

Northumberland news



Tour of Britain Routes and race times

Explore Hidden Treasures For free

What's on? Events and activities

HADRIAN'S WALL LIVE!
THU 3 – SUN 6 SEPTEMBER



8 EVENTS. 4 LOCATIONS. 2 BATTLES. 4 DAYS. 1 EPIC FESTIVAL.

Tickets available at www.english-heritage.org.uk/HWL

Step into England's story

In case you missed...

Check private water supplies

We are recommending that owners of private water supplies have them safety-checked. Regulations require the council to inspect and sample private water supplies to ensure that they are safe to drink and checks should be carried out at least every five years. For more information, please see www.northumberland.gov.uk

New 0345 council number

The council has introduced a new telephone number which will help cut the cost for those ringing for help and advice. The new number is 0345 600 6400. Residents can also call a local number based on their local exchange. These are listed on our website www.northumberland.gov.uk. Customers can contact the county council, completely free of charge, via the website.

Core Strategy Consultation

From 14 October to 25 November the Northumberland Local Plan Core Strategy will be published for final consultation before submission to a planning inspector for independent examination. This will be the final opportunity to comment on the strategy before it is submitted to Government. During the consultation period there will be drop-in sessions across the county, with full details on the council's website and in a leaflet delivered to every home.

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Northumberland News

Now available online, by email or in print.

Northumberland News is a quarterly magazine packed with features and news articles written specifically for county residents.

Published in December, March, June and September it is distributed free of charge by Northumberland County Council. Every effort is made to ensure that all information is accurate at the time of publication.

If you would like to receive Northumberland News in large print, Braille, audio, or in another format or language please contact us.

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Front cover:
'The Jersey Leaders' Tour of Britain, September 2014.

County takes centre stage for national cycle race

Northumberland is hosting two exciting stages – including a start and a finish of the prestigious Aviva Tour of Britain, the UK’s biggest cycle race.

The eight-stage race runs from 6-13 September with the Northumberland stages taking place on Wednesday 9 and Thursday 10 September.

Some of the world’s top cyclists are expected to compete. Headlining the race are Team Cannondale Garmin, who won in 2014; the Etixx Quick-Step team of Mark Cavendish and World

Champion Michal Kwiatkowski. Also racing are Chris Froome’s Tour de France winners Team Sky and Team Wiggins.

Northumberland County Council has worked with Active Northumberland, sponsors Northumbrian Water and race organisers SweetSpot to bring the race to Northumberland.

Councillor Grant Davey, Leader of Northumberland County Council, said: “The race will be a celebration of Northumberland which is a fabulous place to live, visit and cycle in. It will showcase our communities, heritage and iconic landmarks and it is a chance for us all to enjoy a wonderful international sporting spectacle.”



Photo: left to right: Peter Murphy; Rhiannon Robinson and Tom Murphy from One Life Racing; and Fergus Robinson; Marianne Saunders and Henry Sanderson from Allen Valley Velo; with Cllr Anne Dale centre along Hadrian’s Wall.

The Routes

STAGE FOUR Wednesday 9th September



The race will start in Scotland and then enter Northumberland heading along a route from Ford to Wooler and Alnwick, before heading to Warkworth, Amble, Ashington, Bedlington, Cramlington, Seaton Delaval and the spectacular Northumberland coastline, with the finish in Blyth.

STAGE FIVE Thursday 10th September



The tour re-starts the following morning from Prudhoe heading to Hexham, Haydon Bridge, Hadrian’s Wall and Gilsland. The race will then head across the Pennines into Cumbria before ending in a summit finish on Hartside Fell.

Hills and Sprints:

Sprints
 Alnwick, Warkworth, Hexham

King of the Mountains
 Ford, Alnwick (Hinding Lane), Haydon Bridge

The full Northumberland route details can be found at www.nlandtob.com



Tour of Britain facts...



The Tour will be broadcast in over 166 countries, including live coverage on the ITV network, and will raise the profile of the county to an international audience.



The race will go through 29 communities in Northumberland over two days, covering approximately 112 miles (181kms).



