:**

- Evidence based models to prevent escalation
- Whole school practical strategies to manage behavioural challenges
- Develop a common language amongst staff
- Verbal de-escalation skills and strategies
- Clear & consistent framework for assessing risk in any given situation to ensure the best outcomes for all
- Address the risks of physical interventions
- Offers proven restorative approaches to repair relationships and prevent future crises
- Teaches physical interventions that have been independently risk assessed and meet best-practice international standards to maximise safety and minimise harm

#### **Delivery:**

This is a highly interactive course delivered by Certified CPI Safety Intervention™ Instructors with practical experience and theoretical knowledge across a variety of settings and age groups.

The course follows a modular design with individual learner workbooks.

Two delivery options - *Theory Only and Full Course*. If school want to access the Physical Intervention components, this will need to be agreed with a Certified Instructor based on a Training Needs Analysis (TNA).

### **Why CPI Safety Intervention™ ?**

#### **Organisations will:**

- Demonstrate compliance with statutory, legal and professional frameworks, consistent with national standards, policies and guidance
- Develop consistent policy and practice through discussion and situational application
- Improve safety and reduce risks associated with behaviour crises
- Ensure the wellbeing of staff and pupils in their setting
- Have a better understanding of trauma informed and responsive practice and how this applies across the whole setting to support all members of the school community

#### **Staff will:**

- Build positive therapeutic relationships with young people through trauma informed approaches
- Gain skills to recognise and intervene early to prevent behavioural challenges escalating
- Develop knowledge, understanding and confidence to use the right skills at the right time to effectively de-escalate situations.



The Crisis Prevention Institute (CPI) is certified as complying with the Restraint Reduction Network Training Standards (RNN) through the BILD Association of Certified Training for its Safety Intervention™ programmes.



For more information on the RNN Training Standards and BILD Association of certified training please visit:

<http://restraintreductionnetwork.org/training-standards>  
<https://bildact.org.uk/>

## Initial Course Costs **Safety Intervention™ Foundation Programme**

For participants who are not currently accredited in SIT™ Training and registered with CPI. This includes those participants who's accreditation has lapsed due to surpassing the annual re-accreditation timeframe.

### In house training

(A minimum of 6 staff required to access an In-house course, a maximum of 18 delegates per course):

|   |           |                                   |
|---|-----------|-----------------------------------|
| <b>Theory Only</b>  | 6.5 hours | £300 + £21pp for learner workbook |
| <b>Full Initial Course</b> (Including Physical Intervention): | 13 hours  | £600 + £21pp for learner workbook |

### Individual places

(A minimum of 2 staff are required to be accredited within school):

|  |          |                                     |
|--|----------|-------------------------------------|
| <b>Full Initial Course</b> (Including Physical Intervention) | 13 hours | £81pp inclusive of learner workbook |
|--|----------|-------------------------------------|

## Annual Re-accreditation Costs **Safety Intervention™ Refresher Programme**

For participants who are currently accredited in SIT™ Training, registered with CPI and are within their annual re-accreditation timeframe.

### In house training

(A minimum of 6 staff required to access an In-house course, a maximum of 18 delegates per course):

|  |           |                                   |
|--|-----------|-----------------------------------|
| <b>Theory Only</b>   | 4.5 hours | £150 + £21pp for learner workbook |
| <b>Full Refresher Course</b> (Including Physical Intervention) | 6.5 hours | £300 + £21pp for learner workbook |

### Individual places

(A minimum of 2 staff are required to be accredited within school):

|  |           |                                     |
|--|-----------|-------------------------------------|
| <b>Full Refresher Course</b> (Including Physical Intervention) | 6.5 hours | £51pp inclusive of learner workbook |
|--|-----------|-------------------------------------|

## Requirements / Expectations

- Attendance is compulsory for the entire duration of the course to receive accreditation. There is no provision to 'catch up' any missed modules.
- A requirement of CPI's accreditation under the BILD Association of Certified Training is that a Training Needs Analysis (TNA) is completed and agreed with any school we work with. Therefore, a TNA meeting will be required prior to any training delivery.
  - The TNA involves a discussion with one of our Certified Instructors to determine and agree the content of training to be delivered - including whether physical intervention skills are required and appropriate.
  - The SIT point of contact (MUST be a member of the Senior Leadership Team) in school is required to complete this with one of our Instructors and attend the full duration of the course.
  - The Headteacher is also required to be involved in this process and fully aware of the agreement that is put in place.
- All Full Initial SIT Courses (13hrs) will be delivered as either 2 full days (2 x 6.5hrs delivery time) or 1 full day (6.5 hours) AND 3 twilights (totaling 6.5 Hours). There is no option to access the entire 13hrs as twilight sessions.

## Booking Details

**To request SIT Training, please email:** [ewb.sit@northumberland.gov.uk](mailto:ewb.sit@northumberland.gov.uk)

If you wish to discuss the course in more detail, or if you require further information, please contact **Ann Wheat** on the above email who will arrange for a Safety Intervention™ Certified Instructor to get in touch with you.

Safety Intervention™ training programmes are owned and developed by CPI. CPI train and assess individuals to deliver the programme and as such Safety Intervention™ training can only be delivered by individuals who have completed an Instructor Certification Programme. Safety Intervention™ training is only available to NCC schools from CPI directly or by Northumberland County Council's Certified Instructors within HINT Services.