

What to compost and what not to

Like any recipe, your compost relies on the right ingredients to make it work



Good things you can compost include vegetable peelings, fruit waste, tea bags, plant prunings and grass cuttings. These are considered 'Greens'. Greens are quick to rot and they provide important nitrogen and moisture.

Other things you can compost include cardboard egg boxes, scrunched-up paper and fallen leaves. These are considered 'Browns' and are slower to rot. They provide fibre and carbon and also allow important air pockets to form in the mixture. Crushed eggshells can be included to add useful minerals.

Certain things should never be placed in your bin. No cooked vegetables, no meat, no dairy products and definitely no dog poo or cat litter, or baby's nappies.

Putting these in your bin can encourage unwanted pests and can also create odour. Also avoid composting perennial weeds (dandelions and thistle) or weeds with seed heads. Remember that plastics, glass and metals are not suitable for composting and should be recycled separately.

www.recyclenow.com/compost

WRAP

Material change for
a better environment

 **recycle**
compost at home