The routes were announced at the Northumberland Sainsbury's School Games Festivals where 2,000 young people were competing to become county champions in a range of sports. Harry Tanfield (pictured centre) - a professional cyclist from the Tour came along to coach pupils interested in cycling.

APPROXIMATE RACE ARRIVAL TIMES

Wednesday 9 September: Stage 4:

Cornhill – 12:30 pm
 Ford – 12:40 pm
 Wooler – 1: 05 pm
 Eglington – 1:30 pm
 Alnwick – 1: 45 pm
 Hipsburn – 1:55 pm
 Warkworth – 2:05 pm
 Widdrington – 2:20 pm
 Ashington – 2:40 pm
 Bedlington – 2:50 pm
 Cramlington – 3:05 pm
 Seaton Delaval – 3:15 pm
 Blyth – 3:25 pm

Thursday 10 September: Stage 5:

Prudhoe – 11:00 am
 Hexham – 11:30 am
 Haydon Bridge – 11:55 am
 Hadrian's Wall – 12:05 pm
 Greenhead – 12:30 pm
 Gilsland – 12:35 pm

ROAD CLOSURES

There will be up to 90 minutes disruption around these times with permanent road closures in place in some areas. Please visit www.nlandtob.com for more detail on each location.



Tour of Britain banners will mark the race routes so get near to a banner if you want to see all the action.

For full information please visit: www.nlandtob.com

PAINT YOUR BIKE RED + YELLOW FOR THE RACE!



Photo: Pupils at the Northumberland School Games painting a bike.

Have you an old or unwanted bike? If so, we may be able to put it to good use.

Schools and community groups across the county are taking part in a project to paint old bikes in the distinctive red and yellow Northumberland colours which will be used to decorate the race routes.

Unwanted bikes can be taken to any of the local waste recycling sites in the county, where they will be kept for use by the project.

Councillor Anne Dale, chair of the council's walking and cycling board, said: "We'd love people to get involved by donating a bike or by setting up their own bike decorating group.

"Bikes that are fixable will be donated to North East recycling projects, and others that are beyond fixing, but still look like bikes, will be decorated to add a real Northumbrian red and yellow

splash of colour to the race routes. Northumberland is going to look fantastic."

If you are interested in supporting the project, please contact our coordination team on 01670 624762.

New cycle route offers miles of coast and country delights



The Sandstone Way is a stunning new mountain biking route between Berwick-upon-Tweed and Hexham that runs along the Sandstone Ridge for 120 miles (192km) through the heart of Northumberland.

Passing through villages such as Wooler, Rothbury, Elsdon and Bellingham, the route links the Northumberland Coast Area of Outstanding Natural Beauty with Northumberland National Park; offering cyclists a breath-taking backdrop of sandstone features, crags and outcrops with a number of places for overnight accommodation or to take a break for refreshment.

The route is mostly off-road and safely crosses four main roads and two railway lines, with a varied terrain featuring double-width dirt tracks, sections of single-track, lanes and bridleways.

With 10 optional smaller loops for day rides and shorter distances, the track is suitable for all abilities and ages, from families and less experienced mountain bikers, to those intermediate cyclists seeking something more challenging.



For more information visit:
www.sandstoneway.co.uk

Health and Wellbeing



Care Act Changes

The Care Act 2014 is new national legislation for adult social care which is being introduced in two stages.

The first stage of the Care Act came into force on 1 April 2015.

The Government was planning changes from April 2016 designed to limit the amount anyone will pay over their lifetime for care and support services; however it has announced that those changes are now scheduled to be introduced from April 2020.

Adult social care includes support for people who need care and support for reasons such as a disability or long-term illness.

Most adult social care services in Northumberland are delivered on behalf of the council by Northumbria Healthcare NHS Foundation Trust.

For further information about the implementation of the Care Act in Northumberland visit www.northumberland.gov.uk/careact or email CareAct@northumbria.nhs.uk



Stoptober Challenge

Can you quit for 28 days?

The national Stoptober campaign is encouraging smokers to quit smoking for 28 days during October and we're here to help.

Did you know – you are four times more likely to succeed if you seek our help than if you try to go it alone. We can prescribe the medication to help manage the cravings and help you to think differently so you can change your behaviour.

It is never too late to quit and you will start to see real health benefits very quickly.

For more information on stopping smoking and Northumberland NHS Stop Smoking Service, call 01670 813135 or visit www.northumbria.nhs.uk/stopsmoking



Know Your Numbers!

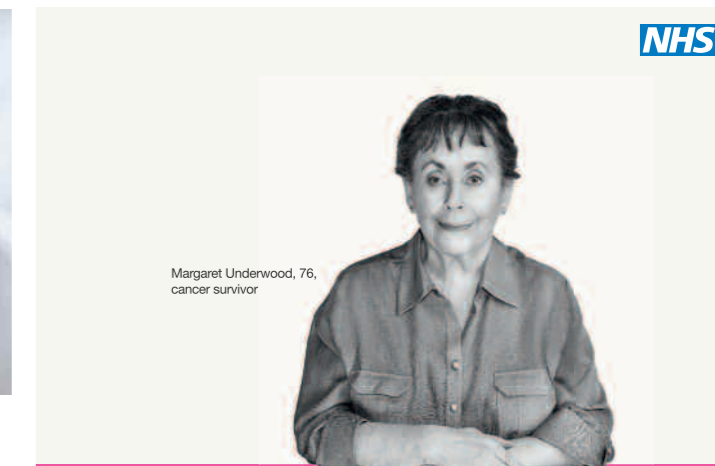
Know Your Numbers, has nothing to do with counting or maths but a whole lot to do with your health.

The Know Your Numbers Campaign is designed to educate the public about the health complications associated with high blood pressure and to encourage people to monitor their blood pressure.

While the condition may be without symptoms, blood pressure is the underlying cause of serious problems such as heart attacks, strokes and heart and kidney disease.

If you haven't had your blood pressure checked in a while, please make an appointment with your GP.

If your pressure does happen to be on the high side, your GP will give you advice on the actions you can take to reach and maintain a healthy blood pressure.



1 in 3 women who get breast cancer are over 70, so don't assume you're past it.

A lump isn't the only sign of breast cancer. If you notice any changes to your breasts, tell your doctor straight away. Finding it early makes it more treatable and could save your life.



nhs.uk/breastcancer70

Health and Wellbeing



1 in 10 young people experience mental health problems

Just as we all have physical health, we have mental health too. And just as our bodies can become unwell, so can our minds.

Like physical illness, mental illness affects people of any age, race, religion or income. It is not the result of personal weakness, lack of character, or poor upbringing.

In Northumberland we believe that having good emotional health is vital to enable our young people to achieve their full potential in life and we've been talking to teenagers to ask them what support they feel is important to those experiencing emotional health issues.



This is what they said:

We think more work is needed to promote the role of a GP to young people

There should be greater continuity between youth and adult mental health services so that once a teenager reaches 18 the professional support will continue seamlessly

It is important for young people to get early professional support with any mental health issues before they become more serious.



These suggestions will now be raised with partners on the Health and Wellbeing Board to see if further improvements and changes can be made.

A group of young people will also be developing a website and social media campaign to raise awareness of emotional health and the support that is available for those in need.

Personal fulfilment at heart of National Citizen Programme

As many as 265 young people in Northumberland have taken part in National Citizen Service filling their summer with outdoor adventure, new friends and new challenges while making a difference to their community.

The initiative for 15-17 year olds ran for four weeks over the school holidays and gave young people the opportunity to step out of their comfort zone and learn new skills while away from home. The young people were also responsible for planning and running community social action projects.

During the summer Councillor Scott Dickinson visited Ford Castle to talk with teenagers taking part in the programme.

"I'm very proud of all the young people involved. It is a fantastic programme for both the physical and mental wellbeing of young people and that was evident from the teenagers I spoke to.

"Personal fulfillment and developing self-confidence are at the core of the programme which works on skills such as leadership, teamwork and communication. I think that each and every young adult who took part came away with a great sense of achievement and a glowing addition to their CV to enhance their future job prospects."

In Northumberland the scheme was put together by the council who worked with local youth clubs and projects.



To find out more about the National Citizen Programme in Northumberland email: paul.kirkpatrick@northumberland.gov.uk or you can ring Paul on 01670 622930



10 minute SUMMER SHAKE UP



A fantastic, fun initiative has been introduced to encourage children and families to get active over the summer.

The Change4Life 10 Minute Shake Up campaign uses a bit of Disney magic to inspire children to reach the recommended 60 minutes of physical activity each day, with fun, manageable 10 minute bursts of exercise.

Children can pick one of four Disney teams: Big Hero 6, Frozen, Monsters and Toy Story, then take part in lots of

new and exciting 'shake up' games and activities to help their team win.

Exercise is really important for children. Evidence has shown there is a strong link between physically active children and improved self-esteem, confidence, attention span and even academic achievements.



To sign up, search online for Change4Life and register for a free pack which is full of ideas for games and activities to keep your children active.

Rescue team a cut above the rest

If you're involved in a road crash it's reassuring to know that in Northumberland you'd be in some of the best and safest hands in the country – after our firefighters claimed victory in a competition to find the region's best rescue team.

The group of six from Northumberland Fire and Rescue Service (NFRS) (which include a paramedic from the North East Ambulance Service - NEAS) beat teams from across the UK in a simulated car crash where they had to remove a 'casualty' from the vehicle and provide medical treatment to make the casualty as comfortable as possible.

The teams had 20 minutes to perform the task – during which time they were scrutinised by four assessors – including the casualty themselves – on leadership, technical and medical skills.

Andy Pogson, who is the Station Manager at Hexham Fire Station, leads the team who have been together for ten years and hone their skills outside work hours for up to three hours a week leading up to the competition.

He believes the winning formula is down to a number of factors – mainly due to the passion and enthusiasm of his team, supported by his attention to detail.

"We pride ourselves on trying to be the best – every member of the team knows exactly what they need to do at each stage to rescue the casualty as quickly and safely as possible.

"The team also use their skills to train firefighters across the county along with NEAS paramedics and pass on best practice and new techniques, all with the aim of making Northumberland safer."

Northumberland's Chief Fire Officer Alex Bennett said:

"This is a fantastic achievement and shows we have some of the most highly trained and motivated staff in the country.

"The real benefit though is for the people of Northumberland who will be on the receiving end of our firefighters' skill and professionalism should they be in the unfortunate position of being involved in a crash."

Deputy Leader of the Council, with responsibility for NFRS, Councillor Dave Ledger added: "This team is a credit to the service and the whole community should be proud of what they've achieved."

Photo: Andy Pogson (left) and the team who won the regional rescue finals.





County to host iconic poppy sculpture

Woodhorn Museum in Ashington is to be the first venue in the world outside of London to host the amazing 'Weeping Window' poppy sculpture.

Weeping Window is from the installation Blood Swept Lands and Seas of Red, which marked the centenary of the outbreak of the First World War with 888,246 poppies displayed at HM Tower of London, one to honour every death in the British and Colonial forces during the war.

A partnership including Northumberland County Council is bringing the iconic sculpture to the North East as part of a UK-wide tour.

Councillor Dave Ledger, armed forces champion, Northumberland County Council, said:

"This piece of art is an important way to reflect our heritage and industry and recognises the people who served in the armed forces while remembering those who made the ultimate sacrifice."

The installation will be at Woodhorn from mid-September to mid-October 2015.

For more information and opening times, please visit: www.experiencewoodhorn.com



Voting is open until the end of September. Please encourage your friends and family to vote too by using the #sharenland on Twitter, Facebook and Instagram.

NORTHUMBERLAND needs your vote for GOLD

Northumberland has been nominated in the prestigious British Travel Awards for the Best UK holiday destination.

Securing a gold award would be a fantastic scoop for the county, but we are up against stiff competition – Cornwall, Devon and Pembrokeshire – so every vote counts – including yours!

Anyone who supports Northumberland's bid to be named Best UK Holiday destination by voting on www.vote4northumberland.com

will be in with a chance of winning a 3 night stay for up to four people in Otterstone Lodge, Leapliph Waterside Park, Kielder.

Tourism is a very important for the county contributing £730 million to our economy and providing over 13,200 jobs.

Explore Northumberland's hidden heritage

Residents and visitors to Northumberland will be given a rare opportunity to see some of the county's hidden architectural treasures when the doors to many of its most historic buildings open to the public, free of charge.



This year's Heritage Open Days event, will take place from 10 - 13 September with more than 100 venues across the county running events, tours and talks.

New events this year include Tall Ship Project open days, Blyth Masonic Buildings and a number of events around Hexham Abbey.

There will also be some heritage films and an exhibition about Bob Fraser at Kirknewton. Bob was the inspiration for the TV programme 'One Man and His Dog'



The event is a national initiative, coordinated locally by Northumberland County Council.

Listings of all the events taking place across Northumberland are available from www.heritageopendays.org.uk

Thanking Northumberland's Local heroes

Local heroes across the county have been honoured for the contribution they've made to their local communities.

The winners of the awards were nominated for lots of different reasons including driving elderly neighbours to hospital appointments, dedicating their free time to help out at kids' activity clubs or community projects and raising funds for local good causes.

Councillor Liz Simpson said: "We've had a fantastic response to the request for nominations, showing how much our heroes are appreciated for the effort they make for their communities.

"I would urge everyone to really think about who has made a positive impact on their lives and nominate them for these awards to make sure they get the thank you they deserve.

"We know there are a lot of heroes in our county but we need your help to find them and show our appreciation."



Go to hero.northumberland.gov.uk for more information.

Help us to find our Northumberland Local Heroes.

Only YOU can tell us who they are!

What are the awards?

The awards are a way to recognise those people, or organisations, who are really going the extra mile in their communities.

Heroes can be nominated for lots of reasons— from small one-off acts of kindness, to people or local businesses who regularly make a big impact in their neighbourhood.

There are three different categories that you can nominate someone for:

1. **Good neighbours**
2. **Community champions**
3. **Businesses supporting their community**

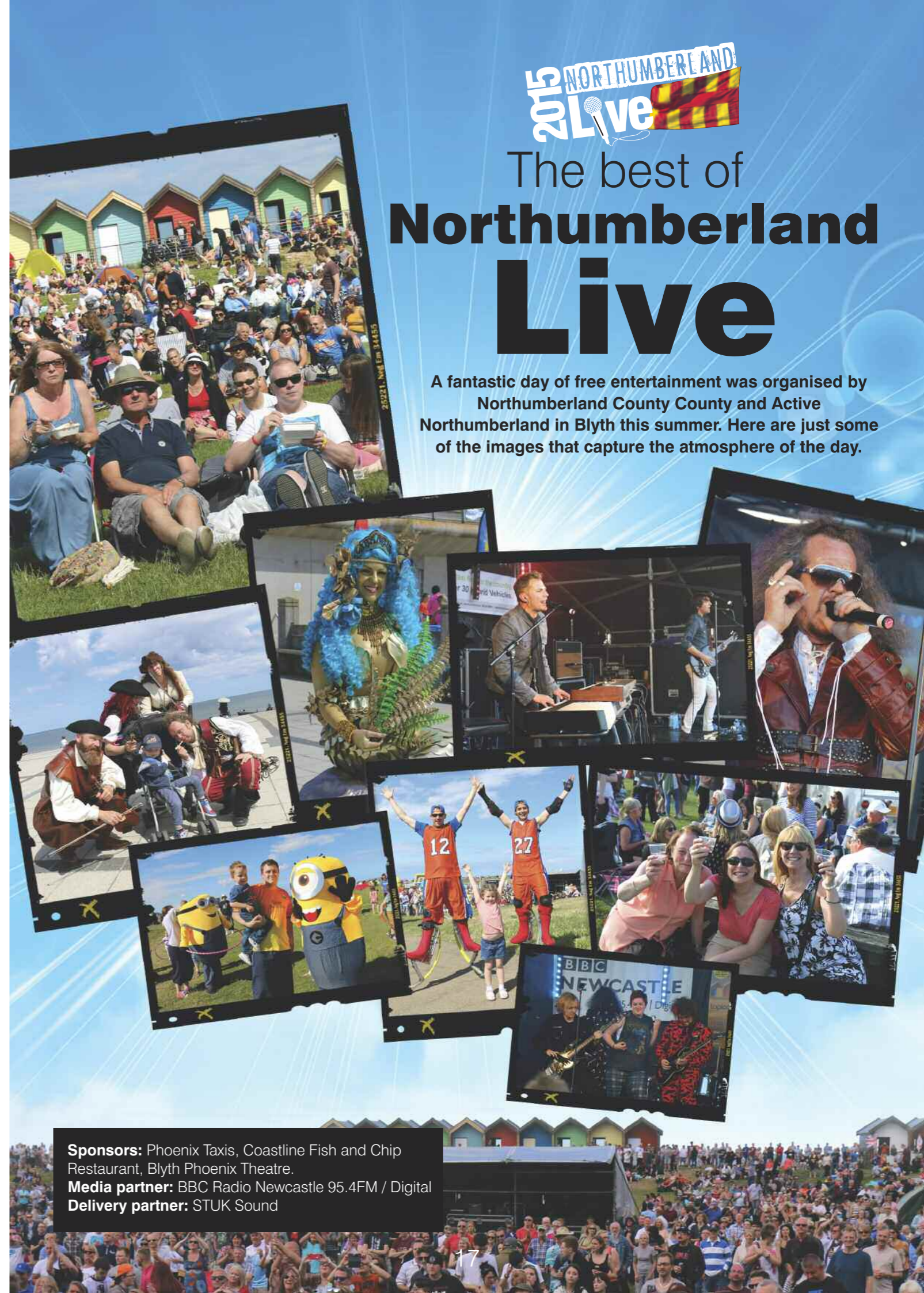
How to nominate your hero:

You can nominate your hero in two easy ways:

1. **Go to:** hero.northumberland.gov.uk and fill in the short online form.
2. **Pick up a form from any of our council buildings (e.g. libraries, customer information centres, tourist information centres) and either post it back to us or give it to a member of staff.**

We'll look through all the details you give us and consider whether your nominee should receive the Northumberland Local Hero award.

Heroes will be announced on a regular basis throughout the year.



2022-21 NORTHUMBERLAND Live

The best of Northumberland Live

A fantastic day of free entertainment was organised by Northumberland County Council and Active Northumberland in Blyth this summer. Here are just some of the images that capture the atmosphere of the day.

Sponsors: Phoenix Taxis, Coastline Fish and Chip Restaurant, Blyth Phoenix Theatre.
Media partner: BBC Radio Newcastle 95.4FM / Digital
Delivery partner: STUK Sound

August



Summer Winding House Demonstrations

Visitors will be able to enter the last Victorian engine house in Northumberland and see some of the workings in action. Free daily tours. Access involves climbing steep stairs, Children must be supervised. Woodhorn QE11 Country Park, Ashington.
[August - 1 September](#)

Swarland Show

A great family day out with children's activities, car boot sale, tea room, stalls and a fun dog show.
[www.amblenorthumberland.co.uk](#)
[Saturday 29 August](#)

Netherton Folk Club

The Sturdy Beggars. 7.30am – 11pm. £2 entry. Bring your own drinks. Netherton Memorial Hall.
 Tel: 01669 631030
[Saturday 29 August](#)

Night Rock Pooling

Join Northumberland Wildlife Trust for an evening rock pooling at Cresswell Shore. Many species are more active at night. Buckets, trays and high vis vests will be provided. All children must be accompanied by an adult. £5 per person. Please book online: [www.nwt.org.uk](#) 8pm – 10pm.
 Tel: 0191 284 6884
[Saturday 29 August](#)

Glendale Show

The Glendale Show brings the town and the countryside together. Spectacular show with something for everyone including your dog! Adults £10, Seniors £8. Children free. [www.glendaleshow.com](#) Glendale Showground, Wooler.
 Gates open at 9am
[Monday 31 August](#)



September

Bat Hunt At Bolam

Beginning with a talk, you will then join a local bat expert for a walk using bat detectors. Bring torches. Booking essential. Adults £3.50, child £1.00. 8pm – 10pm.
 Tel 01661 881234
[Friday 4 September](#)

Coquet Fest

Music, beer, beach and great food festival. Camping available by prior booking. For full details on costs, tickets and the programme of events log on to [www.coquetfest.co.uk](#) Druridge Bay Country Park
[Friday 4 – Sunday 6 September](#)

Bellingham All Acoustic Music Festival

A superb weekend of live music set in the Tyne Valley. Brownrigg, Bellingham. For further details visit: [www.baafest.co.uk](#)
[Friday 4 – Sunday 6 September](#)

Harbottle Show

Oak Tree Field. Crafts, children's races, wrestling, terrier racing, quotes and more. For times and full programme of events visit [www.harbottleshows.com](#)
[Saturday 5 September](#)

Etal Horticultural Show

Music, crafts, competitions, refreshments and more. Etal showground. [www.etalflowershow.org.uk](#)
[Sunday 6 September from 1 pm](#)

Ratanaghiri Buddhist Monastery

A chance to look around the monastery with the monks. Involves a 3 mile walk from Bolam Lake to the monastery at Harnham over rough ground. Suitable footwear and waterproofs required, 2pm – 5pm. Donations accepted.
[Sunday September 6](#)

Heritage Open Days

A rare opportunity to see some of the county's hidden architectural treasures when the doors to many of its most historic buildings open to the public, free of charge. [www.heritageopendays.org](#)
[Thursday 10 – Sunday 13th September](#)



Kielder Challenge Walk

A great walk through some fantastic scenery. To book your place call 01669 621044 [shepherdswalks.co.uk/events](#)
[Saturday 12 September](#)

Kirkley Hall Flower Show

Enjoy demonstrations, activities for all the family, plant sales, trade stands and expert advice within the grounds of Kikley Hall Gardens. £3 entry 10am – 4pm
[Sunday 20 September](#)

Berwick Film & Media Arts Festival

This festival will transform locations across the border town of Berwick to one big cinema screen. [www.berwickfilm-artsfest.com](#)
[Wednesday 23 – Sunday 27 September](#)

Macmillan Coffee Morning – Blyth

Come and join in the world's biggest coffee morning for Macmillan Cancer Support. Enjoy a cuppa, cake and a chat while helping raise funds for this worthwhile cause. 10am – 12noon. Blyth Library, Bridge Street.
 Tel: 01670 620201
[Friday 25 September](#)

Family Arts Activity

Come along and make a little something to take home. 12noon – 3pm. Free. Woodhorn QE11 Country Park. Tel: 01670 624455
[Saturday 26 September](#)



October

Allen Valley Folk Festival

Superb and varied menu of talented artists. Familiarise yourselves with this year's performers in the Artist Profiles section of the website. 12noon – 11.30pm
[www.allenvalleyfolkfestival.co.uk](#)
[Saturday 3 – Monday 5 October.](#)

Mat Making Demonstrations

Come and watch the traditional art of hooky and proggy mat making. 12noon – 2pm. Free. Woodhorn QE11 Country Park
 Tel: 01670 624455
[Thursday 8 October](#)

Spittal Autumn Fair

Crafts, gifts, tombola, raffle and refreshments. From 10am to 3pm. Berwick United Reformed Church [www.spitalsgreat.co.uk](#)
[Saturday 17 October](#)

Fungi for all

Join in an introduction to these fascinating plants. Collect specimens and try to identify them. Adults £2.50 child £1.00. 11am – 1pm Bolam Lake Country Park
 Tel 01661 881234
[Sunday 18 October](#)

Halloween Lanterns Weekend

Come along and make your own lantern with the help of witches and wizards. £3.50 Druridge Bay Country Park
 Tel: 01670 760968 or email druridgebay@northumberland.gov.uk
[Saturday 24 October](#)

Autumn Tree Walk

Enjoy the delights of the Autumn colours with activities for children. Finishes with a warming cuppa! Adults £2.50 child £1.00. 11am – 12.30pm Bolam Lake Country Park
 Tel: 01661 881234
[Saturday 24 & Sunday 25 October](#)

Superhero day

Join in the fun as Kirkley welcomes four super heroes. You can meet and greet the heroes and take part in their special activities. 11am- 3pm Kirkley Hall Zoological Gardens. [www.kirkleyhallzoo.co.uk](#)
[Thursday 29 October](#)





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www.weavers-court.com

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Or drop into the Your Move office at
39 Bondgate Within, Alnwick.

